#### AROUND THE PARISH

March 25, 2022

St. Alban's seeks to be a welcoming, Christ-centered community, committed to sharing Christ's love, empowering people to grow spiritually, deepening our relationship with Christ and living out our faith in the community and the world.

# **SUNDAY, MARCH 27, 2022**

Sunday Eucharist on Facebook or YouTube, 10:30am

8:00 & 10:30am, In-person, Indoor Services for those fully vaccinated.

Adult Bible Study, 9:15am, Annex & Zoom (Class is studying Exodus Chapters 32-34 this week.)

https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNbmk1SW1PUXFybmdpMXNYdz09

Meeting ID: 865 4599 2628 Passcode: SeekFirst

2:00-5:00pm, Templo Emanuel, Sanctuary

**NOTE**: No Facebook account? Watch the Sunday service on YouTube or later as a video on Facebook

### **UPCOMING ACTIVITIES**

3/28 7:00pm, Boy Scouts, Parish Hall

3/30 6:00pm, Evening Prayer, Facebook 7:00pm, Lenten Program, In Person or Zoom

https://us02web.zoom.us/j/82023053101?pwd=VjNIQnl0aFJmSU41ZkthSGNxR3diZz09

Meeting ID: 820 2305 3101 Passcode Lent

3/31 7:00-9:00pm, Templo Emanuel, PH

4/1 7:00-8:30pm, Templo Emanuel, Annex

4/7 1:30-3:00pm, Way of Love, PH

### **CHURCH PLEDGES & DONATIONS**

Please continue donations and pledges by:

Mail check to church

- 21405-82<sup>nd</sup> Pl W, Edmonds, WA 98026
- Drop off through the slot in Greg's door.
- Bank Bill Pay have bank send check to St. Albans
- Online go to <u>www.StAlbansEdmonds.org</u> and click on "Donate Now."



Please see the last page of this issue for a complete schedule and description of St. Alban's upcoming Holy Week and Easter celebrations.



### **LENTEN SERIES**

During Lent, there is a Wednesday evening Lenten program which follows Evening Prayer. Dates for the remaining sessions are **March 30 and April 6**. This year's Lenten Series will explore the questions and issues raised by Stephanie Spellers', *The Church Cracked Open: Disruption, Decline and New Hope for Beloved Community*.

Tune in on Facebook at 6:00pm for Evening Prayer. Fr. Greg leads the Lenten program which is offered in a hybrid format beginning at 7:00pm, which means you can either come to church and participate in-person or join via Zoom. Zoom link:

https://us02web.zoom.us/j/82023053101?pwd=VjNIQnl0a FJmSU41ZkthSGNxR3diZz09

Meeting ID: 820 2305 3101 Passcode Lent



### EASTER FLOWER DONATIONS

Envelopes are in the pews for you to contribute to altar flowers for Easter. Your generous donations are what make our church beautiful for the celebration of Christ's rising on Easter Sunday.

Please note your dedication on the flower envelope. The envelope provides space to indicate "in memory of." You can also note as "thanksgiving for" and identify someone, an event, or a thanksgiving to God. For your dedication to be included in the Easter bulletin, please have it in to the Church Office by Sunday, April 3. Please indicate "Easter Flowers" on your check.



# **EASTER EGG HUNT NEEDS YOUR HELP**

St. Alban's Easter Egg Hunt is scheduled for **Saturday, April 16, from 2:00-4:00pm**. You can help the kids and families enjoy the event by contributing wrapped candy, small toys and/or plastic eggs. Please leave your donations in the Parish Hall on or before Palm Sunday (April 10).

If you are able to help stuff eggs or help on the day of the hunt, please contact Wendre Vaughan at (425) 892-3329 or Maisy Hochstetler at (425) 780-9970.



You may know (or may not know) St Alban's has a "website" on the internet. Why? To provide information about who and what we are and what we do. If you would be interested in participating in a Focus Group to review out website, please call or text Jan Skidmore at 425-315-5412 or email at janskidmore72@gmail.com.



