

AROUND THE PARISH

May 3, 2024

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

WELCOME TO PASTOR DAVID HAHN

as he joins our St. Alban's family
during Fr. Greg's sabbatical absence.



Fr. Greg Peters

SUNDAY – May 5

Easter 5 – Rogation Sunday

8:00 & 10:30am, In-person, Indoor Services. Masking is currently voluntary; those who prefer to continue wearing their masks are encouraged to do so.

9:15am, Adult Bible study, Annex & Zoom

<https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNBmk1SW1PUXFybmdpMXNYdz09>

Meeting ID: 865 4599 2628 Passcode: SeekFirst

2:00-5:00pm, Templo Emanuel, Parish Hall

Go to <https://stalbansedmonds.org/> and click on either YouTube for Facebook to watch service online.

NOTE: No Facebook account? Watch the Sunday service on YouTube or later as a video on Facebook

Some Sabbatical things I'm looking forward to:

Bike rides with no particular destination and for no particular reason.

Going to church with Erika and Sarah.

The night sky unencumbered by light pollution.

No motors.

The Great Plains in Spring.

The Rocky Mountains in Spring.

Loons and Sandhill Cranes

Tending to our fruit trees.

Decluttering my workshop, my desk, my mind.

Writing letters.

Building things.

Reading poetry.

Steven Charleston's *The Four Vision Quests of Jesus* as inspiration for renewed purpose.

Reggie William's *Bonhoeffer's Black Jesus* as guidance and courage.

Samuel Torvend's *Monastic Ecological Wisdom* for insights about how we might better shape our community towards wholeness and healing.

The Wisdom Literature in the Hebrew Bible and the Apocrypha.

Meditating knee-deep in mountain streams.

Biergartens

Times with friends and family.

Listening.

UPCOMING ACTIVITIES

5/4 11:00am-1:00pm, Food Bank Collection
2:00-5:00pm, David Lange Celebration of Life, PH

5/6 7:00pm, Boy Scouts, Parish Hall

5/7 4:00-6:00pm, Girl Scouts, Parish Hall

5/8 3:00-4:30pm, Food Distribution, Parking Lot
6:00pm, Evening Prayer, Facebook

5/9 7:00-9:00pm, Templo Emanuel, Sanctuary

5/10 7:00-8:30pm, Templo Emanuel, Sanctuary

5/11 10:30am-12:00pm, ECW Fellowship Coffee
9:00am, Men's Circle, 3rd Place Commons, LF Park

A Prayer for Fr. Greg as He Begins His Sabbatical

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve Greg as he takes his sabbatical; may it be a time of rest and renewal; surround him with your loving care; protect him from every danger; and bring him in safety to his journey's end through Jesus Christ our Lord. Amen

Not speaking.

Thinking.

Not Thinking.

Silence.

ROGATION SUNDAY – MAY 5

Eric Hanson

Rogation Sunday is an ancient church festival. For three days there would be prayer, fasting, and walking the Parish boundaries, blessing the newly sown fields, asking God for a good harvest. As we are no longer primarily an agrarian society, Rogationtide extends to all our endeavors.

Please bring a symbol of your calling, your vocation, whatever you do/did as a career or vocation, and we will ask God to bless our work. Please lay your symbol on the altar.

NAME TAGS



Let's all get in the habit of wearing our name tags to make it easier for Pastor David to get to know us. He will also be wearing a name tag. And if anyone has taken theirs home and can't find it, if you will let Judy Fleenor know (jsfzeel11@gmail.com), she will be happy to make you a new one. Thanks.

In Loving Memory

Our beloved sister in Christ, **Jackie Leake**, died on April 30. She has been in fragile health for the past several years and had recently entered hospice care.

Jackie was a long-time, faithful member of St. Alban's, was very devoted and supportive of church events and activities and a member of Altar Guild for a number of years. Jackie had a heart for those who were in need of food support and was a staunch supporter of our food drives.

On Sunday, April 28, Fr. Greg was able to meet with Jackie, daughters Nelda and Jenny, and a few other family members. They held her hands, prayed Last Rites, and she was anointed with oil to remind her of her baptism.

