

AROUND THE PARISH

March 4, 2022

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

SUNDAY ACTIVITIES

Sunday Eucharist on Facebook or YouTube, 10:30am

3/6 8:00 & 10:30am, In-person, Indoor Services
for those fully vaccinated, with masks

3/6 9:15am xx/xx Adult Bible Study, Annex & Zoom
<https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNBmk1SW1PUXFybmdpMXNYdz09>

Meeting ID: 865 4599 2628 Passcode: SeekFirst

3/6 2:00-5:00pm, Templo Emanuel

NOTE: No Facebook account? Watch the Sunday service
on YouTube or later as a video on Facebook



Fr. Greg Peter

On Ash Wednesday we resumed in-person worship. It was heartwarming to see so many of you back in the flesh! I am continually reminded just how incarnational I am.

One of my professors in seminary said that Episcopalians are “thingy” people. He went on to say that our faith involves all the senses: touch those carved, wooden pews and the myriad books; taste the bread and wine; smell that glorious incense; hear those hymns; see the beauty of light filtered through stained glass or illuminated in icons; feel the deep chords of the organ; sing out and vocally proclaim our faith in lyric, verse, prayer, and creed; be enveloped by pure, clean water and anointed with fragrant oil. All these holy things perceived in and through bodies. All those things are incarnational -- literally, “in the flesh.”

This “thingy,” incarnational orientation spills out all over the ways we live our faith. For example, Anglican/Episcopalian Evangelism often begins in the care and nurture of the flesh. We establish hospitals, schools (from pre-K to advanced degrees), food banks and other caring institutions and serve everyone regardless of religion, creed, or any of the other things humans.

When you come into the sanctuary, you will notice flowers on the altar. I know we normally refrain from altar flowers during Lent; it's one of our communal Lenten disciplines. The flowers you will see this year are sunflowers, the national flower of Ukraine. This was inspired by John playing the Ukrainian National Anthem as a prelude last Sunday after Russia began their unprovoked attack on Ukraine. Call these tangible

UPCOMING ACTIVITIES

3/5 10:00am-2:00pm, Drive-by Food Drive

3/7 7:00pm, Boy Scouts, Parish Hall

3/8 2:00pm, Altar Guild Mtg, PH
6:30pm, Vestry Meeting via Zoom

3/9 3:00-4:30pm, Food Bank Distribution
6:00pm, Evening Prayer, Facebook
7:00pm, Lenten Program, Zoom
<https://us02web.zoom.us/j/82023053101?pwd=VjNIQnl0aFJmSU41ZkthSGNxR3diZz09>

Meeting ID: 820 2305 3101 Passcode Lent

3/10 1:30-3:00pm, Way of Love, PH
7:00-9:00pm, Templo Emanuel, Sanctuary

3/11 7:00-8:30pm, Templo Emanuel, Annex

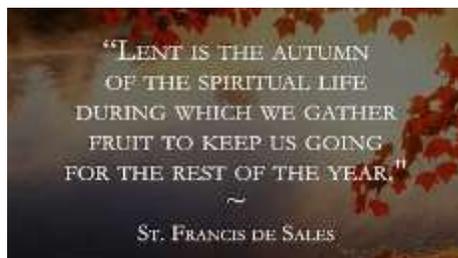
3/11-13 Vestry Retreat, Birch Bay

CHURCH PLEDGES & DONATIONS

Please continue donations and pledges by:

Mail check to church

- 21405-82nd Pl W, Edmonds, WA 98026
- Drop off through the slot in Greg's door.
- Bank Bill Pay-- have bank send check to St.Alban's
- Online go to www.StAlbansEdmonds.org and click on “Donate Now.”



acts of solidarity and resistance; lights of hope for people far off suddenly thrust into darkness.

We are also looking forward to ways we can support refugees fleeing the invasion. Some predictions anticipate 5 million Ukrainians seeking refuge in other European countries. Most of these refugees will be women, children, and the disabled. There will also be uncounted internally displaced people. As you will see elsewhere in the ATP, the Vestry is going to consider changing our fourth week special ingathering from Capital Improvements to Support for Refugees. It is likely that some Ukrainian refugees will come to our country. There are already many Ukrainian immigrants in Washington State, so it is also reasonable to assume that we will be welcoming them to our region. We'll be anticipating ways to participate.

