

AROUND THE PARISH

July 19, 2024

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

SUNDAY – July 21

PENTECOST 9

8:00 & 10:30am, In-person, Indoor Services. Masking is no longer required, but is strongly recommended.

9:15am, Adult Bible study, Annex & Zoom

<https://us02web.zoom.us/j/86545992628?pwd=d08vTmZNbmk1SW1PUXFybmdpMXNYdz09>

Meeting ID: 865 4599 2628 Passcode: SeekFirst

2:00-5:00pm, Templo Emanuel, Parish Hall

NOTE: No Facebook account? Watch the Sunday service on YouTube or later as a video on Facebook



THIS COULD BE THE DAY

The following prayer, belonging to her grandmother, was contributed by Denise Robertson.

Just this once, oh God, I'd like to come to you with no problems, but simply to say Thank You.

Thank you for-

The joy of sleep when I am terribly tired;
The silent strength of humility when pride overtakes me;
The justice of your law when men are cruel;
The growing remedies to good health when I am ill;
The nurture of new knowledge when I make a mistake;
The simplicity of orderliness when I face confusion;
The pleasure of helping others when I see people in need;
The assurance that you have made a place for each of us when I feel inadequate among my peers;
The earthly evidence of your will when I am trying to find what life is all about;
The reality of your world when I stray too far into fantasy;
The rightness of reasonableness when I panic too quickly;
The fun that refreshes when everything gets too serious;
The renewal of moments of silence when I'm dizzy being busy in a go-go world;
The healing love of my family when friends hurt me;
Your presence when I am lonely;
And above all, God, I am thankful for the worthwhileness and fullness that you have given to me and your beautiful world. It is ours for the taking.
O, God, I thank Thee.

UPCOMING ACTIVITIES

7/20 9:00am, Templo Emanuel Rummage Sale in parking lot

7/20 10:30-12:30pm, Indigenous Circle, Parish Hall

7/22 7:00pm, Boy Scouts, Parish Hall

7/24 6:00pm, Evening Prayer, Facebook

7/25 7:00-9:00pm, Templo Emanuel, Sanctuary

7/26 7:00-8:30pm, Templo Emanuel, Sanctuary

7/27 8:00am-5:00pm, Templo Emanuel Children Camp

7/28 Pastor David Farewell, Special Coffee Hours

8/3 9:00am-12:00pm, Girl Scouts, Parish Hall

8/4 Return of Fr. Greg

8/11 Noon, Church Picnic with Templo Emanuel

PRAYER FOR HEALING DIVISIONS IN OUR NATION

Heavenly Father,

Our nation is scarred by divisions that threaten its very fabric. We turn to you with a plea for healing. Heal the wounds of division, Lord, and help us find common ground. Grant us the wisdom and humility to mend broken relationships and bridge the gaps that separate us. May your divine love be the balm that soothes our nation's wounds, fostering unity and understanding. We trust in your power to heal and unite us once more. Amen

(strengthinprayer)



FUN & FELLOWSHIP AT ANNUAL PICNIC

You won't want to miss our annual St. Alban's Picnic on Sunday, August 11, beginning after the 10:30am service or about noon. We have invited Templo Emanuel's congregation to join us this year.

Our usual menu of hamburgers, hot dogs, and salmon will be served. Please bring your favorite side dishes, salads and/or desserts. There is a large sign-up board in the Parish Hall. Templo Emanuel will also be contributing food to our joint picnic.

Please join us for fun and fellowship, having time to visit with old friends and meet new ones from Templo Emanuel. The food is always plentiful and delicious!



COFFEE HOUR FOR PASTOR DAVID

Please join us for a special Coffee Hour on Sunday, July 28, following both 8:00am and 10:30am services. Pastor David has been with us as Sabbatical Pastor for almost three months, and July 28 is his last service with us. Gather with us as we celebrate his time with us at St. Alban's.



JUNE 2024 FINANCIALS

Maryellen Young, Treasurer

Income for June was \$15,735 compared to a budget of \$11,895 or \$3,840 over budget. June had 5 Sundays so sometimes we get contributions in advance with 5 Sundays. Year-to-date income was \$103,476 compared to a budget of \$82,170 or \$21,306 over budget. As noted last month, we had large, unexpected contributions so Unpledged Contributions are about \$12,000 ahead of budget. Pledges are about \$5,000 ahead of budget year-to-date.

Statements reflecting your donations through June were sent in early July.

Expenses for June were \$15,152 compared to a budget of \$15,378 or (\$226) under budget. Year-to-date expenses were \$96,365 compared to a budget of \$96,914 or (\$549) under budget. Parish Administrator compensation is about \$1000 ahead of budget because of additional responsibilities while Greg is on Sabbatical. Overall, although some categories may be over budget or under budget, there are no concerns on the expense side.

On a cash flow basis, we have received \$7,111 more than we have spent.

Below is a summary about how we compare to our budget.

Total Income	\$103,476
Total Budget	\$82,170
Income minus Budget	\$21,306
Total Expenses	\$96,365
Budget Expenses	\$96,914
Expenses minus Budget	(\$549)



Live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. Ephesians 5:2

Generous living is about approaching each day with an open heart, an open mind, and an open hand. What can you do today to live more generously? What generous living choices can you make today that will make a difference in the future?