### **NEXT SMALL GROUP OPPORTUNITY**

Over the past few months a small group has been meeting to discuss the book *The Way of Love: A Practical Guide to Following Jesus.* This session ended on March 24<sup>h</sup>. After a break for Easter, we are starting a new study. Watch for more information.

For the next session we will be trying a ChurchNext course With Gladness: 5 Weeks of Holy Practices for Disciples based on the book <u>With Gladness:</u>

<u>Answering God's Call in Our Everyday Lives</u> by Christopher Martin. The ChurchNext course consists of some video presentations along with questions for discussion, a Participants' Guide and Leaders' Guide.

One of these practices is listening for God's call: Whom does God call? What kinds of things does God call us to do? How should we listen for God's call? He also introduces new spiritual practices, all relatively small, that build up to help us shift our approach to receiving God's call. These practices build up to change our approach to everyday life and our understanding of how to move our lives in the direction to which God calls us.

We invite you to join us. If you are interested or want more information, please contact Pat Chandler by email (patchandler5694@comcast.net) or phone (425-248-9417) or Maryellen Young (maryelleny@comcast.net or 425-776-2461) to register for this group study.



Meet a new member of St. Alban's family – Coco is 10 months old and hails from Winthrop. She visited on Monday, remained very friendly, calm and gentle, and she's a beauty! She won over every heart in the place! Coco's proud mother is Jeannie Wells.



# <u>DOCTORS WITHOUT BORDERS --</u> <u>SUPPORT FOR UKRAINE</u>

This month our Ukraine donations support Doctors Without Borders/Médecins Sans Frontières (MSF). As the war in Ukraine escalates, MSF has halted normal activities and is mobilizing emergency operations. MSF has sent teams from neighboring countries to assess the situation of refugees at the border crossing points and focusing on supporting chronically ill patients or mental health needs.

MSF is an independent and impartial organization committed to providing medical humanitarian

assistance to people affected by the war no matter who they are or where they are. Mark your donations "Ukraine." **Although Ukraine is the recipient of "4<sup>th</sup> Week Basket," contributions can be made any time.** Donations received through April 3<sup>rd</sup> will be sent immediately to MSF.

(John Lehrack shared the following prayer with his Taizé group on Sunday evening, March 20.)

### PRAYER FOR UKRAINE

**Pope Francis** 

Heavenly Lord,

Lord Jesus Christ, Son of God, have mercy on us sinners.

Lord Jesus, born under the bombs of Kyiv, have mercy on us.

Lord Jesus, who died in his mother's arms in a bunker in Hkarkiv, have mercy give us.

Lord Jesus, sent at 20 years old to the front, have mercy on us.

Lord Jesus, who still sees armed hands in the shadow of your Cross, have mercy on us!

Forgive us, Lord,

if not content with the nails with which we pierced your hands, we continue to drink from the blood of the dead torn apart by weapons.

Forgive us, Lord, if these hands that you created for care have been transformed into instruments of death.

Forgive us, Lord, if we continue to kill our brother, if we continue like Cain to remove the stones from our field to kill Abel. Forgive us if we continue to justify cruelty with our toil, if with our pain we legitimize the cruelty of our actions.

Forgive us the war, Lord.

Lord Jesus Christ, Son of God, we implore you: Stop the hand of Cain! Amen



### REQUEST FOR CHILD CARE HELP

Parishioner Maisy Hochsteller's daughter Joy is receiving her master's degree in Phoenix the week of April 20. Maisy is looking for reliable childcare for son Joshua, someone who she could pay to live in her home with him for a few days. Call 425-780-9970.

### PARISH DIRECTORY UPDATES

New Telephone Number:

Susie Nichols: 425-245-8180

New Email:

Jerry & DeeDee Meyer: jerrymeyer59@gmail.com

<u>NOTE</u>: Copies of the revised Parish Directory are available in the Parish Hall. If you are unable to pick one up, please call the office and one can be mailed.



