

All Are Welcome at St. Alban's Episcopal Church

10:30am Sunday, February 1, 2026

The Fourth Sunday after Epiphany

St. Alban's seeks to be a welcoming, Christ-centered community committed to sharing Christ's love, empowering people to grow spiritually, deepening our relationship with Christ, and living out our faith in our community and the world.

St. Alban's Episcopal Church

21405 82nd Place West, Edmonds, WA 98026 Office (425) 778-0371

Sunday Worship 8 a.m. & 10:30 a.m. Bible Study 9:30 a.m.

Email: StAlbansEdmonds@gmail.com

Fr. Greg Email: gwpeters.stalbansedmonds@gmail.com

Website www.StAlbansEdmonds.org

the Rt. Rev. Philip LaBelle, Bishop Diocese of Olympia

the Rev. Greg Peters, Rector

Dan Mullene, Parish Care Minister

Serving in Today's Worship

Celebrant & Preacher

Guest Organist

Crucifer

Lectors

Alms Bearers

Chalice Bearers

Altar Guild

A/V Ministry

Father Greg Peters

Natalie Bartels

Colyn LaVergne

Gretchen Munsey & Judy Kistner

Debby Wilson & Judy Kistner

Jim Gilman, Debby Wilson & Judy Kistner

Sharon Joy

Judy Kisnter

Phil McClelland

Denise Robertson

Brad Goergen

*Flowers are given to the glory of God by the people of St. Alban's
in thanksgiving for our many blessings.*

Weekly Sunday Outreach Basket Offerings

1st week—Food Bank

2nd week—Discretionary Fund

3rd week—Quarterly Outreach Offering

4th week—International Relief Offering

5th Week—Indigenous Women's Offering



For Online donations:
go to www.StAlbansEdmonds.org and click
on "Donate Now" or use QR code above.

Scripture Readings for February 8th

Isaiah 58:1-9a [9b-12]; Psalm 112:1-9 [10]; 1 Corinthians 2:1-12 [13-16]; Matthew 5:13-20

Prelude

Opening Hymn: *I Sing the Almighty Power of God* Hymn 398

Celebrant: Welcome to St. Alban's Episcopal Church. We're here in Edmonds, WA, and wherever you are in the world, we're honored that you have welcomed us into your home this evening, as together we worship the God of all creation incarnate in Jesus of Nazareth. Whether you're with us for an hour or a lifetime, we hope and trust that you will find this a refuge that nourishes the Holy Spirit within you.

As we begin, we acknowledge that we are blessed to be situated on traditional and ancestral Snohomish, Coast Salish land. They cared for this land for millennia before it was taken from them. We honor them, and pray for the wisdom to care for it as well as they. We recognize that we are living among them still, so we are seeking ways of building relationships so that, working together, we can be better stewards of this place and all its people.

Opening Acclamation

BCP 355

Blessed be God: Father, Son, and Holy Spirit.

And blessed be his kingdom, now and forever. Amen

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. ***Amen.***

*Glory to God in the highest,
and peace to his people on earth.*

*Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.*

*Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.*

*For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.*

The Collect of the Day

The Lord be with you.
And also with you.

Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. ***Amen.***

The First Reading

With the mountains and the foundations of the earth as the jury, God brings a lawsuit against Israel. God has “wearied” Israel with a long history of saving acts. God does not want or expect lavish sacrifices to attempt to earn divine favor. Rather God empowers the people to do justice, to love loyalty to God, and to walk shrewdly in God’s service.

A Reading from Micah Chapter 6 beginning with the 1st verse

Micah 6:1-8

¹Hear what the LORD says:

“Rise, plead your case before the mountains,
and let the hills hear your voice.

²Hear, you mountains, the controversy of the LORD,
and you enduring foundations of the earth;
for the LORD has a controversy with his people,
and he will contend with Israel.”

³“O my people, what have I done to you?
In what have I wearied you? Answer me!

⁴For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;
and I sent before you Moses,
Aaron, and Miriam.

⁵O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,

that you may know the saving acts of the LORD.”

⁶“With what shall I come before the LORD,
and bow myself before God on high?
Shall I come before him with burnt offerings,
with calves a year old?

⁷Will the LORD be pleased with thousands of rams,
with ten thousands of rivers of oil?
Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?”

⁸He has told you, O mortal, what is good;
and what does the LORD require of you
but to do justice, and to love kindness,
and to walk humbly with your God?

Hear what the Spirit is saying to God’s people.
Thanks be to God.

