

All Are Welcome at St. Alban's Episcopal Church

10:30 am Sunday July 5, 2026

The Sixth Sunday after Pentecost

St. Alban's seeks to be an open and welcoming, Christ-centered community committed to sharing Christ's love, empowering all people to grow spiritually, deepening our relationship with Christ, and living out our faith in our community and the world.

St. Alban's Episcopal Church

21405 82nd Place West, Edmonds, WA 98026 Office (425) 778-0371

Sunday Worship 8 a.m. & 10:30 a.m. Bible Study 9:30 a.m.

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Fr. Greg Email: gwpeters.stalbansedmonds@gmail.com

Website www.StAlbansEdmonds.org

the Rt. Rev. Philip LaBelle, Bishop Diocese of Olympia

the Rev. Greg Peters, Rector

Dan Mullene, Parish Care Minister

Serving in Today's Worship

Celebrant & Preacher

Organist

Lectors, Chalice & Alms Bearers

Altar Guild

A/V Ministry

Father Greg Peters

Nat Bartels

Judy Kistner

Judy Fleenor

Sharon Joy

Judy Kistner

Phil McClelland

Denise Robertson

Brad Goergen

*Flowers are given to the glory of God by the people of St. Alban's
in thanksgiving to God's many blessings to us.*

Weekly Sunday Outreach Basket Offerings

1st week—Food Bank

2nd week—Discretionary Fund

3rd week—Quarterly Outreach Offering

4th week—International Relief Offering

5th Week—Indigenous Women's Offering



For Online donations: go to
www.StAlbansEdmonds.org and click on
"Donate Now" or use QR code above.

Scripture Readings for July 12th

Exodus 19:2-8a; Psalm 100; Romans 5:1-8; Matthew 9:35-10:8 [9-23]

Opening Hymn:

We Will Extol Thee

Hymn 404

Priest: Welcome to St. Alban's Episcopal Church. We're here in Edmonds, WA, and wherever you are in the world, we're honored that you have welcomed us into your home this morning, as together we worship the God of all creation incarnate in Jesus of Nazareth. Whether you're with us for an hour or a lifetime, we hope and trust that you will find this a refuge that nourishes the Holy Spirit within you.

As we begin, we acknowledge that we are blessed to be situated on traditional and ancestral Snohomish, Coast Salish land. They cared for this land for millennia before it was taken from them. We honor them, and pray for the wisdom to care for it as well as they. We recognize that we are living among them still, so we are seeking ways of building relationships so that, working together, we can be better stewards of this place and all its people.

Opening Acclamation

BCP 355

Priest: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria

Bulletin p. 4

Descant

5 Let ev - ery tongue con - fess with one ac - cord

1 All praise to thee, for thou, O King di - vine,
 2 Thou cam'st to us in low - li - ness of thought;
 3 Let this mind be in us which was in thee,
 4 Where - fore, by God's e - ter - nal pur - pose, thou
 5 Let ev - ery tongue con - fess with one ac - cord

Je - sus Christ is Lord;

1 didst yield the glo - ry that of right was thine,
 2 by thee the out - cast and the poor were sought;
 3 who wast a ser - vant that we might be free,
 4 art high ex - alt - ed o'er all crea - tures now,
 5 in heaven and earth that Je - sus Christ is Lord;

and God the Fa - ther be by all a - dored.

1 that in our dark - ened hearts thy grace might shine.
 2 and by thy death was God's sal - va - tion wrought.
 3 hum - bling thy - self to death on Cal - va - ry.
 4 and given the Name to which all knees shall bow.
 5 and God the Fa - ther be by all a - dored.

Al - le - lu - ia! A - men.

Al - le - lu - ia! A - men.

The Collect of the Day

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The First Reading

The coming messianic king will inaugurate an era of disarmament and prosperity. Because of God's covenant with Israel, the people are designated as "prisoners of hope."

A Reading from Zechariah chapter 9 beginning with the 9th verse

Zechariah 9:9-12

⁹Rejoice greatly, O daughter Zion!

Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;

triumphant and victorious is he,
humble and riding on a donkey,
on a colt, the foal of a donkey.

¹⁰He will cut off the chariot from Ephraim
and the war-horse from Jerusalem;
and the battle bow shall be cut off,
and he shall command peace to the nations;
his dominion shall be from sea to sea,
and from the River to the ends of the earth.

¹¹As for you also, because of the blood of my covenant with you,
I will set your prisoners free from the waterless pit.