Ganna Herenden, who along with her husband Paul and daughter Camilla, was with us for several years is actually from Ukraine and has family and friends there. And Martha Philippoff, who was also with us for several years before moving to California to be closer to family, is of Ukrainian heritage. I particularly remembered how she would occasionally bring in baked goods from long-time family recipes. So those flowers and any support we provide for Ukrainian refugees will at some level be in remembrance of the joy God brought to this congregation through Ganna and Martha.

The incarnation is essential to our faith. Our God is not some ethereal whisp, but rather flesh and blood embodied divinity. Our worship is corporal and corporate; our works of faith, real, tangible, and tactile; our love of God expressed in the neighborly care of the real bodies.

So again, it is so good to be back together, in-person, incarnating the body of Christ.



SUNDAY SERVICES – 8:00 & 10:30am

It's been a year since we were able to share our services with each other, priest, layreaders, music and deacon! It was another long haul, but the time has finally come. All things being equal and the Covid numbers continue to decline in our state and area, we are returning to our regular in-person Sunday church service schedule effective Sunday, March 6.

It is still everyone's aim to keep ourselves and each other safe. We are therefore continuing to request those who attend in-person be vaccinated, wear masks, stay at safe distances, sit apart except for family units, with no coffee hour at this time. The plan is to resume coffee hour on Easter Sunday, April 17.

Welcome home and enjoy the fellowship of being together again at a safe distance!



REMEMBER SATURDAY FOOD DRIVE!!

Please remember to drop off whatever you can for our **Saturday, March 5, Drive by Food Drive, from 10:00am – 2:00pm.** All types of non-perishable foods are gladly received by those in our area who need food assistance. And there are many of them!!

The weather people are working for us; they promise improved weather for our Saturday of God's work. Our Food Drive leader, Lee Forsberg, has a ready, willing and able crew lined up to assist with unloading and to greet our donors. The Hanson Greeter Dog will be there, and we all know what fun she is. And, Phil McClelland will probably have his dog along too.

We've been advertising our Food Drives and have seen an increasing number of contributions from those in homes around the church. Spreading this ministry around and having others beyond St. Alban's wanting to help has been a joy! They share our concern for those individuals and families who struggle to put food on the table. The current rise in

food prices is affecting many of us; it's bound to have an even more devastating effect on struggling families.

Some great cookies and snacks are on order for Saturday. And, Casey from the Edmonds Food Bank is going to stop by.

Hope to see you on Saturday!! Be sure to dress warmly and bring your hot coffee; we will have refills on hand.

LENTEN SERIES BEGINS MARCH 9

This year's weekly Lenten Program begins on **Wednesday, March 9**, and will be in keeping with our past schedules. The event begins with **Evening Prayer at 6:00pm on Facebook, has a brief pause and resumes again at 7:00pm on Zoom with the planned program.**

This year's series will be a five-week offering exploring the questions and issues raised by Stephanie Spellers' *The Church Cracked Open: Disruption, Decline, and New Hope for Beloved Community*. This will be offered in hybrid format. The Rev. Spellers serves as Presiding Bishop Curry's Canon for Evangelism, Reconciliation, and Creation for the Episcopal Church.

Following is the Zoom information where you can watch, hear and chime in with your questions and comments.

<https://us02web.zoom.us/j/82023053101?pwd=VjNIQnl0aFJmSU4lZkthSGNxR3diZz09>

Meeting ID: 820 2305 3101

Passcode **Lent**



OUTREACH WINNERS FOR NEXT FOUR QUARTERS

Thank you to everyone who cast a ballot for the 3rd Week Outreach Basket Recipients. We had 33 ballots cast and here are the top four winners: Clothes for Kids, Housing Hope, Cocoon House and Compass Health.

Clothes For Kids provides free school clothing (including socks, underwear and shoes) to lower-income students. (2nd Quarter)

Housing Hope combines affordable housing with tailored services such as life-skills training, childcare,

case management, and employment services. (3rd Quarter)

Cocoon House is a non-profit that conducts outreach to and provides short- and long-term housing for homeless and at-risk young people, including their children. (4th Quarter)

Compass Health is a private, non-profit, state licensed organization providing mental health and chemical dependency services. (1st Quarter 2023)



The Society of St. John the Evangelist's "Brother, Give us a Word" -- A daily meditations from the Brothers of the Society of St. John the Evangelist (An Episcopal Monastic Order) in Cambridge, MA.

Episcopal Relief and Development's "The Church In Action, Lenten Meditations" -- Daily meditations that can be either subscribed to for daily emails or downloaded and printed out.

