

## AROUND THE PARISH

March 31, 2019

St. Alban's seeks to be a welcoming, Christ-centered community,  
committed to sharing Christ's love, empowering people to grow spiritually,

### COMING EVENTS

- 4/1 7:00pm, Boy Scouts, PH  
4/2 **6:30pm, Prayer Beads, Annex**  
6:30pm, Girl Scouts, PH  
4/3 **6:00pm, Evening Prayer**  
**6:30pm, Soup Supper, PH**  
**7:00pm, Reflection, PH**  
4/6 2:00-4:00pm, Private Event, PH  
4/7 **Tartan Sunday**  
**St. Drogo Day**  
4/8 7:00pm, Boy Scouts, PH  
4/9 **7:00pm, Vestry, PH**  
4/10 **6:00pm, Evening Prayer**  
**6:30pm, Soup Supper, PH**  
**7:00pm, Reflection, PH**  
4/13 **9:30am, Altar Guild Mtg,**  
**Clean-up, PH/Sacristy**  
4/15 7:00pm, Boy Scouts, PH

### PLANNING AHEAD

- 4/16 6:30pm, Girl Scouts, PH  
4/17 **7:00pm, Tenebrae Service**  
4/18 **Maundy Thursday,**  
**6:00pm, Agape Potluck**  
**7:00pm, Foot Washing, Eucharist,**  
**Altar Stripping**  
4/19 **7:00pm, Good Friday Service**  
**12:00-7:00pm, Stations of the**  
**Cross in Labyrinth (self-paced)**  
4/20 **9:30am, Altar Guild, Decorating**  
**8:00pm, Holy Saturday Vigil**  
4/21 **8:00/10:30am, Easter Services**  
4/22 7:00pm, Boy Scouts, PH  
4/23 6:30-9:30pm, Girl Scout Meeting, PH  
4/28 1:30-4:30pm, Private Event, PH  
**7:00pm, Taize Service**  
4/29 7:00pm, Boy Scouts, PH

### **MARCH 31 IS FOOD BANK SUNDAY!**

Please remember to help our neighbors  
and those in need of food assistance. Bring  
non-perishable food items to church.



### **COME YE FAITHFUL,** **RAISE THE STRAIN**

Fr. Greg Peters

First of all, let's be clear - we are *not* staying the whole night. I have been part of that kind of Vigil, people sign up in pairs for an hour or so and keep watch through the whole night waiting in prayer for the Christ. Those ways of keeping vigil can be lovely, but, at least this time, we're not going to do it that way. We're just going to be doing the Easter Vigil Service from the Prayer Book, keep watch together for a few of hours, then go home and sleep and come back for Easter Sunday.

True, ideally - and this is what I understand our Orthodox sisters and brothers do - the Vigil begins just after sunset and proceeds through the night with the whole congregation present, with times of long silent prayer (in which people watch but also sometimes sleep) and timed to culminate with the celebration of the Eucharist at dawn, but, again, we are not doing this. Actually, I would love to do this, and someday I hope to, but right now we are not going to attempt this.

This is, in a nut shell, what we will do for the Easter Vigil.

We will:

- Gather outside in darkness
- Kindle a fire to light the Pascal Candle
- Light the Paschal Candle (and individual tapers), process it into the Sanctuary, sing a prayer for it, and place it in the center of our worship (it represents Christ)

- Hear several readings from Hebrew Scripture that tell the long story of our faith
- Respond to those readings with psalms, songs, and hymns
- Renew our Baptismal Vows
- Proclaim the Resurrection of Christ – **traditionally bells are rung for this, so if you have bells of any kind at home, bring them**
- Celebrate the First Eucharist of Easter
- Sing and sing and sing again for our God, and in our Christ, life has triumphed over death!

We start in the darkness of death, loss, and sorrow then gradually, purposely, and faithfully proceed into the light of hope, joy, and life. That's pretty much it.

I know this service will not be the ideal. I know it will be a challenge for those who no longer drive at night or who sleep early or fall asleep easily. On the other hand, if you get your second wind about 8:00pm, this could just be the service for you! I hope we'll find rides for those who don't drive at night. I hope the early sleepers will come anyway. I hope people will feel comfortable enough to fall asleep in church – but not if they're holding a lit taper!

I know this service is too much – too full of everything – and also too dark and too dim, too quiet sometimes, too loud others, and the time of day is impractical, too disruptive, there are too many things to do to prepare for Easter Day. Come anyway. Find a way to get here, bring someone along. Who will watch the kids? Bring them, we all will. Come anyway.

### **MAUNDY THURSDAY**

#### **AGAPE POTLUCK, APRIL 18**

A special service and potluck is planned for Maundy Thursday, April 18. We will gather in the Parish Hall for an Agape Potluck, followed by our Eucharist service and foot/hand washing. We will then process into the Sanctuary for the solemn stripping of the altar. We leave this service in silence and prayer.

There is a sign-up sheet in the Parish Hall for the Agape potluck – salads, side dishes, bread, drinks (wine, sparkling water, juices) and desserts. Please come whether you are able to contribute to the supper or not. There is always plenty of food and fellowship.