# DARKNESS TO LIGHT – MUSIC FOR THE EASTER SEASON

We had hoped to have Jeff Johnson with us this spring for his concert

tour, also featuring Janet Marie Chvatal and Marc Gremm. We were fortunate to have this group perform at one of our previous concerts to benefit Chase Lake Community School. However, with Covid the Vestry didn't think the circumstances would allow us to have a large gathering during Holy Week this year.

If you are interested in hearing this beautiful, inspiring music, there are two opportunities somewhat locally:

Sunday, April 10 (5:00pm) St. Aidan's Episcopal Church, Camano Island, WA

Tuesday, April 12 (7:00pm) Woodinville Alliance Church, Woodinville, WA

Both concerts are open seating.



# **DAY-BY-DAY REFLECTIONS**

The following reflection was written by Mary Lockey, a community college academic advisor and member of Grace Church in the Mountains in Waynesville, North Carolina.

Psalm 77:20 – You led your people like a flock by the hand of Moses and Aaron.

The writer of Psalm 77 goes through a thought process. There are cries for help and expressions of doubt. The psalmist wonders if this distress will go on forever and if God has abandoned him. Then, the psalmist shifts to having more confidence that God delivered the Israelites from slavery by the hand of Moses and Aaron. Through that remembrance comes trust in God. Will the psalmist then trust those in the community to act on God's behalf?

I have been in situations where I have felt alone and afraid. I have asked, "God, why don't you help me?" In waiting for the proverbial thunderbolt from the sky, I have sometimes overlooked the kindness of friends and been blind to offers of help from those who, I am now certain, were acting as God's hands on earth.

We are wise to remember that there need not always be a mighty act of deliverance from our distress. Often, that deliverance comes from those around us.



# THE ANNUNCIATION OF OUR LORD JESUS CHRIST TO THE BLESSED VIRGIN MARY

# The Lord's Birth Foretold – March 25

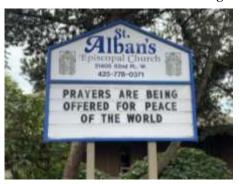
Not only one of the most important, but also one of the most touching events described in the gospels is Luke's account of the visit of the angel Gabriel to Mary and of Mary's response. The angel's salutation, "Hail, O favored one, the Lord is with you!" was certainly startling. The angel's announcement must have been frightening and deeply perplexing. "You will conceive and bear a son ... and he will be great and will be called the Son of the Most High ... and will reign over the house of Jacob forever; and of his kingdom there will be no end." It is not difficult to imagine trembling in her voice when Mary asked, "How can this be?"

When the angel had finished his explanation, Mary freely agreed to submit to God's will in the matter, saying, "Behold the handmaid of the Lord. May it be with me as you have said." So we, who are the church in this age, are called upon to respond obediently and confidently to God's will for us. One is reminded of Isaiah's response when he was called upon to do the

Lord's work in his generation, "Here am I, send me." It is also interesting and comforting to note that neither Mary nor Isaiah was forced into submission, but rather, "in the fullness of time" each responded willingly, gracefully and positively, having little idea of what lay ahead. (Forward Movement "Calendar of Saints" 1996)

### FROM THE READER BOARD

Lee Forsberg





From Dave Wilson

# Famous Japanese Doctor on How to Live Longer:

Q. Should I reduce my alcohol intake?
A. Oh, no. Wine made from fruit. Fruit very good.
Brandy distilled wine, that means they take water out

of fruity bit so you get even more of goodness that way. Beer also made of grain. Grain good too. Bottoms up!

**Q.** What are some of the advantages of participating in regular exercise?

**<u>A.</u>** Can't think of one, sorry. My philosophy. No pain...very good.

**Q.** Is swimming good for your figure?

**<u>A.</u>** If swimming good for figure, explain whale to me.



### **WEEKLY SUNDAY BASKET OFFERINGS**

1st week—Food Bank 2nd week—Discretionary Fund 3rd week—Domestic Violence Services 4th week—Ukraine Refugee Offering 5<sup>th</sup> Week—One Thousand Days of Light (ERD)

ST. ALBAN'S CURRENT OFFICE HOURS

Monday 10:30 - 12:30pm; 2:00 - 4:00 pm

Wednesday 2:00 - 4:00pm

Friday 10:30 - 12:30pm; 2:00 - 4:00 pm

To maintain social distancing and minimize any possible exposures to Covid-19, please observe the following:

 Please contact the Office, (425) 778-0371 or stalbansedmonds@gmail.com to make appointment.

