



**Welcome to St. Alban's Episcopal Church
Sunday, March 1, 2026
The 2nd Sunday in Lent
10:30am Worship Service**

St. Alban's seeks to be an open and welcoming, Christ-centered community committed to sharing Christ's love, empowering all people to grow spiritually, deepening our relationship with Christ, and living out our faith in our community and the world.

St. Alban's Episcopal Church

21405 82nd Place West, Edmonds, WA 98026 Office (425) 778-0371

Sunday Worship 8 a.m. & 10:30 a.m.

Email: StAlbansEdmonds@gmail.com

Fr. Greg Email: gwpeters.stalbansedmonds@gmail.com

Website www.StAlbansEdmonds.org

the Rt. Rev. Philip LaBelle, Bishop Diocese of Olympia

the Rev. Greg Peters, Rector

Dan Mullene, Parish Care Minister

Serving in Today's Worship

Celebrant & Preacher

Guest Organist

Crucifer

Lectors, Alms & Chalice Bearers

Altar Guild

A/V Ministry

Father Greg Peters

Nat Bartels

Colyn LaVergne

Judy Fleenor

Judy Kistner

Sharon Joy

Judy Kistner

Phil McClelland

Denise Robertson

Brad Goergen

Scripture Readings for March 12th

Exodus 17:1-7; Psalm 95; Romans 5:1-11; John 4:5-42

Weekly Sunday Outreach Basket Offerings

1st week—Food Bank

2nd week—Discretionary Fund

3rd week—Quarterly Outreach Offering

4th week—International Relief Offering

5th Week—Indigenous Women's Offering



For Online donations:
go to www.StAlbansEdmonds.org and click
on "Donate Now" or use QR code above.

Opening Hymn:

Lift High the Cross

Hymn 473

Celebrant: Welcome to St. Alban's Episcopal Church. We're here in Edmonds, WA, and wherever you are in the world, we're honored that you have welcomed us into your home this evening, as together we worship the God of all creation incarnate in Jesus of Nazareth. Whether you're with us for an hour or a lifetime, we hope and trust that you will find this a refuge that nourishes the Holy Spirit within you.

As we begin, we acknowledge that we are blessed to be situated on traditional and ancestral Snohomish, Coast Salish land. They cared for this land for millennia before it was taken from them. We honor them, and pray for the wisdom to care for it as well as they. We recognize that we are living among them still, so we are seeking ways of building relationships so that, working together, we can be better stewards of this place and all its people.

Penitential Order

Opening Sentence

BCP 351

Bless the Lord who forgives all our sins.

His mercy endures for ever.

Decalogue

BCP 350

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

Confession

BCP 352

The Deacon or Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

*Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. And pray for me, also a sinner.
Amen.

Kyrie

Bulletin p 6

Leader

Ky - ri - e

Musical notation for the first system, including treble and bass staves with lyrics: Ky - ri - e e - le - i - son. Ky - ri -

Chris - te

Musical notation for the second system, including treble and bass staves with lyrics: e e - le - i - son. Chris - te e - le - i -

Ky - ri - e

Musical notation for the third system, including treble and bass staves with lyrics: son. Chris - te e - le - i - son. Ky - ri -

e e - le - i - son. Ky - ri - e e - le - i - son.

Musical notation for the fourth system, including treble and bass staves with lyrics: e e - le - i - son. Ky - ri - e e - le - i - son.

The Collect of the Day

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

The First Reading

A Reading from Genesis, Chapter 12 beginning with the 1st verse.

Genesis 12:1-4a

¹Now the LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. ²I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. ³I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

^{4a}So Abram went, as the LORD had told him.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Psalm 121

BCP 779

¹I lift up my eyes to the hills; *

from where is my help to come?

²*My help comes from the LORD, **
the maker of heaven and earth.

³He will not let your foot be moved *

and he who watches over you will not fall asleep.

*⁴Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;*

⁵The LORD himself watches over you; *
the LORD is your shade at your right hand,

*⁶So that the sun shall not strike you by day, *
nor the moon by night.*

⁷The LORD shall preserve you from all evil; *
it is he who shall keep you safe.

