

AROUND THE PARISH

June 21, 2023

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

SUNDAY – June 23

Pentecost 5

8:00 & 10:30am, In-person, Indoor Services. Masking is no longer required, but is strongly recommended.

**9:15am, Adult Bible study, Annex & Zoom
Pastor David Hahn**

<https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNBmk1SW1PUXFybmdpMXNYdz09>

Meeting ID: 865 4599 2628 Passcode: SeekFirst

2:00-5:00pm, Templo Emanuel, Parish Hall

NOTE: No Facebook account? Watch the Sunday service on YouTube or later as a video on Facebook

INTRODUCING LUTHERAN LITURGICAL LANGUAGE

Father Greg has invited our supply Pastor David Hahn to introduce Lutheran liturgical language in our worship after a few weeks of his time with us.

Starting July 1, and through the remaining duration of Pastor David's time with us, the language change will happen. We pray this opens our ears and hearts in new and creative ways to worshiping in the Spirit of Christ. We are grateful for your willingness to experiment during this season.



LET'S CELEBRATE ST. ALBAN'S

Please join in the Celebration of St. Alban's on **Saturday, June 22nd, from 5:00-7:00pm**, in the Parish Hall for our annual Appetizer and Wine Party. This year we are also celebrating our 70th anniversary of being recognized as a mission by the Diocese of Olympia. Georgia LaBelle, Donna Hoffman, and Phil McClelland will be sharing some memories of our early times. Scrapbooks and other memories will also be available.

Come and enjoy some beverages and snacks and visit with fellow parishioners. Appetizers, wine, beer, and non-alcoholic beverages are provided by the Endowment Board and the Vestry. Everyone is welcome to attend. You won't want to miss this wonderful evening of fellowship, fun, and a trip down Memory Lane.

Sunday morning the celebration continues with strawberries and shortcake for Coffee Hour provided by the Endowment Board in honor of Legacy Sunday.

HIGHLIGHTING JUNETEENTH

Pastor David Hahn

On this Juneteenth, I thought I'd share a sermon highlighting the day. This is from a sermon from St. Matthew's Lutheran Church in Renton, where my wife

UPCOMING ACTIVITIES

**6/22 5:00-7:00pm, Celebration of St. Alban's, Par. Hall
Appetizers and Beverages (Setup all day)**

6/23 Legacy Sunday

6/24 7:00pm, Boy Scouts, Parish Hall

6/26 6:00pm, Evening Prayer, Facebook

6/27 7:00-9:00pm, Templo Emanuel, Sanctuary

6/28 7:00-8:30pm, Templo Emanuel, Sanctuary

**6/29 10:00-3:00pm, Parish Hall, Private Event
6:00-9:00, Private Event Parish Hall & Sanctuary
(Setup 4:30-10:00pm)**

RELAX

Lord Jesus Christ,
I breathe in the wonder of your love,
And say thank you.
I breathe in the fragrance of your life,
And say thank you.
I breathe in the joy of your presence,
And say thank you.
Thank you for love and life and presence.
Thank you for abundance and generosity and
faithfulness.
Thank you for blessings that overflow.
I breathe in and am filled with the glory that is you.
Christine Sine, Godspace

is pastor, and from Angel Joi Landry Swanson given this last Sunday. Angel has befriended, and blessed my life and faith in so many, many ways. She's a long-standing 30+ year member of St. Matthew's Renton, and the founder of Feeding Feasible Feasts-<https://feedingfeasiblefeastsllc.org>.

I invite you to make time to listen to this significant historic celebration of emancipation, as well as to imagine what further justice work we need to be doing as a Christian community.

<https://youtu.be/dKTra44z5Ss?si=R14i0YaLTIlfU8nD>



SUNDAY, JULY 7, DECLARED IN HOUSE FOOD DROP SUNDAY

The first Sunday of July – July 7 – has been declared “In House Food Drop Sunday.”

One of our missions is to help care for and support those who are in need. St. Alban's parishioners are known for aiding our neighbors with periodic food drives. **July 7 is an In House Food Drop Sunday with donations to be put on the table in the Parish Hall during church service hours. Bring your food drive donations with you and drop them off on the Parish Hall table.** There is plenty of room!

We know there are lots of people in our community whose food needs increase during the summer. Some kids miss the breakfast and lunch provided by the school districts, and/or they live too far away from school to benefit from the provided food pick-up. So, bring your non-perishable items with you on July 7 where they will be directed to those in need.

