

AROUND THE PARISH

January 14, 2022

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

SUNDAY ACTIVITIES

1/16 10:30am Eucharist, Live Streamed only

1/16 Adult Bible Study, 9:15am, Zoom

<https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNbmk1SW1PUXFybmdpMXNYdz09>

Meeting ID: 865 4599 2628 Passcode: SeekFirst

1/16 Templo Emanuel, 2:00-5:00pm

1/16 Taizé Program, 7:00pm, Online

NOTE: No Facebook account? Watch the Sunday service on YouTube or later as a video on Facebook

UPCOMING ACTIVITIES

1/17 7:00pm, Boy Scouts, Parish

1/19 6:00pm Evening Prayer, On Line

6:30pm, Soup Supper

7:00pm, "Getting to Know Neighbor in Pew"
Zoom

1/20 7:00-9:00pm, Templo Emanuel, Sanctuary

1/21 4:30-5:30pm, Girl Scouts, Parish Hall

7:00-8:30pm, Templo Emanuel, Annex

1/23 9:30am, Eucharist, Live Streamed only
Annual Meeting to follow on Zoom

CHURCH PLEDGES & DONATIONS

Please continue donations and pledges by:

Mail check to church

- 21405-82nd Pl W, Edmonds, WA 98026
- Drop off through the slot in Greg's door.
- Bank Bill Pay – have bank send check to St. Alban's
- Online go to www.StAlbansEdmonds.org and click on "Donate Now."

Lord Jesus Christ

Eternal God, may Your light shine our way,
as it guided the steps of the magi;
that we too may be led into Your presence
and worship You, the Child of Mary,
the Word of the Father, the King of Kings,
the Savior and Redeemer of mankind;
to Whom be glory for ever and ever.



Fr. Greg Peters

The Vestry met on Tuesday, January 11, for our regular monthly meeting.

As is our practice, here are the things we accomplished that we want to report back to the congregation:

1. We approved the 2022 Budget. We will present it to the Congregation for the Annual Meeting. The Vestry thanks Maryellen Young, our Treasurer, and the Finance Committee for their good work putting this together. By the way, our financial situation looks very good.
2. The Vestry wants to remind everyone that our Annual Meeting is scheduled for Sunday, January 23. As we have done for the past many years, there will be only one worship service at 9:30, a combined service of both the 8:00 and 10:30 services. The Annual Meeting will follow immediately after. Like last year and because of the Omicron surge of the Pandemic, this meeting will be held virtually. The Zoom link and more information are in this week's ATP and will be in next week's.
3. We approved three Mutual Ministry Goals (MMAs) for the next year. They are:
 - a. To deepen our spiritual lives and relationship with Christ.
 - b. To improve communication within St. Alban's and outward as outreach to the community.
 - c. To reembrace Evangelism as an important ministry of our congregation and an outward and explicit expression of faith emphasizing neighborly love.
4. The Nominations Committee reports that they have the requisite number of candidates for delegates and alternates to Diocesan Convention, but that they only have three candidates for the four open Vestry seats. We need one more person. **Please consider running for Vestry.**

Nominations can be made from the floor, but it would be preferable if we had a slate of candidates going into the meeting.

5. As you know, we have returned to virtual only worship, again because of the Omicron Surge. Following the advice of our medical professionals, we will be continuing with this at least until the end of the January. At that time, we will reassess the situation, using their advice and the Snohomish County Covid statistics reports. Thankfully, it appears from other parts of the world and country that this surge both rises and declines quickly, so it is our hope that pattern will happen here, too, and we can return to in-person worship in February. Please be aware, though, that one of our medical professionals warned that it could last until the end of February. Prayers, please!



TAIZÉ PRESENTATION THIS SUNDAY

Music Director, John Lehrack, is performing his special Taizé program on **Sunday, January 16, at 7:00pm**, online only. John enhances our at-home worship with his piano and voice, prayers, chants, photographs and times of silence for meditation. It is a quiet, peaceful time and one you will enjoy.

John always includes a very meaningful poem in his program. His selection for this performance is below.

ON SPIRITUAL GIFTS

By Bruce Burkard

A Great Saint has said,
"Mostly we pray for something
That is going to help our body,
Our mind, or those people we love.

However –

How many times do we pray
To God for God?"

Other than the above -
Most of our prayers should be aimed
At toward what is going to help us
On our spiritual journey,

Some good examples
Of gifts to prayer for –

The gift to love you God
As you love us.

The gift of perfect concentration,
When meditating -
Free from the hindrances of mind.

The gift of compassion,
For all those
Less fortunate than ourselves.

The gift of humility,
To be a perfect mirror image of you.