*⁸The LORD shall watch over your going out and your coming
in, *from this time forth forevermore.*

The Second Reading

A Reading from Romans, Chapter 4 beginning with the 1st verse.

Romans 4:1-5, 13-17

¹What then are we to say was gained by Abraham, our ancestor according to the flesh? ²For if Abraham was justified by works, he has something to boast about, but not before God. ³For what does the scripture say?

“Abraham believed God, and it was reckoned to him as righteousness.” ⁴Now to one who works, wages are not reckoned as a gift but as something due. ⁵But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

¹³For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. ¹⁴If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. ¹⁵For the law brings wrath; but where there is no law, neither is there violation.

¹⁶For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, ¹⁷as it is written, “I have made you the father of

many nations”) in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Sequence Hymn: *My Faith Looks up to Thee* Hymn 691

Final Verse AFTER Gospel Reading

The Gospel Reading

The Holy Gospel of our Lord and Savior Jesus Christ according to John.

Glory to you, Lord Christ.

John 3:1-17

¹Now there was a Pharisee named Nicodemus, a leader of the Jews. ²He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” ³Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” ⁴Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” ⁵Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶What is born of the flesh is flesh, and what is born of the Spirit is spirit. ⁷Do not be astonished that I said to you, ‘You must be born from above.’ ⁸The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” ⁹Nicodemus said to him, “How can these things be?” ¹⁰Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

¹¹“Very truly, I tell you, we speak of what we know and testify to what

we have seen; yet you do not receive our testimony. ¹²If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? ¹³No one has ascended into heaven except the one who descended from heaven, the Son of Man. ¹⁴And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵that whoever believes in him may have eternal life.

¹⁶“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

¹⁷“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.

Praise to you, Lord Christ.

The Sermon

The Apostles' Creed

BCP 96

*I believe in God, the Father almighty,
creator of heaven and earth;*

I believe in Jesus Christ, his only Son, our Lord.

*He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.*

*He suffered under Pontius Pilate,
was crucified, died, and was buried.*

He descended to the dead.

On the third day he rose again.

*He ascended into heaven,
and is seated at the right hand of the Father.*

He will come again to judge the living and the dead.

*I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,*

*the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.*

Prayers of the People Form I

BCP 383

Priest: God of the covenant,
you call us to be fruitful servants within creation,
and to offer our lives
as the foundation of your realm.
We lay before you the desires of our hearts,
that we may be transformed by their fulfillment.

Deacon or other leader

With all our heart and with all our mind, let us pray to the Lord, saying
"Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the
salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the world, for the welfare of the Holy Church of God,
and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishop, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority,
let us pray to the Lord.

Lord, have mercy.

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

Lord, have mercy.

For seasonable weather, and for an abundance of the fruits of the earth, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

Lord, have mercy.

For those who travel on land, on water, or in the air, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

Lord, have mercy.

For Robin, Kären, Gretchen, Barbara H., Howard, Tom R., Shirley C., Dee, let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

Lord, have mercy.

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

Lord, have mercy.

For the absolution and remission of our sins and offenses, let us pray to the Lord.

Lord, have mercy.

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

Lord, have mercy.

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace.

Lord, have mercy.

In the communion of Mary, Joseph, Alban, and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Silence

Priest: Grant, O God, that the prayers we offer may be your channel for new and abundant life not only hoped for, but worked for, through faithful word and deed. *Amen.*

The Peace

The Peace of the Lord be always with you.
And also with you.

Birthdays, Anniversaries

Anglican: The Anglican Church of Burundi

Episcopal Church: Diocese of Utah

Diocese: Trinity Parish and the Church of the Apostles (COTA), Seattle

Parish Member: Dan and Raylene Mullene

Legacy Society: Steve and Maureen Forsythe

Parish Ministry: Outreach Ministries

Birthday: Heather Small, March 8

Announcements

The Offertory

Offertory Sentence: If you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift. *Matthew 5:23, 24*

Offertory Hymn: *And Now O Father Mindful of the Love* Hymn 337

Eucharistic Prayer A BCP 361

The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says

Celebrant: The Lord be with you.