Psalm 15

BCP 599

¹LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?

²*Whoever leads a blameless life and does what is right, **
who speaks the truth from his heart.

³There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.

⁴*In his sight the wicked is rejected, **
but he honors those who fear the LORD.

⁵He has sworn to do no wrong *
and does not take back his word.

*⁶He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.*

⁷Whoever does these things *
shall never be overthrown.

The Second Reading

According to the world's standards of power and might, the message of the cross seems stupid and offensive. Yet this word reveals the paradoxical way God has chosen to work power and salvation through weakness, rejection, and suffering. Hence the message of the cross becomes true wisdom and power for believers.

A Reading from 1 Corinthians, Chapter 1 beginning with the 18th verse

1 Corinthians 1:18-31

¹⁸The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. ¹⁹For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart."

²⁰Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? ²¹For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. ²²For Jews demand signs and Greeks desire wisdom, ²³but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, ²⁴but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. ²⁵For God's foolishness is wiser than human wisdom, and God's

weakness is stronger than human strength.

²⁶Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. ²⁷But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; ²⁸God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, ²⁹so that no one might boast in the presence of God. ³⁰He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, ³¹in order that, as it is written, “Let the one who boasts, boast in the Lord.”

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Sequence Hymn *All Praise to Thee for Thou O King Divine* Hymn 477
Final Verse AFTER Gospel Reading

The Gospel Reading

Jesus opens the Sermon on the Mount by naming those who are blessed in the reign of God.

The Holy Gospel of our Lord and Savior, Jesus Christ according to Matthew

Glory to you Lord Christ.

Matthew 5:1-12

¹When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. ²Then he began to speak, and taught them, saying:

³“Blessed are the poor in spirit, for theirs is the kingdom of heaven.

⁴“Blessed are those who mourn, for they will be comforted.

⁵“Blessed are the meek, for they will inherit the earth.

⁶“Blessed are those who hunger and thirst for righteousness, for they will be filled.

⁷“Blessed are the merciful, for they will receive mercy.

⁸“Blessed are the pure in heart, for they will see God.

⁹“Blessed are the peacemakers, for they will be called children of God.

¹⁰“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

¹¹“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. ¹²Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

The Nicene Creed

BCP 358

*We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,*

*of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

Prayers of the People

Form VI

BCP 392

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community lead by Mayor Mike Rosen and Governor Bob Ferguson, the nation lead by President Donald Trump, and for leaders throughout the world;

For all who work for justice, freedom, and peace.

For the work and ministries of our local Food Banks, Homage, and Doctors without Borders, and the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the Anglican Communion, particularly the Church of England;

For the Episcopal Church, especially the Diocese of Litoral Ecuador;;

For the ministries of this Diocese, especially Resurrection, St. Margaret's, and Holy Apostles, all in Bellevue, and for the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Fernely and Irma and the congregation of Templo Emanuel; Sarah Archbishop of Canterbury, Sean Presiding Bishop of the Episcopal Church, Phil Bishop of Olympia; for all deacons; for Greg Priest of this congregation; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation. We pray for John Palmer, Marge, Marilee, Susan Duggan, Jenny, Jack and Donna, Jessica, Sheilah and those we name now either aloud or silently.

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

We give thanks for Chase Lake School, West Edmonds Preschool, Boy Scout Troop 300, Girl Scout Troop 46254 and Alcoholics Anonymous;

for the ministries of congregation, especially the Communications Ministries;

for the members of our congregation, especially Kathy and Don McKim;

for the members of our Legacy Society, especially Barbara Dengel and Lloyd Jones;

for Sarah Schreder Peters who is celebrating her birthday this week; and

for those blessings we name either silently or aloud.

The people may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, especially _____ that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. **Amen.**

Absolution

Almighty God have mercy on you, forgive you all your sins
through the grace of Jesus Christ, strengthen you in all goodness,
and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

The Peace

The Peace of the Lord be always with you.
And also with you.

Birthday, Anniversaries, and other Thanksgivings

Announcements

The Holy Communion

The Offertory

Offertory Hymn: *What Does the Lord Require* Hymn 605

Doxology (*please stand if you are able*)

Hymn 380, vs 3

Eucharistic Prayer 2

From Enriching Our Worship

Celebrant The Lord be with you.

People ***And also with you.***

Celebrant Lift up your hearts.

People ***We lift them to the Lord.***

Celebrant Let us give thanks to the Lord our God.