The gift of chastity,
With a heart as pure as yours.
The gift of patience and perseverance,
To stay the course of meditation.

January 2021 -- Due to the Omicron Variant, for the indefinite future Sunday Services will be Live Streamed only.



Our Annual Meeting on Sunday, January 23, will begin after the 9:30am service on Zoom (approximately 10:45am)

With the continuing rise in Covid numbers, we will be meeting virtually to insure everyone's safety and health. We invite you to join in this important meeting where we will be reviewing the highlights of our 2021 year and its achievements -- outreach, buildings and ground, ministries, adult education, finances to name a few. Our 2022 budget has been approved by Vestry and will be reviewed at this meeting as well.

According to By-Laws, we are required to have a quorum of 25 communicants in good standing in attendance.

Zoom link:

<https://us02web.zoom.us/j/82968930941?pwd=amRoMEpQRDMwMlJpdIA1SWFidWFidz09>

Meeting ID 829 6893 0941 Passcode **21405**

Dial in number +1 253 215 8782

We may be back to long-distance fellowship due to the Omicron variant, but we can still have our time together via the wonders of technology.

Our 3rd Wednesday “Soup Supper” on January 19 event begins as usual with Evening Prayer at 6:00pm online. At 6:30pm, you have a chance to get some soup or refreshment, and the “Getting To Know Your Neighbor in the Pew” begins at 7:00pm. Carol Sanderson is the featured guest. You’ve seen the bookmarks she made for those attending the ECW Christmas party. Come hear how she, a former elementary school teacher, loves to lead workshops for adults in which they learn to make cards and decorations. Zoom link:

<https://us02web.zoom.us/j/88449954451?pwd=dytEN014bE5CRnhwSUJnSHBHQnY1QT09>

Meeting ID 884 4995 4451 Passcode **Soup**



MARTIN LUTHER KING JR. Died 1968

The following is from Forward Movement’s Calendar of Saints Publication. Also included is a commentary by David L. Veal, who collected all the book’s celebrations.

“The best sort of Christian education is knowing a saint, Massey Shepherd once said. Only a few of God’s holy people are in official lists. Most have lived relatively quiet lives of self-giving love for God and neighbor. Sometimes they are not much noticed even by those who know them best. But if we search our memories, we will come upon them, heroes and heroines of the church who showered non possessive love on all who came near them, who did justice, loved kindness, and walked humbly with God. These we may remember in our own personal calendars.”

Martin Luther King Jr, Prophet of Justice & Peace

Civil rights leader, Nobel laureate for peace, and Baptist clergyman, Martin Luther King Jr. was a dreamer of dreams. His ministry was based on a vision of human dignity for all people, an America free from racial prejudice, segregation and hatred.

Martin Luther King was assassinated in Memphis, Tennessee, supporting striking black sanitation workers. His life and work were committed to securing equal rights for the poor and the dispossessed.

After receiving a PH.D. degree from Boston University School of Theology, King returned to the South as a pastor of a church in Montgomery, Alabama. It was in Montgomery, after organizing a boycott which led to the Supreme Court decision banning segregation on public transportation, that he was thrust into leadership of the civil rights movement. For the next twelve years, King led demonstrations, marches and sit-ins protesting the evils of segregation and racism.

King’s peaceful acts of civil disobedience led to jailings and brutal retaliation by whites. Despite physical threats and personal slander, King and his followers continued to awaken the conscience of the nation with their message of justice, equality and nonviolence.

King’s most memorable speech, “I Have A Dream,” delivered to 200,000 people during the march in Washington D.C. on April 28, 1963, reaffirmed his faith in the brotherhood of mankind.

There have been questions asking how to get people on the church’s prayer list. Following are the ministries available. These will be listed on the last ATP page in the future.

PRAYER MINISTRIES

Contact Sheilah Reidburn kiwicat1@gmail.com or 425-745-1390

Prayers of the People:

Prayers of the People that are used during the Sunday worship.

Prayer Chain:

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

Prayer Shawls:

Prayer shawls are available for those in need of comfort during challenging times.



FACE MASKS

With the rapid spread of Omicron, the news is identifying the need to upgrade masks to N95 or KN95. But there is lots of confusion about how to find quality masks. Medical professionals in the news have provided suggestions for a couple of websites www.projectn95.com or www.bonafidemasks.com as

reliable sources for KN95 or N95 masks. Another suggestion is Kimberly-Clark Professional N95 on Amazon.com.

Cloth masks alone are not effective with the Omicron, but the effectiveness can be improved by combining them with a disposable mask. And, if you have a supply of cloth masks you still want to use, they can always be worn with N95/KN95 masks.

