

AROUND THE PARISH

March 15, 2024

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

SUNDAY – March 17

5th Sunday of Lent

8:00 & 10:30am, In-person, Indoor Services. Masking is currently voluntary; those who prefer to continue wearing their masks are encouraged to do so.

9:15am, Adult Bible study, Annex & Zoom

<https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNbmk1SW1PUXFybmdpMXNYdz09>

Meeting ID: 865 4599 2628 Passcode: SeekFirst

2:00-5:00pm, Templo Emanuel, Parish Hall

Go to <https://stalbansedmonds.org/> and click on either YouTube for Facebook to watch service online.

NOTE: No Facebook account? Watch the Sunday service on YouTube or later as a video on Facebook



Fr. Greg Peters

The Vestry met last Sunday evening, March 10, for our monthly meeting.

Meeting on Sunday is a new thing for us; new, at least, to me while serving in this congregation. We decided to alternate our meeting days between Sunday and Monday nights on a monthly basis to accommodate the work schedules of two of our Vestry members.

Here's what we accomplished:

1. Over a year ago, Colyn LaVergne presented his Eagle Scout Project to the Vestry. Since then, seven new members have been elected; they knew nothing or very little about the project. Colyn reviewed his proposal (to pour a concrete sidewalk between the backdoor on the southside of the Education Building and the existing sidewalk on the westside) and to ask about finding ways to raise the funds necessary to complete it.

Vestry members were enthusiastic about the project (as the previous Vestry had been) and offered several suggestions about how to solicit building materials from local suppliers and to raise any remaining funds from our congregation.

Vestry asks that parishioners be generous toward Colyn when he asks for support in the next few weeks.

2. Jan Skidmore reminded Vestry members that they are required to complete the Safe Church Training offered by the diocese. We decided that those who need the training would do so by May 1.

[Subsequent to this discussion, I am taking upon myself to remind congregational members that it is our church's and our diocese's policy that everyone who works with children or vulnerable adults or who has a key to the church's building be current with Safe Church Training and have their certificate on file with Jeannie Wells in the Church Office.

If you need to renew or get the training, it is available through the diocese at <https://ecww.org/safeguarding-online/>. The training,

UPCOMING ACTIVITIES

3/16 10:30am-12:30pm, Indigenous Circle, Parish Hall
2:00pm, Girl Scouts, Parish Hall

3/18 7:00pm, Boy Scouts, Parish Hall

3/19 4:00-6:00pm, Girl Scouts, Parish Hall

3/20 6:00pm, Evening Prayer, Sanctuary/Facebook
6:30pm, Soup Supper & Lenten Program

3/21 1:00-3:00pm, Small Group Mtg, Parish Hall
7:00-9:00pm, Templo Emanuel, Sanctuary

3/22 7:00-8:30pm, Templo Emanuel, Sanctuary

3/23 Habitat Build, Everett
Boy Scout Troop Clean-up of Church Grounds

HOLY WEEK & EASTER SCHEDULE ON Pg 2

An Irish Prayer:

May God give you, For every storm, a rainbow,
For every tear, a smile,
For every care, a promise,
And a blessing in each trial.
For every problem life sends, A faithful friend to share,
For every sigh, a sweet song,
And an answer for each prayer.



which is offered only on-line, is presented in nine different segments that can be completed separately according to individual time constraints. Assistance can be arranged for those who have limited or no internet access. Please contact me about that.]

3. We spent a good deal of time discussing how we can build connections between our congregation and our two nearest Episcopal neighbors, St. David's, Shoreline, and St. Hilda's/St. Patrick's, Edmonds. As you know, we have begun some of this already with St. Hilda's/St. Patrick's. St. David's has a new Vicar, Joseph Wolyniak, who is interested in building community with other nearby Episcopal churches.

Vestry members were enthusiastic about these prospects. They also noted the importance of both inviting these other congregations to our events *and* accepting invitations to theirs! Following up on that, I have invited both congregations to our Easter Egg Hunt on Saturday, March 30, and to the screening of the Philadelphia Eleven that we have scheduled on Saturday, April 6.

A long-standing emphasis of our diocese is on networked congregations. Collaborating, being mutually supportive, promoting each other's efforts and projects, building community among individuals and congregations are all part of this goal. The work we have begun with our neighboring congregations fits neatly into the spirit of this diocesan goal.



SOUP SUPPER #5 – WEDNESDAY, MARCH 20

Join in the fellowship of our Lenten Soup Supper on **Wednesday, March 20, beginning at 6:00pm with Evening Prayer, supper at 6:30pm, followed by our Lenten Study, and ending with Compline at 8:00pm.**

This year's Lenten program has two objectives – to prepare those who are not already baptized for baptism, and to make renewal of our baptismal vows more meaningful for those who are baptized. We are studying the baptismal covenant and vows using a Forward Movement publication as our guide. If you wish to be baptized, please contact Fr. Greg.