¹²Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

Lector: Hear what the Spirit is saying to God's People.

People: Thanks be to God.

Psalm 145:8-15

BCP 801

⁸The LORD is gracious and full of compassion, *
slow to anger and of great kindness.

⁹*The LORD is loving to everyone *
and his compassion is over all his works.*

¹⁰All your works praise you, O LORD, *
and your faithful servants bless you.

¹¹*They make known the glory of your kingdom *
and speak of your power;*

¹²That the peoples may know of your power *
and the glorious splendor of your kingdom.

¹³*Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.*

¹⁴The LORD is faithful in all his words *
and merciful in all his deeds.

¹⁵*The LORD upholds all those who fall; *
he lifts up those who are bowed down.*

The Second Reading

Life captive to sin is a catch-22 existence in which we know good but do not do it and do things we know to be wrong. Through Jesus Christ, God has set us free from such a futile existence.

A Reading from Romans chapter 7 beginning with the 15th verse

Romans 7:15-25a

¹⁵I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶Now if I do what I do not want, I agree that the law is good. ¹⁷But in fact it is no longer I that do it, but sin that dwells within me. ¹⁸For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. ¹⁹For I do not do the good I want, but the evil I do not want is what I do. ²⁰Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

²¹So I find it to be a law that when I want to do what is good, evil lies close at hand. ²²For I delight in the law of God in my inmost self, ²³but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴Wretched man that I am! Who will rescue me from this body of death? ^{25a}Thanks be to God through Jesus Christ our Lord!

Lector: Hear what the Spirit is saying to God's People.

People: Thanks be to God.

Sequence Hymn

The Lord of the Dance

Bulletin pp. 7-9

Sung to the Tune of Simple Gifts Hymn 554

I danced in the morning when the world was begun,
And I danced in the moon and the stars and the sun,

And I came down from heaven and I danced on the earth:
At Bethlehem I had my birth.

*Dance, then, wherever you may be,
I am the Lord of the dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the dance, said he.*

I danced for the scribe and the Pharisee,
But they would not dance and they wouldn't follow me;
I danced for the fishermen, for James and John;
They came with me and the dance went on:

*Dance, then, wherever you may be,
I am the Lord of the dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the dance, said he.*

I danced on the Sabbath and I cured the lame:
The holy people said it was a shame.
They whipped and they stripped and they hung me on high,
And they left me there on a cross to die:

*Dance, then, wherever you may be,
I am the Lord of the dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the dance, said he.*

I danced on a Friday when the sky turned black;
It's hard to dance with the devil on your back.
They buried my body and they thought I'd gone;
But I am the dance, and I still go on:

*Dance, then, wherever you may be,
I am the Lord of the dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the dance, said he.*

They cut me down and I leapt up high;
I am the life that'll never, never die.
I'll live in you if you'll live in me:
I am the Lord of the dance, said he.

*Dance, then, wherever you may be,
I am the Lord of the dance, said he,
And I'll lead you all, wherever you may be,
And I'll lead you all in the dance, said he.*

Songwriter: Sydney Carter
Published © 1963, 2001 Stainer & Bell

The Gospel

Jesus chides people who find fault with both his ministry and that of John the Baptist. He thanks God that wisdom and intelligence are not needed to receive what God has to offer.

Priest: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: *Glory to you, Lord Christ.*

Matthew 11:16-19, 25-30

[Jesus said,] ¹⁶“To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

¹⁷“We played the flute for you, and you did not dance;
we wailed, and you did not mourn.’

¹⁸For John came neither eating nor drinking, and they say, ‘He has a

demon’; ¹⁹the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

²⁵At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will. ²⁷All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.”

Priest: The Gospel of the Lord.

People: Praise to you, Lord Christ.

The Sermon

Father Greg Peters

The Nicene Creed

BCP 358

*We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,*

*begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

Prayers of the People

Priest: God of mercy and healing,
you who hear the cries of those in need,
receive these petitions of your people

that all who are troubled
may know peace, comfort, and courage.

Thanks be to God through Jesus Christ our Lord! With grateful hearts we pray to our Living God, saying, “We thank you, Gracious and Compassionate One; you hear the voice of your beloved.”

O Gracious God, you call your Church “my love” and “my beauty.” Look upon your Church with eyes of great compassion and love.