The Episcopal Diocese of Atlanta's "Lent 2022: Growing in the Wilderness" video series -- A weekly video with the Rt. Rev. Robert Wright for each week of Lent.



Caught in the act again!! Heather Small generously gives of her time and talent to beautify the church grounds with flowers and plants at our entryway. She also provides plants/flowers for the labyrinth center and decked the gazebo with decorator boughs at Christmas. She even transports water for the plants from home in half-gallon milk cartons in the back of her car! Bless you, Heather, and thank you!!



UKRAINE

The following is used with permission by the author, Tia M. Hudson, Bremerton's Poet Laureate.

The sunflower rises tall
over the border refusing
the red bursts, the bombs' destruction
those protesting inside and outside.
They carry seeds in the soul
Hand those to their soldiers,
see them planted in blood,
In fear, and in courage.

We watch from a distance,
a superiority. We dare to evaluate
the effort, our response in little more
than words and dictates
related to only us and
hundreds; soon though, thousands,
die because they defend a democracy
reject a totalitarian, bare-chested
wannabe authoritarian who craves
power for power's sake.



4th WEEK BASKET FOR UKRAINE

The Russian invasion of Ukraine has spawned a refugee crisis that is only expected to worsen in the coming weeks. The United Nations warns that the conflict in Ukraine could cause 5 million refugees to leave the country.

St. Alban's is very generous with donations for outreach, utilizing our weekly basket offerings. And many of us are concerned about the Ukrainian refugee's crisis and would like to donate to organizations that help relieve it.

Our 4th week basket was initially for the Capital Campaign, but now is for Capital Improvements. Given the situation in Ukraine and Europe, it seems appropriate to consider replacing this cause for our 4th

week basket for 2022. The Vestry at their upcoming meeting on March 8th, will discuss a proposal to make our 4th week basket offering to be for the Ukrainian refugees and will investigate the best way to direct our donations. We will keep you informed.

Kathie Glassburn, a long-time member of our St. Alban's family and part of the choir for many years, lost her husband, Richard ('Dick' - 'Glass') Glassburn on November 1, 2021. He passed away peacefully at home due to complications from sepsis.

A memorial service will be held on Sunday, April 24, 2022, 1:00 pm, at the Inglewood Golf Club in Kenmore, Washington. **All are welcome.** Kathie would truly appreciate her church family being there to support her and honor Glass. Donations in Richard's memory may be made to Childhaven, Seattle, WA.



DOMESTIC VIOLENCE SERVICE GALA

On Friday, April 1, Domestic Violence Services of Snohomish County is holding its 30th Annual Chocolate and Wine Lovers' Gala. DVS is our Outreach recipient this first quarter of 2022.

The event will be held at the Tulalip Resort Casino and features Chocolate Tasting & Silent Auction at 5:00pm, followed by Dinner and Live Auction at 7:00pm. Reservations are needed; the deadline is Friday, March 11, 2022. Online contact is dvs-snoco.maestroweb.com or Email to Emma@dvs-snoco.org.



"TURN YOUR EYES UPON JESUS"

The author of this hymn, Helen Howarth Lemmel, was born in 1864 in Wardle, England. She was the daughter of a Wesleyan Methodist pastor and came to the US with her family at age 12.

In time, she developed a reputation as a brilliant singer, traveled widely throughout the midwest during the early 1900's, giving concerts in many churches.

Tragedy struck Helen's life when she developed an affliction that resulted in her blindness. Her husband

could not cope with the thought of a blind wife, so he abandoned her. She had nowhere to turn but to wholly trust in the Lord.

The inspiration for the hymn came from a track entitled "Focused." It contained the words, "turn your eyes upon Him, look fully into His face and you will find that the things of earth will acquire a strange new dimness."

In 1961, Helen Lemmel settled in Seattle, where she remained active with Christian activities as a member of the Ballard Baptist Church. She also continued her work for God in her musical and literary pursuits until her death at age 97.

O soul, are you weary and troubled?
No light in the darkness you see?
There's light for a look at the Savior,
And life more abundant and free!

Refrain:

Turn your eyes upon Jesus,
Look full in His wonderful face,
And the things of earth will grow strangely dim,
In the light of His glory and grace.

Through death into life everlasting
He passed, and we follow Him there;
O'er us sin no more hath dominion—
For more than conquerors we are!

