

AROUND THE PARISH

July 26, 2024

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

SUNDAY – July 28

Pentecost 10

8:00 & 10:30am, In-person, Indoor Services. Masking is no longer required, but is strongly recommended.

9:15am, Adult Bible study, Annex & Zoom

<https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNbmk1SW1PUXFybmdpMXNYdz09>

Meeting ID: 865 4599 2628 Passcode: SeekFirst

2:00-5:00pm, Templo Emanuel, Parish Hall

NOTE: No Facebook account? Watch the Sunday service on YouTube or later as a video on Facebook

UPCOMING ACTIVITIES

7/27 8:00am-5:00pm, Templo Emanuel Children Camp

7/28 Pastor David Farewell, Special Coffee Hours

7/29 7:00pm, Boy Scouts, Parish Hall

7/31 6:00pm, Evening Prayer, Facebook

8/1 7:00-9:00pm, Templo Emanuel, Sanctuary

8/2 7:00-8:30pm, Templo Emanuel, Sanctuary

8/3 9:00am-12:00pm, Girl Scouts, Parish Hall

8/4 Return of Fr. Greg

8/11 Noon, Church Picnic with Templo Emanuel



CELEBRATE PASTOR DAVID

Join in both coffee hours after 8:00 and 10:30am services as we celebrate and give our heartfelt thanks to Pastor David Hahn for his three months with us. We greatly appreciate his teaching and preaching, his getting to know us at our Coffee Hours, his sense of humor, and his passion for ministry.



ANNUAL PICNIC – SUNDAY, AUGUST 11

Our Church Picnic is only two weeks away – Sunday, August 11, after both services or about noon! We hope you will be joining in the fellowship and fun as we gather for this annual event. We will be joined this year by our friends from Templo Emanuel.

Our menu includes hot dogs and hamburgers cooked by our master barbeque chefs, along with salmon on the grill. Soda and non-alcoholic drinks will be provided. Parishioners are asked to contribute their favorite recipes for side dishes, salads and desserts. Our Templo Emanuel partners will be contributing to the food table also.

This is a wonderful time to get to know your fellow St. Alban's friends better, as well as meet those who share our facilities for their church services.

Don't miss it!!



We are in great need of parishioners to help with the fellowship of Coffee Hour, particularly after the 10:30am service.!

Last Sunday, July 21, there was no one around to clean up the kitchen and secure the premises after the second coffee. It is vitally important that the kitchen and Parish Hall be cleaned up – especially all appliances be unplugged and left in a safe condition. The “last ones left” did the clean-up and locked up the Parish Hall and church.

Coffee Hour is of great benefit to all of us – a chance to catch up, meet and greet other parishioners

or visitors, and an opportunity to sit and enjoy coffee and a treat or two. It is a St. Alban's custom that many enjoy and wish to keep in operation. However, we do need your help by bringing goodies and leaving the Parish Hall and kitchen in a clean and safe condition.

You are not being asked to contribute and help every week, or even once a month. There is a sign-up sheet on the kitchen door. You can sign up to either bringing treats or cleaning up – or both. Please look the sign-up sheet over and find a convenient date for you to help us keep this great tradition going. And, you can even partner with another parishioner and sign up together for a week now and then. All assistance will be greatly appreciated!

Please help us be sure the church and Parish Hall are clean, safe and secure.



FORWARD DAY BY DAY

The latest edition of Forward Movement's publication, Forward Day by Day, for August/September/ October 2024 is now available. There are copies in the Parish Hall, as well as a couple in the brown box by the back Sacristy door. If you are unable to pick one up, please leave a message at the church office, and a copy can be mailed to you.



CHASE LAKE SCHOOL SUPPLIES

Once again we will be collecting school supplies to support Chase Lake Elementary School during August. Now is the time to take advantage of Back to School sales and also support Chase Lake School. If you would like to donate money, just designate "Chase Lake" on your donation check.

Below is a list of supplies from the school supply list (note, please pay attention to brand names where identified):

- Spiral notebooks, 1 subject, Wide & College
- Sharpies regular & fine tip
- Composition books, Wide & College
- Pencil boxes
- Water Bottles
- Glue sticks
- Elmers Glue bottle
- Pocket folders with 3 prongs

- Pocket folder without prongs
- Ticonderoga** pencils (please buy this brand)
- Larger scissors for the 4-6th graders
- Expo Dry erase board markers
- Baby wipes
- Girls designed backpacks

ORDINATION AND CONSECRATION OF THE REV. DR. PHILIP N. LABELLE

Following are the dates for the Ordination and Consecration and the Seating of The Rev. Dr. Philip N. LaBelle as the ninth Bishop of the Diocese of Olympia:

Ordination and Consecration – Saturday, September 14, 2024, Meydenbauer Center, 11100 NE 6th St., Bellevue. Doors open at 9:30am, service and reception 11:00am – 3:00pm.