There is plenty of time for some food bank shopping before St. Alban's **July 7 In House Food Drop Table** event during church hours. Let's load up that table!



INDIGENOUS CIRCLE FIELD TRIP

Jim Gilman

On Saturday, June 15, St. Alban's Indigenous Circle took a field trip to the Hibulb Cultural Center at the

Tulalip Reservation. The troop consisted of Jeannie Burpee, Shannon Dungan, Harvey Smith, Janet Niece, Jeannie Wells, Gretchen Munsey, Claire Norris, Edwin Murphy, and Jim Gilman.

We braved the wind and rain, ate lunch at a sheltered picnic table at the Center, watched a video about the local indigenous peoples/tribes, and then spent a good bit of time listening and learning from the many exhibits. Cedar trees, salmon, canoes, orcas, are a few of the essentials for the tribes flourishing in this region. Especially important are efforts to retrieve and teach and learn native languages. The gift shop was also a magnet. What a time we had of it.



Our Hibulb field trip included the celebration of Ed Murphy's birthday.

REPORT ON INNER HEALING RETREAT AT WARM BEACH

by Shirley Wilson

Teddi Balagot and I represented St. Alban's at the Prayer Facilitators Training Level 2 Advanced Retreat last weekend. It was two days of intense training for those who want to be totally healed themselves and able to pray for others for healing as well.

There were about 20 people from different locations, including several from Canada. The training was led by Diana Ingle, President of Christian Renewal Association, started by Fr. Dennis and Rita Bennett. Diana is based in New Zealand but travels to many parts of the world teaching inner healing. We are

fortunate to have the ministry that Rita started, here at St. Albans, still based in our area where we can reap the benefits.

With the many problems we have in our world today, it's good to know how to help members of our family and community when issues arise. Besides hurtful memories in childhood, other topics included fear, anger, guilt, traumas, addictions, losses, grief, and prenatal prayer. The benefits went way beyond the learning experience. New relationships were formed, and old ones renewed. Plus, we enjoyed the magnificent countryside of our beautiful state.

The classes will be taught again in the future. I hope you will consider signing up next time the course is offered. You will be glad you did.

Inner Healing Retreat Experience

Teddi Balagot

I recently attended a two-day CRA workshop at Warm Beach, WA. It was there I met Jay at the first session a year ago. She greeted me warmly, and I assumed she was a staff member. This time we were glad to see each other. Jay stated, "You are "lighter than when I first met you!"

The next day, after our last session had ended, a member of our small group said, "You are lighter today!"

Some subjects we covered were soul healing prayer and inner transformation. Now, I had felt this, not realizing it showed on the outside.

2 Corinthians 3:17 ("Now the Lord is the Spirit, and where the Lord's Spirit is, there is freedom.")

(Participation in the CRA Workshop was made possible by the Rita Bennett Memorial Inner Healing Fund)



FOOD BANK DONATIONS

We recently received larger than normal donations to the food banks, so we were able to send checks of \$650 each to Edmonds, Lynnwood and Mountlake Terrace food banks covering donations from March through May. An additional \$440 was sent to the Edmonds Food Bank from the recent Drive-by Food Drive.

Thank you for your generosity.



MINISTRY FOCUS (What and How We Operate)

Jan Skidmore, People's Warden

Boy Scouts – Use of our facilities provides support for community organizations and events. Boy Scout Troop #300 meets here on Mondays. Over the years members have completed innumerable projects to improve our grounds.

Girl Scouts – We also support Girl Scout Troop 46255 meeting in our church on two Tuesdays per month during the school year. The members of this troop have helped with some St. Alban's events.

Social Justice - Jim Gilman leads this committee whose mission is engaging in the communities of South Snohomish County, meeting basic needs of people: school supplies, cold weather shelter, motel, gas gift cards, women's assault and murder victims, Habitat for Humanity plus others.



MAY 2024 FINANCIALS

Maryellen young, Treasurer

Income for May was \$21,965 compared to a budget of \$14,471 or \$7,494 over budget. Year-to-date income was \$87,440 compared to a budget of \$70,275 or \$17,165 over budget. We have been blessed with an unexpected donation. This gift is a reminder of the importance of connecting with people, communications, and community. Pledges also continue to run ahead of budget.

Expenses for May were \$14,617 compared to a budget of \$14,256 or \$361 over budget. Year-to-date expenses were \$81,407 compared to a budget of \$81,536 or (\$128) under budget. Utilities, but mostly gas, are running about (\$1,400) under budget, primarily because of delays in approval of anticipated new, higher rates. Parish Administrator compensation is about \$1,000 ahead of budget and is likely to increase because of additional responsibilities while Greg is on Sabbatical. The Diocesan Assessment, which is based on income received, is about \$1,400 greater than anticipated, reflecting our income being ahead of budget. Overall expenses are close to budget.