JANUARY 14-17 FILM FESTIVAL – MARTIN LUTHER KING JR.

For the 2022 King Holiday, the World House Project at Stanford University's Freeman Spogli Institute for International Studies, will host a free, four-day virtual film festival/webinar from the evening of January 14 through 17, 2022. This event will feature over 30 documentaries, musical performances, interviews and panel discussions that speak to Dr. King's still unanswered question: "Where Do We Go From Here: Chaos or Community?" **This event is Free.** To register, go to MLK Weekend Documentary Film Festival



EVERETT GOSPEL MISSION 4TH QTR 2021 DONATIONS

Everett Gospel Mission will be receiving \$788 from our 4th quarter outreach donations. EGM provides emergency shelter and comprehensive recovery programs nightly. Each person in a residential program receives personalized care and is given access to nutritious meals, beds, clean clothing, spiritual support, addiction recovery, life-skills training, employment help and more. Everett Gospel Mission engages with the community to alleviate poverty. Thank you for your support of this ministry.



ST. ALBAN'S WARMING CENTER

Deacon Jim Gilman

Congratulations to the caring people of St. Alban's. From Sunday, December 26, 2021, to Saturday, January 1, 2022, we opened the doors of our Parish Hall as a Warming Center for homeless during the

recent bitterly cold weather. Food and hot drinks were available throughout each day. A few notes from the week:

*Monday, one gentleman talked for about 4½ hours, uninterrupted.

*Tuesday, two men kept warm as they slept on the floor of the parish hall for most of the day.

*Thursday, two homeless were delivered directly from hospitals, one from Providence in Everett and one from Swedish in Edmonds.

*A woman and victim of domestic violence found her way to St. Alban's after six weeks at a Bellingham hospital. She was safe and warm for the day; she was distraught and crying some, feeling helpless and wanting to get home to Missoula to see her grown daughter. St. Alban's purchased a bus ticket home for her, and the local social worker confirmed that she had indeed gotten on the bus and was headed home.

*A couple who live in the neighborhood saw our street sign, stopped by and delivered two winter coats for the homeless, and thanked us for opening our doors to the homeless.

*The managers of the Five Corners Café Ladro noticed our sign and brought over to the Warming Center a dozen very delicious pastries and thanked us for opening our doors to the homeless.

*We had phone calls of inquiry from local social workers, and from the Edmonds and Lynnwood Police Departments.

*St. Alban's is getting a regional reputation as a compassionate, caring congregation.

*Saturday, January 1, St. Alban's prepared and served a dinner at Maple Park Community Church for the Cold Weather Shelter. I talked to a couple of homeless people there who had stayed at our Warming Center. They thanked us.

Thanks to all those who helped manage and monitor the Warming Center—Shannon Duggan, Jeannie Wells, Cris Blair (from St. Andrews, Seattle), Susan, Eric and Rennie Hanson, and Craig Jacobson.

What a Blessing St. Alban's is in our community and to the homeless and hungry.



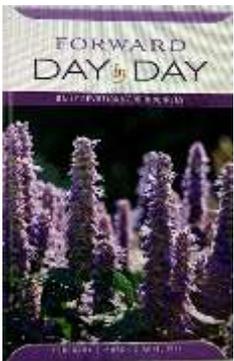
STEWARDSHIP THEME 2022

The theme for our 2022 Stewardship is *More Than Enough*. Once again, this year we are taking advantage of the resources from The Episcopal Network for

Stewardship (TENS). And since stewardship is a year around, ongoing ministry, we will be sharing thoughts and reflections about this theme throughout the year.

As we, hopefully soon, will begin to emerge from this period of disruption and isolation in our lives and our church family, we have felt the pain and frustration of our ability to connect in the ways to which we are accustomed. However, as we consider our spiritual resources, the strength of our community, and our capacity for generosity, we realize that there is now, and always has been, **More Than Enough**.

Our stewardship of our personal and collective resources reminds us of the abundance around us. There will be more than enough because our faith will unlock the generosity of others. Expect miracles.



Copies of the upcoming quarterly issue (February, March, April) of Forward Movement's Day by Day have arrived. There are copies in the Brown Box at the back Sacristy door and a few copies mailed to those who regularly request them. If you would like a copy, please either stop

by to pick one up or leave a message at the office for one to be mailed to you.

Forward Day by Day is a treasure of meditations and reflections written by priests and lay persons alike. The quarterly booklets lead you in daily bible reading and reflection. Copies are provided compliments of St. Alban's or you can subscribe. Details on Forward Movement Day by Day website.