Stop by the parking lot on Saturday, July 20, at 9:00am, to shop at TEMPLO EMANUEL'S Rummage Sale. You may find a treasure or two.



2ND QUARTER BASKET DONATIONS

Thank you for your generosity.

Habitat for Humanity donations were \$315 from 2nd quarter 3rd week basket donations. This amount will be used to support our participation with future Habitat build projects.

World Vision received \$412 from our 2nd quarter 4th week International Relief basket donations.

In addition, we also donated \$1,000 from donations this year for our 5th Week basket recipient **Women's Spirit Coalition** supporting indigenous women.



DAY BY DAY REFLECTIONS

This reflection is written by Erin Morey, an Episcopal priest and attorney who lives with many rescue pets in Pittsburgh, Pennsylvania.

Psalm 6:3a – O Lord – how long?

In my experience, time moves differently when you are waiting for confirmation of a serious medical diagnosis. It's some of the most uncomfortable times I have ever experienced. I remember crying in bed, just as the psalmist describes, begging God and making promises. Several days later, I got the news I didn't want to hear: I had cancer.

I was so upset that I accidentally left my prayer beads behind at the hospital. I was devastated that I lost them. I remembered what a teacher told me once: sometimes, losing something is okay because it can be used by someone who needs it more than you. When I returned for my follow-up appointment, the receptionist handed me my familiar string of red beads. No one needed them more than I did, it seemed.

I used to be worried about expressing my fear and anger in prayer. But I listened to the psalms when I had no energy to pray, and I heard voices crying out just as I had: *How long, O Lord?* It turns out that God is a very good listener – and always has been.

EGYPTIAN FESTIVAL

July 27, 11:00am – 7:00pm

July 28, 12:00pm – 7:00pm

St. Mary's Coptic Orthodox Church is inviting us to come, share, and have a taste of the many wonders that Egypt has to offer, from delicious foods to church tours. There will be lots of fun activities and more!

4110 204th St SW, Lynnwood, WA 98036

CHURCH LADIES WITH TYPEWRITERS

These sentences actually appeared in church bulletins or were announced at church services:

Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones.

The church will host an evening of fine dining, super entertainment and gracious hospitality.

Potluck Supper Sunday at 5:00pm – prayer and medication to follow.

The pastor would appreciate it if the ladies of the Congregation would lend him their electric girdles for the pancake breakfast next Sunday.

The eighth-graders will be presenting Shakespeare's Hamlet in the Church basement Friday at 7 PM. The congregation is invited to attend this tragedy.

STEWARDSHIP REFLECTIONS

JULY 21 – PENTECOST 9

Jesus recognizes that the disciples may be in danger of what we today call "burnout." He urges them to *come aside and rest awhile.* What kind of resting stewardship do we practice in our own hectic or otherwise complicated lives? How much quiet time do we give to God in prayer, study, and meditation to help us "recharge our spiritual batteries" and continue in faithful, loving service to the God who has given us all?

JULY 28 – PENTECOST 10

The miracle of the loaves and fishes' parable is a reminder of all of us attempting to be good stewards, that if we have faith, God will provide far more than we need – and help us to fulfill the needs of others in His name as well. Here's a Grace for Meals you might like to use as a reminder in the coming week. *"Christ in the wilderness five thousand fed, with two small fishes and five loaves of bread. May the God above who made that division, descent upon us and our provision. Amen"*

SCRIPTURE READINGS

JULY 21 – PENTECOST 9

Jeremiah 23:1-6

Psalms 23

Ephesians 2:11-22

Mark 6:30-34, 53-56

Collect for Pentecost 9

Almighty God the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

NOTE: Fr. Greg is currently on Sabbatical Leave. For emergency or other inquiries, please contact:

Administrative/Business: Liz Bee, Senior Warden,
eabee@juno.com, 206-795-5594

Pastoral Care: Jim Gilman

Discretionary Fund: Dan Mullene, Jim Gilman

Church Office: stalbansedmonds@gmail.com or
425-778-0371

Sabbatical Pastor: David Hahn

ST. ALBAN'S CURRENT OFFICE HOURS

Monday 10:30 - 12:30pm; 2:00 - 4:00 pm

Wednesday 2:00 - 4:00pm

Friday 10:30 - 12:30pm; 2:00 - 4:00 pm

Please contact the Office, (425) 778-0371 or

stalbansedmonds@gmail.com to make an appointment.

In case of something urgent or an emergency, please call Liz

Bee at 206-795-5594.

PRAYER MINISTRIES

Contact Sheilah Reidburn at sheilahreidburn@comcast.net or 206-427-1920.

Prayers of the People:

Prayers of the People are used during Sunday worship.

Prayer Chain:

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

Prayer Shawls:

Prayer shawls are available for those in need of comfort during challenging times.



CHURCH PLEDGES & DONATIONS

Please continue donations and pledges by:

*Mail check – 21405 82nd Pl W, Edmonds, WA 98926

*Drop off through slot in Fr. Greg's door.

*Bank Bill Pay – have bank send check to St. Alban's

*Online, go to www.StAlbansEdmonds.org and click on "Donate Now."

WEEKLY SUNDAY BASKET OFFERINGS

1st week—Food Bank

2nd week—Discretionary Fund

3rd week—Outreach

4th week—Ukraine Refugee Offering

5th Week—Indigenous Women Support