People ***It is right to give God thanks and praise.***

We praise you and we bless you, holy and gracious God,
source of life abundant.

From before time you made ready the creation.

Your Spirit moved over the deep
and brought all things into being:

sun, moon, and stars;

earth, winds, and waters;

and every living thing.

You made us in your image,
and taught us to walk in your ways.

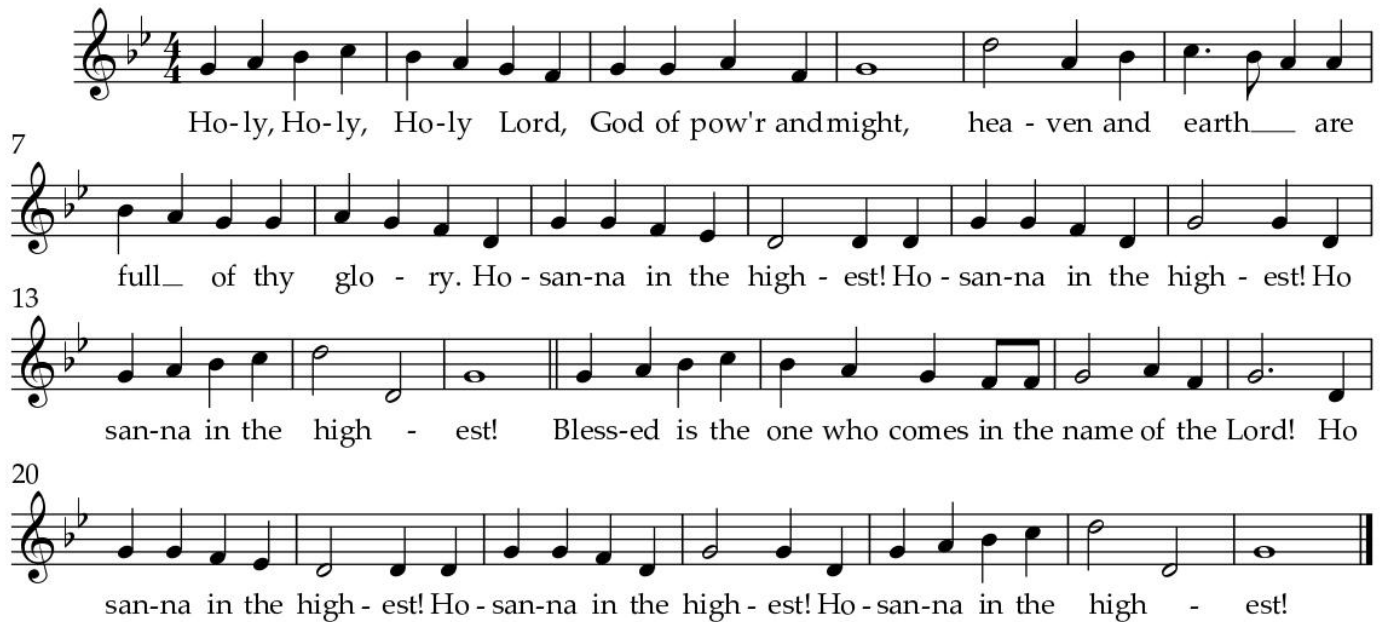
But we rebelled against you, and wandered far away;
and yet, as a mother cares for her children,
you would not forget us.

Time and again you called us
to live in the fullness of your love.

And so this day we join with Saints and Angels
in the chorus of praise that rings through eternity,
lifting our voices to magnify you as we sing:

Sanctus

D. Buley
Arranged by JEP



7 Ho-ly, Ho-ly, Ho-ly Lord, God of pow'r and might, hea - ven and earth__ are
13 full__ of thy glo - ry. Ho - san-na in the high - est! Ho - san-na in the high - est! Ho
20 san-na in the high - est! Bless-ed is the one who comes in the name of the Lord! Ho
san-na in the high - est! Ho - san-na in the high - est! Ho - san-na in the high - est!

The people stand or kneel.

Glory and honor and praise to you, holy and living God.
To deliver us from the power of sin and death
and to reveal the riches of your grace,
you looked with favor upon Mary, your willing servant,

that she might conceive and bear a son,
Jesus the holy child of God.

Living among us, Jesus loved us.
He broke bread with outcasts and sinners,
healed the sick, and proclaimed good news to the poor.
He yearned to draw all the world to himself
yet we were heedless of his call to walk in love.
Then, the time came for him to complete upon the cross
the sacrifice of his life,
and to be glorified by you.