His Word shall not fail you—He promised;
Believe Him, and all will be well:
Then go to a world that is dying,
His perfect salvation to tell!

FROM THE READER BOARD

Lee Forsberg



Top Ten Reasons for Being an Episcopalian (according to Robin Williams)

10. No snake handling
9. You can believe in dinosaurs.
8. Male and female, God created them: male and female, we ordain them.
7. You don't have to check your brains at the door.

6. Pew aerobics.
5. Church year is color coded.
4. Free wine on Sunday.
3. All of the pagaentry, none of the guilt.
2. You don't have to know how to swim to get baptized.
1. No matter what you believe, there's bound to be at least one other Episcopalian who agrees with you.

jokes

From Dave Wilson

True Story – How to call the police when you're old and don't move fast anymore.

George Phillips, an elderly man, from Meridian, Mississippi, was going up to bed when his wife told him that he'd left the light on in the garden shed, which she could see from the bedroom window. George opened the back door to go turn off the light but saw that there were people in the shed stealing things.

He phoned the police, who asked, "Is someone in your house?"

He said, "No, but some people are breaking into my garden shed and stealing from me."

Then the police dispatcher said, "All patrols are busy. You should lock your doors, and an officer will be along when one is available."

"Okay," said George. He hung up the phone and counted to 30. Then he phoned the police again.

"Hello, I just called you a few seconds ago because there were people stealing things from my shed. Well, you don't have to worry about them now because I just shot and killed them both." He hung up.

Within five minutes, six police cars, a SWAT Team, a helicopter, two fire trucks, a paramedic and an ambulance showed up at the Phillips' residence and caught the burglars red-handed.

One of the policemen said to George, "I thought you said that you'd shot them!"

George said, "I thought you said there was nobody available!"

(Don't mess with old people!!)

STEWARDSHIP REFLECTIONS

MARCH 6 – LENT 1

Deuteronomy 26 is all about "first-fruits giving." Moses rehearsed all that had happened to the Israelites, and how they were strengthened and preserved, and

tells them, “to set your gifts down before the Lord, [and then...] celebrate with all bounty the Lord has given to you and to your house.” Good advice for modern-day stewards as well!

MARCH 13 – LENT 2

“So shall your descendants be.” Just think, you are one of those descendants. Perhaps you sometimes think you are uncountable, as were all the stars Abraham could not number. But we are assured that we are loved and counted by God Himself, who numbers us all as His own. How can we not be full of gratitude for such a special gift?

SCRIPTURE READINGS

MARCH 6 – LENT 1

Deuteronomy 26:1-11
Psalm 91:1-2, 9-16
Romans 10:8b-13
Luke 4:1-13

Collect for Lent 1

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

MARCH 13 – LENT 2

Genesis 15:1-12, 17-18
Psalm 27
Philippians 3:17-4:1
Luke 13:31-35

ST. ALBAN’S CURRENT OFFICE HOURS

Monday 10:30 - 12:30pm; 2:00 – 4:00 pm
Wednesday 2:00 - 4:00pm
Friday 10:30 - 12:30pm; 2:00 – 4:00 pm

To maintain social distancing and minimize any possible exposures to Covid-19, please observe the following:

- Please contact the Office, (425) 778-0371 or stalbansedmonds@gmail.com to make appointment.
 - Wear a mask.
- In case of something urgent or an emergency, please call Greg Peters on his cellphone at (206) 778-1506.

GREG’S OFFICE HOURS

Monday, Tuesday, Thursday 8:30am – 2:30 pm, Home
Wednesday Church Office – 10:00am – 2:00 pm
(Available by appointment)
Via email: gwpeters.stalbansedmonds@gmail.com
Cell: 206-778-1506
SUNDAYS--after church coffee hour until 2:00pm
(Available by appointment)

PRAYER MINISTRIES

Contact Sheilah Reidburn kiwicat1@gmail.com or 425-745-1390

Prayers of the People:

Prayers of the People that are used during the Sunday worship.

Prayer Chain:

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

Prayer Shawls:

Prayer shawls are available for those in need of comfort during challenging times.

WEEKLY SUNDAY BASKET OFFERINGS

1st week—Food Bank
2nd week—Discretionary Fund
3rd week—Outreach – Domestic Violence Service
4th week—Capital Improvements
5th Week—One Thousand Days of Light (ERD)



*The Water I Shall Give
Will Become A Spring
Of Living Water
Welling Up To
Eternal Life*