Seating of the Bishop – Sunday, September 15, 2024, St. Mark's Episcopal Cathedral, 1245 10th Ave E, Seattle. Service will be from 4:30 - 6:00pm.



DAY BY DAY REFLECTIONS

The following was written by Philip M. Beyer, a retired businessperson, author and avid gardener who lives in Florida with his wife of 52 years, who is a retired archdeacon of the Diocese of Florida. Philip has a passion for serving the unhoused, incarcerated, addicted and missions in Haiti.

Matthew 18:22 – Not seven times, but I tell you, seventy-seven times.

At age 10 I had a daily paper route. On Saturdays, I knocked on customers' doors for payment. After paying the newspaper company, the remaining collections were mine. But customers moved without paying. Worse were the customers who ignored my knocks even though I could hear their voices. Some weeks I earned just pennies.

My last collection was Elliott's Bakery, where the cashier always paid me. Best yet, she would hand me a dozen warm donut holes. Walking home, munching on donut holes, I'd be angry at those who hadn't paid. Should I punish them by leaving their paper in the

rain? Or keep delivering while their debt and my loss (and anger) increased?

On my route, with each paper thrown, the carrier bag around my shoulder got lighter. It can be so with unforgiveness. When we release the anger and resentments we have been carrying, some for years, our burden gradually diminishes, even if it takes not seven but seventy-seven times to forgive. Emptying ourselves of unforgiveness creates a space within for freedom, wholeness, and joy.

A BIT OF HUMOR – AS WE AGE

Age 60 might be the new 40, but 9:00pm is the new midnight.

When I say, “the other day,” I could be referring to any time between yesterday and 15 years ago.

I remember being able to get up without making sound effects.

I had my patience tested. I’m negative.

Then you ask me what I am doing today, and I say “nothing.” It does not mean I am free. It means I am doing nothing!

When I ask for directions, please don’t use words like “east.”

STEWARDSHIP REFLECTIONS

JULY 28 – PENTECOST 10

The miracle of the loaves and fishes’ parable is a reminder for all of us attempting to be good stewards, that if we have faith, God will provide far more than we need – and help us to fulfill the needs of others in His name as well. Here’s a Grace for Meals you might like to use as a reminder in the coming week. *“Christ in the wilderness five thousand fed, with two small fishes and five loaves of bread. May the God above who made that division, descent upon us and our provision. Amen”*

AUGUST 4 – PENTECOST 11

One of the favorite hymns of many folks in the Diocese of Bethlehem (literally in Hebrew, “house of Bread) is #335, *“I Am the Bread of Life.”* The last two sentences of today’s Gospel remind us of those comforting words. *Jesus said to them, I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”*

What a promise on which those striving to be good stewards can build their life with their Creator!

SCRIPTURE READINGS

JULY 28 – PENTECOST 10

2 Kings 4:42-44

Psalm 145:10-18

Ephesians 3:14-21

John 6:1-21

Collect for Pentecost 10

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen

NOTE: Fr. Greg is currently on Sabbatical Leave. For emergency or other inquiries, please contact:

Administrative/Business: Liz Bee, Senior Warden,
eabee@juno.com, 206-795-5594

Pastoral Care: Jim Gilman

Discretionary Fund: Dan Mullene, Jim Gilman

Church Office: stalbansedmonds@gmail.com or
425-778-0371

Sabbatical Pastor: David Hahn

CHURCH PLEDGES & DONATIONS

Please continue donations and pledges by:

*Mail check – 21405 82nd Pl W, Edmonds, WA 98926

*Drop off through slot in Fr. Greg’s door.

*Bank Bill Pay – have bank send check to St. Alban’s

*Online, go to www.StAlbansEdmonds.org and click on
“Donate Now.”

WEEKLY SUNDAY BASKET OFFERINGS

1st week—Food Bank

2nd week—Discretionary Fund

3rd week—Outreach

4th week—Ukraine Refugee Offering

5th Week—Indigenous Women Support

ST. ALBAN'S CURRENT OFFICE HOURS

Monday 10:30 - 12:30pm; 2:00 – 4:00 pm
Wednesday 2:00 - 4:00pm
Friday 10:30 - 12:30pm; 2:00 – 4:00 pm

Please contact the Office, (425) 778-0371 or
stalbansedmonds@gmail.com to make an appointment.
In case of something urgent or an emergency, please call Liz
Bee at 206-795-5594.



PRAYER MINISTRIES

Contact Sheilah Reidburn at sheilahreidburn@comcast.net
or 206-427-1920.

Prayers of the People:

Prayers of the People are used during Sunday worship.

Prayer Chain:

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

Prayer Shawls:

Prayer shawls are available for those in need of comfort during challenging times.