

## AROUND THE PARISH

July 28, 2023

St. Alban's seeks to be a welcoming, Christ-centered community,  
committed to sharing Christ's love, empowering people to grow spiritually,  
deepening our relationship with Christ and living out our faith in the community and the world.

### SUNDAY – July 30

8:00 & 10:30am, In-person, Indoor Services for those fully vaccinated. Masking is recommended.

9:15am, Adult Bible study, Annex & Zoom

<https://us02web.zoom.us/j/86545992628?pwd=d08vTmZnbmk1SW1PUXFybmdpMXNYdz09>

Meeting ID: 865 4599 2628 Passcode: SeekFirst

Bible Study will take a break in August, return Sept 10.

2:00-5:00pm, Templo Emanuel, Sanctuary

NOTE: No Facebook account? Watch the Sunday service on YouTube or later as a video on Facebook

### UPCOMING ACTIVITIES

- 7/31 7:00pm, Boy Scouts, Parish Hall
- 8/2 6:00pm, Evening Prayer, Facebook
- 8/3 7:00-9:00pm, Templo Emanuel, Sanctuary
- 8/4 7:00-8:30pm, Templo Emanuel, Sanctuary
- 8/6 8:00am, Breakfast Picnic following service  
10:30am, Outdoor Picnic following service
- 8/14 6:30pm, Vestry Meeting, Zoom
- 8/19 10:0-11:30am, Indigenous Circle, Parish Hall
- 8/26 10:30am, ECW Coffee, Parish Hall

### CHANGE IN ECW COFFEE DATE

The date for our upcoming ECW Coffee has been changed from Saturday, August 5, to Saturday, August 26. Update your calendars, and we'll see you on August 26 at 10:30am for coffee, some light refreshments and a great speaker!

### WomenSpirit Coalition Contributions

This Sunday, July 30, is the fifth Sunday of the month, and St. Alban's outreach offerings are donated to WomenSpirit Coalition. This group advocates against domestic violence and sexual assault, stalking and sex trafficking, as well as promoting policies and programs that protect indigenous women, providing services that establish and maintain their safety.

**NOTE: Sunday 9:15am, Bible Study will take a brief break during August and will return September 10.**



Father, Mother, God,

Thank you for your presence during the hard and mean days.

For then we have you to lean upon.

Thank you for your presence during the bright and sunny days, for then we can share that which we have with those who have less.

And thank you for your presence during the Holy Days, for then we are able to celebrate you and our families and our friends.

For those who have no voice, we ask you to speak.

For those who feel unworthy, we ask you to pour your love out in waterfalls of tenderness.

For those who live in pain, we ask you to bathe them in the river of your healing.

For those who are lonely, we ask you to keep them company.

For those who are depressed, we ask you to shower upon them the light of hope.

Dear Creator, You, the borderless sea of substance, we ask you to give to all the world that which we need most—Peace.

—Maya Angelou



### PARISH PICNIC SUNDAY

Next Sunday, August 6, is our annual summer picnic. Help us break bread together and celebrate summer.

The fun begins after the 8:00am service with a special breakfast picnic. Following the 10:30am service, the typical fare of hot dogs, hamburgers, non-

meat alternatives, chips, cold beverages and coffee will be available. You are asked to contribute side dishes, salads or desserts as you are able.

The food will be good and plentiful. Bring a family member or friend! The more, the merrier!

**Special Celebration at this year's picnic.** Come and see what that's all about!



### 6 MONTH OUTREACH REPORT

We continue to be very generous in supporting our various outreach ministries. Below are the amounts of contributions we have made for the first six months of 2023. Thank you to everyone who has contributed.

<u>Outreach Income</u>	<u>\$10,781</u>
• Food Bank	\$5,228
• Discretionary Income	\$1,332
• Quarterly Outreach	\$1,532
• 4th Week Ukraine	\$1,021
• 5th Week Indigenous Women	\$957
• Chase Lake	\$451
• Habitat for Humanity	\$260



### THANKS TO ST. HILDA/ST. PATRICK

Those members of St. Alban's who ventured to St. Hilda/St. Patrick Episcopal Church, Edmonds, on Sunday evening, July 23, were in for a real treat.