At this time, plans are being worked out for Jackie's service when Fr. Greg returns from his sabbatical. We will keep you advised as to when that will be held. If you wish to send a card to the family,

please use Jackie's address, where she was living with her daughter: 21700 2nd Place W, Bothell, WA 98021



Our first food drive this year is on **Saturday, May 4, 11:00am-1:00pm**. We have an opportunity to assist the many people in our neighborhood who depend upon food banks to feed themselves and their families. We all know the need is great, and we can do our part in following Jesus' command in caring for others by feeding his sheep.

Donations to the Food Bank table in the Parish Hall can be made any time. Contributions of money can also be made easily – cash or check in the outreach basket weekly.

All non-perishable foods are welcome – beans, spaghetti and sauce, canned fruits or vegetables, soup, canned tuna or chicken, cereal, Spaghetti-Os, mac and cheese, etc.

Join Lee Forsberg and his troops this Saturday. Let's make life better and hopeful for as many people as we can!

REPORT FROM THE VESTRY RETREAT

By Liz Bee, Senior Warden

On Saturday, April 27th the Vestry met at the American Legion Hall in Edmonds for a one-day retreat.

Here are the highlights:

- We scheduled the Congregational Vitality Assessment for May 29 to June 12th
- We discussed worst case scenarios while Fr. Greg is on sabbatical
- We have a committee investigating the possibility of adding a charging station for electric vehicles in our parking lot
- Discussed the budget deficit and ways to increase our income, such as using Square for donations and payments at events
- Discussed opening our facilities for other groups to use such as Alcoholics Anonymous
- Theresa Chase is spearheading adding an area for our toddlers in church

- Identified the need to live-stream the 9am Sunday Bible study class
- Fr. Greg noted his desire to lead an Episcopalian 101 class for people joining us from other faith traditions
- We discussed creating “house groups” to build stronger relationships within our congregation
- New activities were suggested to increase our engagement with our community

It was a busy and productive day. Your vestry is working for you. If you have ideas you'd like to share, please talk with any member of our vestry.

**Celebration of Life for Davd Lange
(Carrie Cone's husband)**

Please join us for a celebration of life for Dave Lange, Carrie Cone's husband, on Saturday, May 4, from 2:00-5:00pm in the Parish Hall. All are welcome. Dave died peacefully on April 29, 2024, after several years of living with ALS.



MEN'S CIRCLE GATHERING

Jim Gilman

Men of St. Alban's – You are invited to join a Men's Circle gathering on **Saturday, May 11, at 9:30am**, at Third Place Commons in Lake Forest Park. This is an opportunity to meet people new to you and/or to spend some fellowship time with other men you see at church. Coffee and snacks are available at the café, or you can bring your own. Join us for good conversation support, and fellowship.



JOIN US FOR ECW COFFEE

The ECW Coffee and fellowship on **Saturday, May 11, 10:30am-12:00pm**, will feature a travel presentation by Pat Chandler and her daughter

Shannon Roeder. They will share some photos from their trip last fall – “From Prague to Budapest and Highlights of their Boat Cruise.”

Come and join us for some good conversation, light refreshments and great armchair traveling.

THANK YOU FOR PRAYERS

Parishioner Mary Fowler

My daughter, Cindy, has been on St. Alban's prayer list for several months as she has battled breast cancer. She has recovered from her mastectomy and has completed her chemotherapy. Cindy and the Fowler family thank the congregation for your prayers and support. Cindy is doing well, and we thank God for his blessings, and you for your prayers.



Our next Soup Supper is scheduled for **Wednesday, May 15, 6:00pm**, beginning with Evening Prayer in the Sanctuary and on Face Book. Supper begins at 6:30pm followed by our program. We will continue with our “getting to know you” theme.

As you are able, please bring soup, salad, bread, and/or dessert. There is always plenty of good food, so please come with or without supper contribution!



DISCRETIONARY FUND NEEDS HELP!

Jim Gilman

The people of St. Alban's have been incredibly generous with their resources and continue to fund our discretionary account. Over the last year the number of needy local people—homeless, hungry, underemployed—has increased; and so also has the drain on our Discretionary Fund that assists those in need.