GRATITUDE FROM CONCERN FOR NEIGHBORS FOOD BANK

St. Alban's received the following letter of thanks from the Mountlake Terrace Food Bank. It not only expresses their gratitude, but gives us an idea of their great community service and the diverse groups of individuals they assist. Our donations are helping in many ways, even some of which we were not aware!

Thank you so much for your support during this year. Founded in 1971, Concern for Neighbors Food Bank celebrated its 50th year of operations. It has come a long way from its start in a home basement; with your help, we served groceries to 4,339 local households during 2021.

Reflecting on the past year and looking to the future, we'd like to share some details about the impact you helped create. In 2021, Concern for Neighbors Food Bank served 178 new families. In addition, the food bank provided 643 bags of groceries to seniors through partnerships with the Mountlake Terrace Senior Center and Mountlake Terrace Senior Housing. Each week, you helped us serve an average of 87 local households and 295 individuals,

We also provide food to Annie's Kitchen, which serve free hot meals every Wednesday night in Edmonds. We also contribute to Edmonds School District Foundation pop-up pantries and regularly restock local little free pantries.

Our small operation has an outsized impact on our community, both to meet our clients' basic needs and to bring neighbors together. We eagerly hope to provide even greater services in the year to come. Your help makes it possible to keep offering our neighbors choices of grocery and household products, and we are so proud of the work we have done.

Thank you again for your support and confidence in our efforts. With gratitude. (signed by directors)

FROM THE READER BOARD

Lee Forsberg



From Dave Wilson

Blond Guy Joke

Three guys were working high steel on a construction site.

The blond guy says, "If I have tuna fish sandwiches in my lunch, I am going to jump off this building."

Sure enough, he had tuna fish sandwiches in his lunch,

so he jumped off the building.

At the funeral service, his wife asked his co-workers what had happened. They sadly told her that he said if he had tuna fish sandwiches in his lunch, he was going to jump off the building.

The wife answered, "That fool, he makes his own lunch."



STEWARDSHIP REFLECTIONS

JANUARY 16 – 2ND SUNDAY AFTER EPIPHANY: THE BAPTISM OF OUR LORD

Psalm 36 details some of the gifts for which we need to be every grateful: *"How priceless is your love, O God! Your people take refuge under the shadow of your wings. They feast upon the abundance of your house; you give them drink from the river of your delights. For with you is the well of life and in your light we see light. Continue your loving kindness to those who know you, and your favor to those who are true of heart. Lord, make us ever true of heart.*

JANUARY 23 – 3RD SUNDAY AFTER EPIPHANY

"Let the words of my mouth and the meditation of my heart be always acceptable in your sight, O Lord, my strength and my redeemer." This familiar phrase from Psalm 19 is perhaps most often used by those giving sermons or homilies, but the words are appropriate for all of us as well as we strive to lead the life of a faithful disciple and steward.

SCRIPTURE READINGS

JANUARY 16 – 2ND SUNDAY AFTER EPIPHANY

Isaiah 62:1-5

Psalm 36:5-10

1 Corinthians 12:1-11

John 1:1-11

Collect for 2nd Sunday after Epiphany

Almighty God, whose Son our Savior Jesus Christ is the light of the world: Grant that your people, illumined by your Word and Sacraments, may shine with the radiance of Christ's glory, that He may be known, worshiped, and obeyed to the ends of the earth; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, now and for ever. Amen

JANUARY 23 – 3RD SUNDAY AFTER EPIPHANY

Nehemiah 8:1-3, 5-6, 8-10

Psalm 19

1 Corinthians 12:12- 31a

Luke 4:14-21

WEEKLY SUNDAY BASKET OFFERINGS

1st week—Food Bank

2nd week—Discretionary Fund

3rd week—Outreach – Domestic Violence Services

4th week—Capital Improvements

5th Week—One Thousand Days of Light (ERD)

ST. ALBAN'S CURRENT OFFICE HOURS

Monday 10:30 - 12:30pm; 2:00 – 4:00 pm

Wednesday 2:00 - 4:00pm

Friday 10:30 - 12:30pm; 2:00 – 4:00 pm

To maintain social distancing and minimize any possible exposures to Covid-19, please observe the following:

- Please contact the Office, (425) 778-0371 or stalbansedmonds@gmail.com to make appointment.
- Wear a mask.

In case of something urgent or an emergency, please call Greg Peters on his cellphone at (206) 778-1506.

GREG'S OFFICE HOURS

Monday, Tuesday, Thursday 8:30am – 2:30 pm, Home

Wednesday Church Office – 10:00am – 2:00 pm

(Available by appointment)

Via email: gwpeters.stalbansedmonds@gmail.com

Cell: 206-778-1506

SUNDAYS--after church coffee hour until 2:00pm

(Available by appointment)