Beginning the evening, St. Hilda/St. Patrick Vicar Joseph Peters-Matthews welcomed us to this joint event of Evening Prayer and BBQ dinner. Church pews had been moved into two long rows, so all attendees were facing each other for the service. The service was led by one of StH/StP parishioners with our Shirley Clark reading one of the lessons.

Dinner was delicious brisket prepared by a StH/StP parishioner and barbequed salmon from Fr. Greg. Parishioners from both churches contributed salads, sides, fruit and dessert. Mixed together at round tables

for the meal, we were able to become acquainted by sharing our lives, histories and church activities.

It was a memorable, enjoyable experience, and we look forward to returning the invitation to St. Hilda/St. Patrick.

### GREAT NEED FOR FOOD BANK AID

**Sunday, August 6, is Food Bank Sunday.** Our food bank donation table in the Parish Hall is in need of a big boost!! Let's remember those families experiencing serious food shortages and include Food Bank non-perishables on our grocery lists. Whatever we can give to help others gives them hope and will be greatly appreciated.

*When we come together to share food for the picnic, also think about bringing food to share with others.*



Photo by Linda Rowan

### 34<sup>th</sup> SEAFAIR INDIAN DAYS POWWOW

A grand time was had by all at the 34th Seafair Indian Days Powwow at Daybreak Star Indian Cultural Center at Discovery Park. Seven of us from St. Alban's Indigenous Circle enjoyed the music and dancing of many tribes meeting for their Powwow.

There was traditional dancing and fancy dancing with those participating wearing beautiful regalia. We sat near two sets of drummers, one from the Yakima tribe. Drummers and singers took turns providing music for the different groups of dancers. Watching young and old dance was mesmerizing, such beautiful costumes as you can see in the photo.

It's not how much you do,  
but how much love you put into  
what you do that counts.

Mother Teresa



Photo by Eric Hanson

## **TWO SIDES OF THE TREE**

Eric Hanson, Buildings & Grounds

Sometime ago, one of the neighbors to the east of the church, expressed concern that one of the trees on our property was ailing and posed a danger to her house and fence. We consulted Evergreen Tree Care, and they told us that whereas the east side of the tree had significant insect damage, the west side was solid and still producing foliage.

It was decided that they would reduce the tree height to twenty feet, thereby eliminating the threat to the neighbor and the preschool. By keeping twenty feet of the tree, it will maintain the wind break, continue to provide a place for birds (including the ones that feed on the insects) and help to prevent erosion of that slope. All in all, it is the best solution for the environment



## **JOSEPH OF ARIMATHAEA**

### **The Gentleman in Whose Tomb Jesus was Buried**

Joseph was a wealthy and pious Jew and a member of the Sanhedrin, the council which tried Jesus. The Gospel according to Luke indicates that Joseph did not consent to the decision that Jesus be crucified and other scriptures suggest that he may have absented himself from the trial. It is believed that he was a “secret” disciple of Christ like Nicodemus.

After the crucifixion, Joseph displayed considerable courage in going to Pilate and asking for the privilege of burying the body of Jesus with proper care and ceremony. In fact, Joseph reverently laid the body of Jesus in the fine tomb he had prepared for himself. John’s Gospel indicates that Nicodemus helped Joseph

prepare the body for burial. Looking back today, being aware of the resurrection, we tend not to see just how loyal, generous, and indeed pathetic this gesture must have been.

Long-standing tradition has it that Joseph came to England and founded a church at Glastonbury. Arimathaea was a fishing village and Joseph was a rich man. Just about the only way a person could get rich in Arimathaea was in the shipping trade. We know that in the first century, merchants shipped tin from mines in southwest England to the Levant. Archaeologists have found evidence of the first century Christian settlement in the vicinity of Glastonbury. All of these things make it ever more credible that the medieval church may have had it right, and Joseph of Arimathaea may have been “The Apostle to Britain.”