Along with our Siblings in the Anglican Churches of South America and Archbishop of Canterbury Sally; with the Episcopal Church and Presiding Bishop Sean; with Holy Family, Tacoma, St. Mary’s, Lakewood, and St. Joseph-St. John, Lakewood and our Bishop Phil; with Rebecca Sharp; with our Legacy Society, particularly J.E. “Rock” Roth; with those who serve you in this place, especially through our **Communications Ministries**; and with the congregation of Templo Emanuel, may we generously share the love with which we have been so greatly blessed.

I invite you to add your own thanksgivings

We thank you, Gracious and Compassionate God;
For you hear the voice of your beloved.

Loving God, you have blessed our nation with great freedoms. Grant us, and all the people of this land, as we celebrate 250 years as a free nation, the grace to maintain our liberties in righteousness and peace.

I invite your prayers for our nation, the world, and all creation.

We thank you, Gracious and Compassionate God;
For you hear the voice of your beloved.

Loving God, all that you have created tells of your love for us. May flowers and birds, but even more so our human relationships, especially with Scout Troop 300, Girl Scout Troop 46254, the West Edmonds Preschool and Chase Lake Community School, remind us of your great care and presence.

I invite your prayers for those with whom you minister beyond this place.

We thank you, Gracious and Compassionate God;
For you hear the voice of your beloved.

Loving God, you promise to give rest to all those who carry heavy burdens. Through Alcoholics Anonymous, the Blessing Pantry, the Edmonds Food Bank, Domestic Violence Services, the Washington Kids in Transition, World Vision, and Women's Spirit Coalition help us lift up those who are weighed down by the burdens of violence, depression, and despair.

For what other organizations should we pray?

We thank you, Gracious and Compassionate God;
For you hear the voice of your beloved.

Loving God, your Son Jesus revealed your heart to be gentle and humble. We pray for Allegra, Bob, Liza, Howard, who has entered Hospice Care, Suzanne. Marge, Maribell, Susan D. Jenny, Aida, Tyler and all those who have restless souls, injured bodies, and wounded hearts, and for those who care for them.

I invite your prayers for all those in any need.

We pray that all the sorrowful and all the suffering may find their rest in you.

We thank you, Gracious and Compassionate God;
For you hear the voice of your beloved.

Loving God, you rescue us from death. We pray that all who have died, especially **Joe** and those who strived for freedom and peace, may come to know that heavenly comfort you have prepared us.

I invite your prayers for those who have died and those who grieve.

For all these beloved ones, we thank you, Gracious and Compassionate God;
For you hear the voice of your beloved.

Priest: Life-giving God,
heal our lives,
that we may acknowledge your wonderful deeds
and offer you thanks from generation to generation
through Jesus Christ our Lord. *Amen.*

Confession and Absolution

from Enriching Our Worship

Deacon or Priest: Let us confess our sins to God.

*God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.*

*We repent of the evil that enslaves us,
the evil we have done,*

and the evil done on our behalf.

*Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.*

The Absolution

Priest: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Celebrant: Please stand as you are able.

The Peace of the Lord be always with you.

People: *And also with you.*

Birthday & Anniversary Prayers

Announcements

Offertory Hymn:

Softly and Tenderly

Bulletin pp. 16-17

1. Soft - ly and ten - der - ly Je - sus is call - ing,
 2. Why should we tar - ry when Je - sus is plead - ing,
 3. Time is now fleet - ing, the mo - ments are pass - ing,
 4. Oh! For the won - der - ful love He has prom - ised,

1. Call - ing for you and for me; — See, on the por - tals He's
 2. Plead - ing for you and for me? — Why should we lin - ger and
 3. Pass - ing for you and for me; — Shad - ows are gath - er - ing,
 4. Prom - ised for you and for me; — Though we have sinned, He has

1. wait - ing and watch - ing, Watch - ing for you and for me. —
 2. heed not His mer - cies, Mer - cies for you and for me? —
 3. death beds are com - ing, Com - ing for you and for me. —
 4. mer - cy and par - don, Par - don for you and for me. —

Come home, come home, come home,

Ye who are wea-ry, come home! Ear - nest - ly, ten - der - ly,

Je - sus is call-ing, Call-ing, O sin - ner, come home!

Text: Will L. Thompson (1847-1909)
 Music: Will L. Thompson

Eucharistic Prayer 1

Enriching Our Worship

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: It is truly right, and good and joyful,
to give you thanks, all-holy God,
source of life and fountain of mercy.

Celebrant: You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Celebrant: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love.