People: ***And also with you.***

Celebrant: Lift up your hearts.

People: ***We lift them to the Lord.***

Celebrant: Let us give thanks to the Lord our God.

People: ***It is right to give God thanks and praise.***

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Ho - ly, ho - ly, ho - ly Lord, God of
pow'r and might, heav - en and earth are full of your glo - ry.
Ho - san - na in the high - est. Bless - ed is he who
comes in the name of the Lord. Ho - san - na in the high - est.

The musical score is written in 6/8 time with a key signature of one flat (B-flat). It consists of four systems, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The lyrics are placed below the vocal line. The first system begins with a fermata over the word 'Ho' in the vocal line. The piano accompaniment features a steady eighth-note bass line and chords in the right hand. The second system continues the melody and accompaniment. The third system features a melodic flourish in the vocal line. The fourth system concludes the phrase with a final cadence in both parts.

The people stand or kneel.

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and

ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *Amen.*

And now, as our Savior Christ has taught us, we are bold to say,

*Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.*

The Breaking of the Bread

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

Prayer of Humble Access

BCP 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Facing the people, the Celebrant says the following Invitation.

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion Hymn: *Blessed Jesus at Thy Word*

Hymn 440

Post Communion Prayer

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior, Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Announcements

Girl Scout Cookie Sales at St. Alban's after Worship Today: Girl Scouts from Troop 46254 will be in the Parish Hall March 1st after worship for both services and they come bearing cookies. Please support our St. Alban's home troop if you plan on stocking up on your favorite cookies!

Lenten Soup Suppers & Spiritual Disciplines Lenten Series each Wednesday during Lent: Join us each Wednesday throughout Lent for our Lenten Soup Suppers and Program. This year's series is an exploration of spiritual disciplines, based on Richard Foster's book, *Celebration of Discipline: The Path to Spiritual Growth*. We will discuss Interior Disciplines like Meditation, Prayer, Fasting, Study, and Exterior Disciplines like Simplicity, Solitude, Service, Confession, Worship, and more. We'll also include some insights in each of the disciplines from mystics old and new. As is our practice we begin with **Evening Prayer at 6:00pm** in the sanctuary, followed by **dinner at 6:30 pm** and **discussion is at 7:00 pm**. Please join us for this engaging series. There are sign-up sheets in the parish hall for those who can provide soup, salad, bread, dessert, drink, or help set-up and clean-up.

ECW Coffee March 7th at 10:30am: Be sure to join in on Saturday, March 7, 10:30-12pm for the next ECW Coffee. Susan Hanson will be our featured speaker as she talks about her recent trip through southern France, the Basque and Northern Spain. She always gives us a great armchair trip! Used Book Sale ~ Also at this gathering, we will be offering for sale books that various members have read and enjoyed. Please go through your pile of books and bring some of them to donate to ECW for sale at "special, one-day-only" prices. These cold winter days are perfect for losing yourself in a good book!! Proceeds will be used by ECW for future events at our ECW social gatherings. Coffee, tea and light refreshments will be offered.

LGBTQ+ task force invites survey input by March 15th: Episcopalians are invited to complete a 15- to 20-minute survey offered by the Task Force on LGBTQ+ Inclusion to help the church better understand how it honors the dignity of all people and where work remains to be done. Members across the church—those who are LGBTQ+ and those who are not—are encouraged to share about their experiences with pastoral care, sacramental access, representation in leadership, and institutional accountability. Learn more and complete the survey, by March 15th at https://covidreligionstudy.qualtrics.com/jfe/form/SV_5u8nLLFaYZ16ZGS?mc_cid=faead31266&mc_eid=c89aad99a2

And the Recipients Are: Thank you everyone who voted for the 3rd week Outreach Basket recipients for the next 4 quarters. Following are the organizations we have chosen:

- 2nd Quarter—Washington Kids in Transition
- 3rd Quarter—Pathways for Women
- 4th Quarter—Housing Hope
- 1st Quarter, 2027—Compass Health