On a cash flow basis, we have received \$6,032

more than we have spent. Below is a summary about how we compare to our budget.

| | |
|------------------------------|----------|
| Total Income | \$87,440 |
| Total Budget | \$70,275 |
| Income minus Budget | \$17,165 |
| Actual Expenses | \$81,407 |
| Budget Expenses | \$81,536 |
| Expenses minus Budget | (\$128) |

BUILDINGS & GROUNDS OPERATIONS

Our Building & Grounds Junior Warden Phil McClelland is looking for parishioners who will join him as a member of the B&G team. This would involve learning about what needs to be done and how it gets done around the church, who services what, etc.

Phil is not necessarily looking for “worker bees” at this time (although that would be an added bonus). He is primarily interested in having other members learn and know what is necessary in maintaining our church building and grounds. This is not a request for you to sign up for “X” number of hours per week/month!

MORE HUMOR GROANS....

Singing in the shower is fine until you get soap in your mouth. Then it’s a soap opera.

Then there was the time that Fruit of the Loom took Hanes to court ... it was a brief case.

Once upon a time there was a King who was only 12 inches tall. He was a terrible King, but he made a great ruler.

I was struggling to understand how lightening works, and then it struck me.

My friend Jack says he can communicate with vegetables. That’s right ... Jack and the beans talk.

STEWARDSHIP REFLECTIONS

JUNE 23 – 5TH PENTECOST

When Jesus awakes and calms the sea, he says to the Disciples, “*Why are you afraid? Have you no faith?*” Good questions for the reluctant steward. Why are we so afraid to return to God a generous portion – but just a portion – of what he has so lovingly given us – everything!

JUNE 30 – 6TH PENTECOST

The woman who in desperation believed if only she could touch Jesus she would be healed was right. Jesus saw her faith and freed her from her years of (in those days) shameful illness. Those of us who can no longer touch Jesus in the flesh have no less claim to His promise to heal us (perhaps in a different way than we expected) – but we need to believe, believe, believe, and trust in His promises!

SCRIPTURE READINGS

JUNE 23 – 5TH PENTECOST

1 Samuel 17:57-18:5, 10-16
Psalm 9:9-20
2 Corinthians 6:1-13
Mark 4:35-41

Collect for 5th Pentecost

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

JUNE 30 – 6TH PENTECOST

2 Samuel 1:1,17-27
Psalm 130
2 Corinthians 8:7-15
Mark 5:21-43

NOTE: Fr. Greg is currently on Sabbatical Leave. For emergency or other inquiries, please contact:

Administrative/Business: Liz Bee, Senior Warden,
eabee@juno.com, 206-795-5594

Pastoral Care: Jim Gilman

Discretionary Fund: Dan Mullene, Jim Gilman

Church Office: stalbansedmonds@gmail.com or
425-778-0371

Sabbatical Pastor: Pastor David Hahn

CHURCH PLEDGES & DONATIONS

Please continue donations and pledges by:

- *Mail check – 21405 82nd Pl W, Edmonds, WA 98926
- *Drop off through slot in Fr. Greg's door.
- *Bank Bill Pay – have bank send check to St. Alban's
- *Online, go to www.StAlbansEdmonds.org and click on "Donate Now."

WEEKLY SUNDAY BASKET OFFERINGS

- 1st week—Food Bank
- 2nd week—Discretionary Fund
- 3rd week—Outreach
- 4th week—Ukraine Refugee Offering
- 5th Week—Indigenous Women Support

ST. ALBAN'S CURRENT OFFICE HOURS

- Monday 10:30 - 12:30pm; 2:00 – 4:00 pm
- Wednesday 2:00 - 4:00pm
- Friday 10:30 - 12:30pm; 2:00 – 4:00 pm

Please contact the Office, (425) 778-0371 or stalbansedmonds@gmail.com to make an appointment.
In case of something urgent or an emergency, please call Liz Bee at 206-795-5594.

PRAYER MINISTRIES

Contact Sheilah Reidburn at sheilahreidburn@comcast.net or 206-427-1920.

Prayers of the People:

Prayers of the People are used during Sunday worship.

Prayer Chain:

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

Prayer Shawls:

Prayer shawls are available for those in need of comfort during challenging times.