Our Soup Supper consists of soup, salad, bread, and dessert. If you are able, please bring one of these items to share. There is always plenty of food.

Holy Week and Easter Services



Come Worship With Us!

March 24, Palm Sunday

8:00am, Eucharist, In Person
10:30am, Eucharist, In Person/Live Streamed
Easter Egg stuffing after each service.

March 25, Monday in Holy Week

6:00pm, Evening Prayer, Facebook only

March 26, Tuesday in Holy Week

6:00pm, Evening Prayer, Facebook only

March 27, Tenebrae (Psalms & Lessons)

6:00pm, In Person/Facebook

March 28, Maundy Thursday

6:00pm, Agape Supper with Eucharist, Foot/Hand Washing, Stripping of Altar
(In Person only)

March 29, Good Friday

12:00pm, Service, In Person/Live Streamed
6:00pm, Service, In Person only
12:00-6:00pm, Stations of Cross, Labyrinth

March 30, Holy Saturday

12:00pm, Meditative Service, Facebook only
7:45pm, Easter Vigil, In Person/Live Streamed

March 30, Easter Egg Hunt, 2:00pm

March 31, Easter Sunday

8:00am, Eucharist, In Person only
10:30am, Eucharist, In Person/Live streamed



MAUNDY THURSDAY AGAPE POTLUCK, March 28, 6:00pm

Please join us for our Maundy Thursday Agape Potluck. The culinary theme of our meal will be Eastern Mediterranean. The main course of baked chicken will be provided along with a variety of beverages. You are invited to bring salads, sides, desserts (and other beverages of your preference)

that go along with our theme. There is a sign-up sheet in the Parish Hall.

This is a very special and meaningful evening of fellowship, sharing and worship you won't want to miss!



CONTRIBUTE TO EASTER FLOWERS

There are donation envelopes in the pews for those who wish to contribute to the beautification of our Sanctuary to celebrate Jesus' resurrection. Included on the envelope is a space for your flower dedication, which can be in memory of someone, in thanksgiving, or to honor a special occasion. Dedication information is needed by **Sunday, March 17**, to be included in the Easter bulletins. Please indicate "Easter Flowers" on your check.



EASTER EGG HUNT – SATURDAY, MARCH 30

Our Easter Egg Hunt is scheduled for **Saturday, March 30, at 2:00pm**. The actual egg hunt begins at 2:00pm, but if you are able to help, please arrive at 1:00pm. Come have fun by helping set out the eggs for children to find.

The congregation is invited to help stuff the Easter eggs on **Palm Sunday, March 24**, in the Parish Hall after each service. We have enough plastic eggs, but are still in need of **wrapped** candies. (Please note, we can only use wrapped candies.)

Please invite your family, friends, and neighbors to join in the fun. This is another opportunity for fellowship and the joy of watching delighted children hunt for Easter Eggs. Your assistance is very much appreciated! Please contact Shannon Duggan with questions or comments.

REPORT ON CRA RESTORE -WHOLENESS SEMINAR

Shirley Wilson

The Seminar was held at Seabeck on March 1, 2, and 3. Three of us attended from St. Alban's, and we all came back with smiles on our faces, rejoicing in a

successful adventure in healing. I give thanks to Rita Bennett for leaving us this legacy, with an opportunity for anyone connected to St. Alban's, to attend these seminars free of charge.

There will be other opportunities held in the future. I will keep you posted. If you are interested in the inner healing prayer ministry, please let me know. I would love to discuss it with you. Shirley Wilson, 206-542-2944 or wilsaw@comcast.net.

Our problem is that we expect – we demand – that God will come to us as we expect God to come to us. We expect to find God in church, for instance, or in sorrow, maybe, or in success surely. If that doesn't happen, we say that God is absent when it is simply that God is waiting for us some place else.

Sister Joan Chittister, The Monastic Way



ECW COFFEE & FELLOWSHIP

Our featured speaker at the recent ECW gathering on March 9 was Jeannie Burpee who showed pictures and shared her trip last fall to the Canadian Maritimes. She had some beautiful photos, kept us informed of where we were and where we were going with a map of the areas she visited. Jeannie also discussed the history and culture of the places and people met along the way and shared some personal connections with the places visited. Thanks for a very interesting and informative tour!!

MARCH LIAISON REPORTS TO VESTRY

Jan Skidmore, People's Warden

***Administration** – Jeannie Wells – Holy Week is just around the corner, and she has lined up several trusty volunteers, who without, we just could not do it all.