Wear a mask.

In case of something urgent or an emergency, please call Greg Peters on his cellphone at (206) 778-1506.

Copies of the latest issue of Forward Day by Day (May/June/July) are available in the Parish Hall. A couple of copies are in the Brown Box outside the Sacristy.

# SEE BACK OF PAGE FOR HOLY WEEK & EASTER SCHEDULE

### **GREG'S OFFICE HOURS**

Monday, Tuesday, Thursday 8:30am – 2:30 pm, Home Wednesday Church Office – 10:00am – 2:00 pm (Available by appointment)

Via email: gwpeters.stalbansedmonds@gmal.com

Cell: 206-778-1506

SUNDAYS--after church coffee hour until 2:00pm

(Available by appointment)

# PRAYER MINISTRIES

Contact Sheilah Reidburn kiwicat1@gmail.com or 425-745-1390

# **Prayers of the People:**

Prayers of the People that are used during the Sunday worship.

### **Prayer Chain:**

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

### **Prayer Shawls:**

Prayer shawls are available for those in need of comfort during challenging times.













# Holy Week and Easter

<u>April 10 Palm Sunday:</u> Join us at 8:00am (in-person) and 10:30am (in-person and livestreamed) on April 10<sup>th</sup> as we celebrate Palm Sunday. We will gather in the Parish Hall prior to each service. After the blessing of our palms, we'll process around the grounds joyfully. After the processional, we'll return to the sanctuary for a reading of **The Passion**. There will be no coffee hour. We will stuff eggs for the Easter Egg Hunt after the 10:30am service. If you are able to help stuff eggs or help on the day of the hunt, please contact Wendre at (425) 892-3329 or Maisy at (425) 780-9970.

<u>April 11 Evening Prayer for Holy Week 6:00pm:</u> Evening Prayer featuring St. Matthew's Passion. This service will be livestreamed only.

<u>April 12 Evening Prayer for Holy Week 6:00pm:</u> Evening Prayer featuring St. Mark's Passion. This service will be livestreamed only.

**April 13 Tenebrae Service 7:00pm:** Tenebrae is a Latin word meaning "shadows." The Tenebrae service is a selection of psalms and lessons. The distinctive feature of Tenebrae is the gradual extinction of the candles in the church with the exception of one candle. The people leave in silence.

**April 14 Maundy Thursday Worship 7:00pm:** Join us for a Maundy Thursday Eucharist as we remember Gethsemane and strip the altar. Please join us for this very special and meaningful evening of worship.

<u>April 15 Good Friday Services 11:00am & 7:00pm:</u> We'll gather at 11:00am (in-person and livestreamed) & 7:00pm (in-person only) in the sanctuary for Good Friday services. Between 12:00pm-7:00pm there will be a self-paced Stations of the Cross in the Labyrinth.

<u>April 16 Holy Saturday Service Noon:</u> Join us at 12:00pm (livestreamed only) for a short, meditative service keeping watch during Christ's descent among the dead.

April 16 Easter Egg Hunt 2:00-4:00pm: St. Alban's will hold its annual Easter Egg Hunt this year on Saturday, April 16<sup>th</sup> 2:00-4:00pm. Please share the news with your family, friends and neighbors! If you are able to help on the day of the hunt, please contact Wendre at (425) 892-3329 or Maisy at (425) 780-9970.

**April 16 Easter Vigil 8:00pm:** We will gather outdoors for a fire lighting and meet in the sanctuary afterward for the Lessons, Renewal of Baptismal Covenant, and Eucharist. Please join us for this beautiful service.

**April 17 Easter Sunday Eucharist:** Join us at 8:00am (in-person) and 10:30am (in-person and livestreamed) on Easter Sunday as we celebrate the Resurrection! We'll enjoy fellowship and coffee hour following both services.