You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Remembering his death and resurrection,
we now present to you from your creation
this bread and this wine and ourselves as a living sacrifice.

By your Holy Spirit may they be for us
the Body and Blood of our Savior Jesus Christ.
Grant that we who share these gifts
may be filled with the Holy Spirit
and live as Christ's Body in the world.
Bring us into the everlasting heritage
of your daughters and sons,
that with Mary, Joseph, Alban, and all your saints,
past, present, and yet to come,
we may praise your Name for ever.
Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. *Amen.*

The Lord's Prayer

And now, as our Savior Christ has taught us, we are bold to say,


Our Father, who art in heaven,

hallowed be thy Name,

*thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those
 who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.*


The Breaking of the Bread

*Antiphon
 Cantor; then All*




The dis - ci - ples knew the Lord Je - sus in the break - ing of the bread.

Cantor



1. The bread which we break, al - le - lu - ia,



is the com - mun - ion of the bo - dy of Christ. [Ant.]

Cantor



2. One bo - dy are we, al - le - lu - ia,



for though man - y we share one bread. [Ant.]

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

Take them in remembrance that Christ died and is risen for you, and feed on him in your hearts by faith, with thanksgiving.

The Prayer of Spiritual Communion

For those who unable to attend worship in person

*Beloved Jesus,
I believe that you are present in the
Blessed Sacrament of the Altar.
I love you above all things, and I
desire to receive you into my soul.
Since I cannot at this moment receive
you in the Sacrament of your Body and Blood,
come spiritually into my heart.
I embrace you and unite myself entirely to you.
Let me never be separated from you in this life
or in the life to come. Amen*

National Cathedral Sunday Online Service 6.13.2021

Communion Hymn #1: *Go Forth for God* **Hymn 347**

Communion Hymn #2: *My Country 'Tis of Thee* **Hymn 717**

Post Communion Prayer

from Enriching Our Worship

Celebrant: Let us pray.

*Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food*

*in the Sacrament of Christ's Body and Blood.
Now send us forth a people,
forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior.
Amen.*

The Blessing

Closing Hymn: *Lift Every Voice and Sing* Hymn 599

Dismissal

Postlude

Announcements

Adult Bible Study Sundays at 9:30am: Join us for Adult Christian Education class (Bible Study) led by Robin McClelland on Sundays at 9:30am in the Annex and also on Zoom (see link below).

<https://us02web.zoom.us/j/83625063228?pwd=bcgNjSKTjQaV8OTcwoeaNglbbx30Er.1>

Flowers During the Summer: Altar Guild's Directress and Flower Chairperson is Sharon Joy. She will be on vacation from July 23 - August 23. If you have signed up to donate Sunday flowers during that time and have questions, please contact Sharon by July 17. She will be able to advise you on what and where to purchase flowers and put you in touch with the Altar Guild team on duty the week of your donation.

Vestry Clerk Needed: We are seeking a parishioner to serve as Clerk of the Vestry. The vestry clerk supports the leadership of the parish by keeping accurate records of vestry business. For more information or to express interest, please contact Debby Wilson (Vestry Clerk), Father Greg, or Jan Lee (JL) Krilevich, Senior Warden.

Vestry Meeting July 12th: Our next vestry meeting is Sunday, July 12th. If you have concerns, ideas or comments, see one of our vestry members. And please continue to pray for our leaders who faithfully serve our church.

Drive by Food Drive July 18th: Our next Drive by Food Drive will be held on Saturday, July 18, 10:00am-2:00pm. You are encouraged to donate non-perishable foods – canned tuna/chicken, canned fruits and vegetables, pasta, spaghetti sauce, rice, canned/dried beans, peanut butter, jam, etc.

Many people in our neighborhood depend on the food bank to supplement their food needs. Summer can be particularly difficult because school is out and some children are missing breakfasts and lunches provided by their local school. Thank you for your generosity!

National Night Out: On Tuesday, August 4, from 4:00 to 8:00pm, please join us in welcoming friends, neighbors, and strangers alike that live in our 5 Corners neighborhood during our 2nd National Night Out celebration.

We can use help: starting at 3:00pm with setting up; greeting neighbors; helping with games for children; food; cleaning up. You don't have to be present for the entire time either. To volunteer, please contact Anna Sharpe: 425-221-9154; anna.carskad@gmail.com, Event Chair or Debby Wilson: 206-683-4251; dgzrus@gmail.com, Day of Event chair.