Forward Movement “Calendar of Saints”



### **"A Holy Waste of Time" Retreat – Register Now!**

Join other young adults -- people in their 20s & 30s -- for a weekend retreat on the Puget Sound. The "Holy Waste of Time Retreat," annually hosted by the Episcopal Diocese of Olympia, is a chance to get away for fun, friendship and faith, at beautiful St. Andrew's House in Union, WA. The retreat will be held Friday, August 18 – Sunday, August 20. Early bird registration (\$95/person) ends soon! For more information and to register, go here: <https://holytimewaste-2023.eventbrite.com>

### **FROM THE READER BOARD**

Jim Gilman



## STEWARDSHIP REFLECTIONS

### JULY 30 – 9 PENTECOST

*“For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.”* The big “but” here is that we need to accept that offer of eternal grace with loving and thankful hearts, and respond to his awesome promise by, in turn, living lives dedicated to serving Him and those in the world around us in his name.

### AUGUST 6 – 10 PENTECOST

There is an old table Grace which says: *“Christ in the wilderness five thousand fed, with two small fishes and five loaves of bread. May the God above, who made that division descend upon us and our provision. Amen.”* Perhaps you can use it this week as you thank God for the great variety of gifts He has given us.

## SCRIPTURE READINGS

### JULY 30 – 9 PENTECOST

Genesis 29-15-28  
Psalm 105:1-11, 45b  
Romans 8:26-39  
Matthew 13:31-33, 44-52

### Collect for 9 Pentecost

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen

### AUGUST 6 – THE TRANSFIGURATION

Exodus 34:29-352  
Psalm 99  
2 Peter 1:13-21  
Luke 9:28-36

## CHURCH PLEDGES & DONATIONS

Please continue donations and pledges by:  
\*Mail check – 21405 82<sup>nd</sup> Pl W, Edmonds, WA 98926  
\*Drop off through slot in Fr. Greg’s door.  
\*Bank Bill Pay – have bank send check to St. Alban’s  
\*Online, go to [www.StAlbansEdmonds.org](http://www.StAlbansEdmonds.org) and click on “Donate Now.”

## WEEKLY SUNDAY BASKET OFFERINGS

1st week—Food Bank  
2nd week—Discretionary Fund  
3rd week—Outreach  
4th week—Ukraine Refugee Offering  
5<sup>th</sup> Week—Indigenous Women Support

## ST. ALBAN’S CURRENT OFFICE HOURS

Monday 10:30 - 12:30pm; 2:00 – 4:00 pm  
Wednesday 2:00 - 4:00pm  
Friday 10:30 - 12:30pm; 2:00 – 4:00 pm

Please contact the Office, (425) 778-0371 or [stalbansedmonds@gmail.com](mailto:stalbansedmonds@gmail.com) to make an appointment.  
In case of something urgent or an emergency, please call Greg Peters on his cellphone at (206) 778-1506.

## GREG’S OFFICE HOURS

Monday, Tuesday, Thursday 8:30am – 2:30 pm, Home  
Wednesday Church Office – 10:00am – 2:00 pm  
(Available by appointment)  
Via email: [gwpeters.stalbansedmonds@gmail.com](mailto:gwpeters.stalbansedmonds@gmail.com)  
Cell: 206-778-1506  
SUNDAYS--after church coffee hour until 2:00pm  
(Available by appointment)

## PRAYER MINISTRIES

Contact Sheilah Reidburn at [sheilahreidburn@comcast.net](mailto:sheilahreidburn@comcast.net) or 425-745-1390

### **Prayers of the People:**

Prayers of the People are used during Sunday worship.

### **Prayer Chain:**

About a dozen people pray regularly for members of the congregation or other friends and relatives as requested.

### **Prayer Shawls:**

Prayer shawls are available for those in need of comfort during challenging times.