***Building & Grounds** – Colyn LaVergne's Eagle Scout Project is approved and being done.

***Church Directory** - We have produced a new directory for church members. Copies are available in the Parish Hall.

***Faith Formation - Adult Bible Study**, Sundays at 9:15am in the Annex. You are welcome any Sunday.

The Women's Bible Study meets on alternate Thursday afternoons and is studying the book of Genesis during Lent.

***Hospitality** - Need more people to provide goodies at Coffee Hour. Hosting a Bingo Night is being considered.

***V/Streaming** – Phil McClelland – Need another camera which would greatly improve what viewers see and what is recorded. Cost is approximately \$2,000.

***Website/Constant Contact** - Getting the weekly worship info up on the website is a priority and sending out short-fused Constant Contacts.



MINISTRY FOCUS – REPORT #3
(What and How We Operate)

Jan Skidmore, People's Warden

Adult Education – Eric Hanson leads a weekly Bible Study group each Sunday at 9:15-10:00am in the Annex. Anyone may attend on any Sunday.

Children's Education – Shannon Dugan, Director of Children's Education, is present every Sunday to welcome children.

Labyrinth - Our labyrinth is available, not only to church members, but also for anyone including neighbors and other visitors, who may come to be mindful and walk the labyrinth.

Lenten Series – Fr .Greg determines the subject each Lenten season.

UPDATE ON

PRESIDING BISHOP MICHAEL CURRY

Presiding Bishop Michael Curry underwent a procedure on March 1 to implant a pacemaker as part of his ongoing treatment for atrial fibrillation. The surgery was successful, and he was discharged from the hospital on March 2. He is recuperating at home.

Bishop Curry will continue tending to light-duty work tasks until released to travel and increase his duties.

Please continue to Pray for Bishop Curry, his family, and his medical team.

1ST WEEK FOOD BANK DONATIONS

Recently we sent \$975 each to the Edmonds, Mountlake Terrace and Lynnwood Foodbanks from the donations that we have received between October and March from the 1st week basket donations. The people served by these foodbanks benefit from our support. Thank you!

PHILADELPHIA ELEVEN
Film Screening at St. Alban's
Saturday, April 6, 3:00pm



Please join us for a screening of *The Philadelphia Eleven*. This film tells a story that continues to resonate today as women seeking ordination continue to face resistance, disrespect and exclusion from roles reserved by men for men. The documentary explores the lives of these remarkable women who succeeded in transforming an age-old institution despite the threats to their personal safety and the risk of rejection by the church they loved.

Consider inviting family, friends, or neighbors to join us.

EAGLE SCOUT PROJECT

Colyn LaVergne, our 10:30am Crucifer, is a junior at Lynnwood High School. He is working toward his Eagle Scout designation, which needs to be completed in the next three months before he ages out at 18. He has been working diligently to finish the prerequisite merit badges before he could start his Eagle project.

Colyn has obtained permission from Vestry for his project of extending the path on the south side of the Preschool to permit wheelchair access. The project is estimated at \$500 and consists of removing the current concrete pad, leveling the dirt, constructing pathway forms, and finally pouring new concrete.

Colyn has also received Vestry permission to request parishioner donations to make his project possible. He would very much appreciate contributions from the congregation for this purpose. If you are able to help, you can give money directly to Colyn or to the church (designate "Eagle Scout Project").



Your hands are exactly what is needed!!!

Not everyone can stay for coffee – every week, occasionally, or perhaps not at all. But for those who do, that bit of fellowship time is one of the things they look forward to on Sunday at St. Alban's.

We have several volunteers who provide treats on occasion or donate money to the Coffee Basket on the table. Everyone appreciates having these goodies available.

However, we can always use help in cleaning up the Parish Hall tables and kitchen after Sunday coffee. You can either sign up in advance or just pitch in and help. Your assistance will be greatly appreciated.



SARRI GILMAN, FOUNDER OF COCOON HOUSE

NOTE: Cocoon House in Everett has been one of our Outreach organizations several times over the past years. In fact, it will receive our Outreach donations for the third quarter 2024.

Sarri Gilman is a Whidbey Island author and therapist. She is also the founder of Cocoon House in Everett. She has a private practice on Whidbey Island and teaches workshops around the world based on her books on boundaries, self-care, and recovery for people in health care, human services, and education.

She noticed a problem – many of the teenage students attending the Everett school where she worked had nowhere to go at night. She then realized they were victims of a devastating loophole in the state’s system, which provided housing for younger children and homeless adults, but had no space for teens.