A couple of weeks ago (April 15), St. Alban's received the following “Thank You” note from a previously homeless (living in her car) lady, Kristin, who we helped pay for affordable housing. She wrote:

I am so grateful for your help with my rent. You are part of the team that got me a home! For the first time

in 5 years me and Odie [her dog] have a safe place to live. I am so grateful. The generosity of your community is definitely doing God's work.

All the best. Kristin

Kristin now has a job. Thank you, St. Alban's, for your continuing generosity. As Jesus says (Matthew 25) when you help "the least of these," the poor and needy, you are helping me. Kristin's note is posted in the foyer.

Donations to the Discretionary Fund are made with the 2nd week basket, but can be made at any time. Just put "Discretionary" on the memo line of a check or on our donation envelope.



2nd QUARTER BASKET DONATIONS

3rd Week Outreach

Habitat for Humanity is a nonprofit housing developer for low-income families. They have built, renovated, and repaired more than 45 homes in partnership with Snohomish County businesses, community groups and homeowners. Donations this quarter to Habitat will support our future Habitat Builds.

4th Week International Relief

World Vision responds quickly to humanitarian crises worldwide, ensuring access to critical necessities like food, clean water, hygiene and cooking kits, cash vouchers, child protection services, and more. They are committed to protecting children and other vulnerable people, even in the most challenging environments.



CAN YOU HELP B&G ON OCCASION?

Our multi-talented Phil McClelland is the Vestry Junior Warden for Buildings & Grounds. That does not mean he does (or should do) the maintenance of St. Alban's facility by himself.

There are a lot of tasks falling to Buildings & Grounds, many needing routine attention and others in response to needs. Phil is in great need of parishioners who will step in to help keep our buildings and grounds in good order. Many tasks can be done on the

volunteers' own time; some with Phil, some with other helpers, and some can be done at your convenience.

Please consider volunteering for this important work around our church. You can talk to Phil at church or call him at 425-446-2355. Your assistance will be very much appreciated!

PARISH DIRECTORY UPDATE

Carrie M. Cone

18511 58th Ave NE

Kenmore, WA 98028

206-331-8399

cmconeatthebech@gmail.com



MINISTRY FOCUS

(What and How We Operate)

Prayers of the People are during the Sunday worship service; submit requests to Sheilah Reidburn by Tuesday morning at 10:00am.

Prayer Chain - A number of people pray for members of the congregation, friends, relatives as requested. If you would like to be one of the people praying for others, contact Sheilah Reidburn at kiwicat1@gmail.com or 425-745-1390.

Prayer Shawls are blessed and are available to those needing comfort during challenging times. Carol Sodemani, Shirley Clark, Sheilah Reidburn are faithful knitters. Contact Sheilah Reidburn, or Shirley Clark (shirleysee51@gmail.com)



ONLINE DONATIONS

Did you know that making donations to St. Alban's is available on our website? All you have to do is go to www.StAlbansEdmonds.org and click on the "Giving" box on the top right hand side. Next, click on "Donate Now." You can donate either via credit card or from a bank account. And you can either do it one time or set up ongoing donations.

Opportunities are also available to donate to a variety of categories, such as our weekly baskets or flowers for the altar. Although there are costs associated with online giving, the costs are minor compared to the convenience for people who may not have cash or checks easily available.

Another option for people with bank accounts is to have your financial institution send a check to the church. Most institutions don't charge for sending checks. The church's address is 21405 82nd Pl W, Edmonds 98026. Again, you can do this one time or set up the frequency that works for you.



HEAL THYSELF: SPIRITUAL PRACTICES THAT LEAD US INTO JOY

Rev. Erin Jean Warde

Heal Thyself: Spiritual Practices that Lead Us into Joy with the Rev. Erin Jean Warde

The Wisdom School at Saint Mark's presents a Saturday morning workshop on rest, creativity, and joy. Author of *Sober Spirituality*, spiritual director and life coach, **the Rev. Erin Jean Warde** will guide this day retreat exploring spiritual healing in mind, body, and soul. She offers: *"Together we will learn how community, creativity, rest, and joy can care for us when we are struggling, whether that's with mental health challenges, the inevitabilities of being alive, or with habits that don't serve us."*

The day will explore barriers to feeling joy and fulfillment and how to make small, accessible life changes to care for ourselves, even in overwhelming times.