On the night before he died for us,
Jesus was at table with his friends.
He took bread, gave thanks to you,
broke it, and gave it to them, and said:
“Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine.
Again, he gave thanks to you,
gave it to them, and said:
“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation,
and remembering Christ, crucified and risen,
who was and is and is to come,
we offer to you our gifts of bread and wine,
and ourselves, a living sacrifice.
Pour out your Spirit upon these gifts
that they may be the Body and Blood of Christ.
Breathe your Spirit over the whole earth
and make us your new creation,
the Body of Christ given for the world you have made.

In the fullness of time bring us,
with Mary, Joseph, Alban, and all your saints,
from every tribe and language and people and nation,
to feast at the banquet prepared

from the foundation of the world.
Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

*Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.*

*And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.*

Fraction Anthem

C.K. Pence
Arranged by JEP



1. This is the bread that is bro - ken for you. Take it and eat, take it and eat.
2. This is the cup that is offer - ed to you. Take it and drink, take it and drink.
3. This is the task that is give - en to you: be full of love, be full of love.
4. Eat and drink in re mem - brance of me. I am the way; I am the way.



Here is the bread that is bro - ken for you; if you eat you will hun - ger no more.
This is the cup that is offere - ed to you; come re - ceive the for - give - ness of sins.
This is the task that is giv - en to you; love each oth - er as I have loved you.
Eat and drink in re - mem - brance of me 'till we meet in the king - dom of God.

The Breaking of the Bread

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

The Gifts of God for the People of God. Holy things for God's holy people.

Communion Hymn: *Lord Make Us Servants of Your Peace* Hymn 593

Post Communion Prayer

BCP 365

Let us pray.

*Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,*

*and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.*

The Blessing

Closing Hymn: *Blessed Jesus at Thy Word* Hymn 440

The Dismissal

Go in peace to love and serve the Lord, alleluia, alleluia.
Thanks be to God, alleluia, alleluia.

Postlude

Announcements

Adult Bible Study Sundays at 9:30am: Join us for Adult Christian Education class (Bible Study) led by Eric Hanson Sundays at 9:30am. This hybrid class meets in the Annex and on Zoom. The Zoom link is <https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNbmklSW1PUXFybmdpMXNYdz09>

Annual Meeting after the Service Today: Join with other parishioners after the service at our Annual Meeting to find out where we are today, where we have been, our financial status, the success of our ministries and projects. Your support and your votes are needed as we elect new Vestry members and delegates to the Diocesan convention. Lunch will be provided.

Men's Circle Meeting on February 14th: REMEMBER the Standing Rock Protests of 2016, on the Sioux Nation Reservation in North and South Dakota? The major issue was opposition to the construction and operation of the "Dakota Access Oil Pipeline" that would risk contaminating Indigenous lands, water, and sacred burial sites. Included among the protesters was St. Alban's own Martin Walters. Sponsored by the Men's Circle, Martin will give a presentation of his experience at the Standing Rock Protests. ALL (female, male, et al.) are WELCOME. Save the date of Saturday, February 14 at 10:30 in the Parish Hall. Coffee and Snacks are included. My God, it's FREE!

Palms into Ashes: It's that time of year again. Shrove Tuesday and Ash Wednesday are coming. Please bring in last year's palms by Shrove Tuesday so they can be rendered into ashes for Ash Wednesday. There's a basket in the Parish Hall just waiting to receive them!

Shrove Tuesday: Come celebrate the start of Lent at our Shrove Tuesday Pancake Supper February 17, 2026. You will have a fun evening with old friends and make some new! And of course, there's the pancakes!! Cost is \$5 per person (proceeds go to Edmonds Food Bank), and as always, those over 90 and scouts dressed in uniform are free. We also ask for all to bring a non-perishable item for the food bank. Thank you to the Men's Circle who will prepare and provide the pancakes!

Ash Wednesday Services, February 18th at 12pm & 6pm: Join us for Eucharist and Imposition of the Ashes on Ash Wednesday, February 18th. This year, services will be offered at 12pm & 6pm. The noon service will be livestreamed for those who worship at home.

Lenten Soup Suppers each Wednesday during Lent: Join us for Lenten Soup Suppers beginning Wednesday, February 25th. Our evening begins with Evening Prayer in the Sanctuary at 6:00pm. Supper is at 6:30pm, followed by our program. If you are able and would like to contribute to supper, please bring soup, salad, bread or dessert. Please indicate on the signup sheet what you are able to provide.