Ms. Gilman was unable to turn her back on this problem unfolding around her. She became the executive director of the nonprofit organization, Cocoon House. It continues to serve as a home for the most vulnerable teens in her community, giving them the chance to find stability and a new lease on life.

Ms. Gilman will be reading from her book “Cocoon” at the Edmonds Bookshop at 6:00pm, Thursday, March 21, during Art Walk Edmonds.

More information is available:

www.sarrigilman.com/edmondsbookshop.com.

(Source: Edmonds Beacon Publishing)

HABITAT FOR HUMANITY

Jim Gilman



Note: Habit for Humanity is another organization that St. Alban’s has supported for several years through our Outreach program. It was recently chosen for our Outreach donations in the second quarter 2024.

Habitat for Humanity builds and restores houses with the help of volunteers. St. Alban’s has been invited to help with a Build, which is the restoration and rehabilitation of a house in Everett. No skills are necessary for volunteers. Five volunteers is as large a group as can be accommodated for this Build.

If you are interested in helping with this project on **March 23, all day**, please contact Jim Gilman (425-409-1374 or namlig74@gmail.com). Additionally, there are volunteer opportunities at the Habitat Store located in Lynnwood at SR99 and 169th.

CHASE LAKE GOODWILL EVENT

Chase Lake is having a community fundraising event with Goodwill. Please see items accepted. This might be motivation to take advantage of donating items as well as helping Chase Lake School.

Place: Chase Lake Community School

(Side Parking Lot)

Day: Sunday, March 24, 2024

Time: 2:00-5:00pm

Items Accepted:

Please pre-sort into these categories.

- housewares
- electronics
- books & media
- toys/sports
- accessories
- textiles & linens in bags
- shoes (rubber banded)

STEWARDSHIP REFLECTIONS

MARCH 17 – LENT 5

“Whoever serves me must follow me and where I am, there will my servant be also.” What a blueprint for a steward to follow! Love the Lord, follow and serve Him, and reflect His immeasurable love to all whose lives touch yours – and a rewarding life both now and eternally is God’s promise!

MARCH 24 – PALM SUNDAY

Psalm 31:16 says, *“Make your face to shine upon your servant, and in your loving kindness save me.”* And our ever-loving God reaches out with all His mercy, time after time, to bring help and consolation to those who put their whole trust in Him as faithful stewards of his blessings and gifts.

SCRIPTURE READINGS

MARCH 17 – LENT 5

Jeremiah 31:31-34

Psalms 51:1-13 or Psalm 119:9-16

Hebrews 5:5-10

John 12:20-33

Collect for Lent 5

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

MARCH 24 – PALM SUNDAY

Isaiah 50:4-9a

Psalms 31:9-16

Philippians 2:5-11 or Mark 15:1-39, (40-47)

Mark 14:1-15:47 or 15:1-39, (40-47)

CHURCH PLEDGES & DONATIONS

Please continue donations and pledges by:

*Mail check – 21405 82nd Pl W, Edmonds, WA 98926

*Drop off through slot in Fr. Greg's door.

*Bank Bill Pay – have bank send check to St. Alban's

*Online, go to www.StAlbansEdmonds.org and click on "Donate Now."

WEEKLY SUNDAY BASKET OFFERINGS

1st week—Food Bank

2nd week—Discretionary Fund

3rd week—Outreach

4th week—International Relief

5th Week—Indigenous Women Support

ST. ALBAN'S CURRENT OFFICE HOURS

Monday 10:30 - 12:30pm; 2:00 - 4:00 pm

Wednesday 2:00 - 4:00pm

Friday 10:30 - 12:30pm; 2:00 - 4:00 pm

Please contact the Office, (425) 778-0371 or

stalbansedmonds@gmail.com to make an appointment.

In case of something urgent or an emergency, please call Greg Peters on his cellphone at (206) 778-1506.

GREG'S OFFICE HOURS

Monday, Tuesday, Thursday 8:30am – 2:30 pm, Home

Wednesday Church Office – 10:00am – 2:00 pm

(Available by appointment)

Via email: gwpeters.stalbansedmonds@gmail.com

Cell: 206-778-1506

SUNDAYS--after church coffee hour until 2:00pm

(Available by appointment)

PRAYER MINISTRIES

Contact Sheilah Reidburn at sheilahreidburn@comcast.net or 206-427-1920.

Prayers of the People:

Prayers of the People are used during Sunday worship.

Prayer Chain:

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

Prayer Shawls:

Prayer shawls are available for those in need of comfort during challenging times.

*There is no greater story
than that of Easter and
the heroic work of our
Savior, Jesus Christ.
He came to do what we
could not do ourselves.*

~ Dr. James Dobson