SATURDAY, MAY 4, 2024, 9:30 A.M.–12:30 P.M., in Bloedel Hall and via Zoom. Registration required. Fee for the Saturday Workshop: \$15 (for both online and in-person participants). Partial scholarships available.



SPIRITUALITY AND GARDENING

For many years Christine and Tom Sine attended St. Alban's. They are both authors of many books. Now Christine has a class available through [ChurchNext](#). ChurchNext is a wonderful resource for self-paced online classes that can be taken as an individual or a group. Christine's class is available for individuals for only \$10.

Spirituality and Gardening: God is a gardener. So, what better place to meet God than on God's own turf? In this class, leader Christine Sine makes connections and offers deep insights into gardening and our experience of God. You can take the class as an individual or gather the Garden Club for a group class.

ST. LUKE'S AFFORDABLE HOUSING (A BRIDGE Housing Community) Friday, May 17, 2024, 10:00-11:00am

You are invited to attend the groundbreaking of St. Luke's 84 affordable family apartments to the Ballard neighborhood. Developed in partnership with St. Luke's Episcopal Church, this new eight-story project is the result of a community-driven effort to bring affordable housing to a desirable and growing area.

St. Luke's will consist of studio, one-, two-, and three-bedroom apartment homes and will be affordable to households earning 60% AMI and below for the City of Seattle. Planned amenities include a community room, bike storage, resident services, shared laundries, and a rooftop deck and play area.

STEWARDSHIP REFLECTIONS

MAY 5 – EASTER 6

On a much more trivial scale, can you remember the child-like elation of being chosen for a team, for a part in a play, for a special class project? Shouldn't it be a natural and gladsome thing, then, to love and serve the Holy One, the Creator of the Universe, who first loved and chose you as special to Him?

MAY 12 – EASTER 7

Part of Acts:1 talks about the naming of a new apostle to replace Judas. The Disciples named two men who "went in and out among us," and asked God, who knows all hearts, to assist them in their choice. Suppose you were in that situation today. What in your heart would tell God about your love and giving and service to Him?

SCRIPTURE READINGS

MAY 5 – EASTER 6

Acts 10:44-48

Psalm 98

1 John 5:1-6

John 15:9-17

Collect for Easter 6

O God, you have prepared for those who love you such good things as surpass our understanding: Pour into our hearts such love towards you, that we, loving You in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen

MAY 12 – EASTER 7

Acts 1:15-17, 21-26

Psalm 1

1 John 5:9-13

John 17:6-19



Contributed by Shirley Clark

WEEKLY SUNDAY BASKET OFFERINGS

1st week—Food Bank

2nd week—Discretionary Fund

3rd week—Outreach

4th week—International Relief

5th Week—Indigenous Women Support

ST. ALBAN'S CURRENT OFFICE HOURS

Monday 10:30 - 12:30pm; 2:00 - 4:00 pm

Wednesday 2:00 - 4:00pm

Friday 10:30 - 12:30pm; 2:00 - 4:00 pm

Please contact the Office, (425) 778-0371 or stalbansedmonds@gmail.com to make an appointment. In case of something urgent or an emergency, please call Liz Bee at 206-795-5594.

PRAYER MINISTRIES

Contact Sheilah Reidburn at sheilahreidburn@comcast.net or 206-427-1920, or Shirley Clark at (shirleysee51@gmail.com)

Prayers of the People:

Prayers of the People are used during Sunday worship.

Prayer Chain:

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

Prayer Shawls:

Prayer shawls are available for those in need of comfort during challenging times.

NOTE: Fr. Greg is currently on Sabbatical Leave. For emergency or other inquiries, please contact:

Administrative/Business: Liz Bee, Senior Warden, eabee@juno.com, 206-795-5594

Pastoral Care: Jim Gilman

Discretionary Fund: Dan Mullene, Jim Gilman

Church Office: stalbansedmonds@gmail.com or 425-778-0371

Sabbatical Pastor: Pastor David Hahn

CHURCH PLEDGES & DONATIONS

Please continue donations and pledges by:

*Mail check – 21405 82nd Pl W, Edmonds, WA 98926

*Drop off through slot in Fr. Greg's door.

*Bank Bill Pay – have bank send check to St. Alban's

*Online, go to www.StAlbansEdmonds.org and click on "Donate Now."