### **Holy Week and Easter Services**



*Come Worship With Us!*

### **LENT & EASTER SCHEDULE**

**4/3, 4/10-**

**6:00pm, Evening Prayer**

**6:30pm, Soup Supper/Reflections**

**4/14 8:00/10:30am, Palm Sunday**

**4/17 7:00pm, Tenebrae**

**4/18 Maundy Thursday**

**6:00pm, Agape Potluck**

**7:00pm, Foot Washing, Eucharist,**

**Stripping of Altar**

**4/19 12:00/7:00pm, Good Friday Services**

**12:00pm to 7:00pm, Stations of the**

**Cross in Labyrinth (self-paced)**

**4/20 8:00pm, Holy Saturday Vigil**

**4/21 8:00/10:30am, Easter Eucharist**

**NOTE A second service at 12:00pm has been added on Good Friday.**



### **EASTER VIGIL PREP**

On Sundays, March 31 and April 7, 10:00-10:15am, there will be an Easter Vigil Prep in the Parish Hall.

Easter Vigil is, for many Christians, the most important service of the year. We haven't had one at St. Alban's for a number of years, so to (re)introduce and prepare for the service, we'll have a couple of brief introductory

sessions to talk about our expectations, to go through the service, and to recruit participants. It is a truly lovely service. Please come to the classes and then to the Vigil



**FEAST OF ST. DROGO, PATRON SAINT OF BAARISTAS & COFFEE HOUSES**

The Feast of St. Drogo is Sunday, April 7. Do you have an espresso maker? Bring it to church on Sunday, April 7, and share the delectable blessings flowing from those fonts of joy. We, the devotees of the dark and sticky beans, salute you! Coffee (properly ground) and all the additives will be provided; just bring your espresso maker and your expertise. Lift your spirits as you lift your cups.



**THE WAY OF LOVE: PRACTICES FOR A JESUS-CENTERED LIFE**

Bishop Michael Curry invites the whole church to take up The Way of Love, living as part of the Episcopal branch of the Jesus Movement. As you can see from the logo, there are seven practices. Over the next few editions of the ATP, we will be providing information

about each of these practices. The third one is Pray:

**PRAY: Dwell Intentionally with God Daily**

He was praying in a certain place, and after he had finished, one of his disciples said to him, “Lord, teach us to pray, as John taught his disciples.” – Luke 11:1  
 “Lord, hear our prayer.” –

*Book of Common Prayer*

**Prayer**

Jesus teaches us to come before God with humble hearts, boldly offering our thanksgivings and concerns to God or simply listening for God’s voice in our lives and in the world. Whether in thought, word or deed, individually or corporately, when we pray we invite and dwell in God’s loving presence.

**For Reflection and Discernment**

- What intentional prayer practices center you in God’s presence, so you can hear, speak, or simply dwell with God?
- How will (or do) you incorporate intentional prayer into your daily life?
- With whom will you share in the commitment to pray?

<https://ecww.org/the-way-of-love-pray/>



**Vestry Notes**

**VESTRY MEETING, MARCH 9, 2019**

There will be a Cinco de Mayo Feast on Sunday, May 5, along with the Mutual Ministry Agreement Presentation. This is to celebrate the day and take the next step toward involving the congregation in the MMA process.

The move-in of the Preschool is delayed at least until May 1. However, the actual move-in will probably not be until August because of the City’s permitting process and getting our facilities up to code. This includes (a) restriping the

parking lot, which requires a building permit; (b) a joint use parking agreement, which requires a permit, a study by the City, and notification of neighbors; and (c) upgrading the fire alarm system in the Education Wing.

There are two upcoming Vestry Retreats: March 24-25 will be a Spiritual Retreat, and in June, there will be a Mutual Ministry gathering for 2020 planning.

### **SAFEGUARDING TRAINING**

The ruling is from the National Church and our Diocese wants to make sure that it is implemented in every parish and mission in the Diocese.

If you have a question with the ruling, it is suggested you contact Fr. Greg or the Diocese and talk with Tonya, Marda, or Bishop Greg.

The online training is so much better than attending two-four hour classes. The online link is also on the Diocesan web site -- <https://www.ecww.org/safeguarding-trainings>. Once you have taken the training, there will be a questionnaire to complete before your license can be issued.

The following is the information directly from the Diocese.

*The Diocese of Olympia takes its responsibility for the safety of our people seriously. The Safe Church program teaches how to identify and prevent abuse within the church community, and is conducted several times per year, free of charge. The training consists of two sessions: Safeguarding God's Children and Safeguarding God's People.*

*Safeguarding God's Children and People is required for all canonically resident and licensed clergy.*

*Safeguarding God's Children is required for non-clergy who have a key to the church facility, vestry and bishop committee members, church staff, and anyone who works with children in any capacity. Safeguarding God's People is required for non-clergy who have a key to the church facility, vestry and bishop*

*committee members, church staff, and eucharistic visitors.*

*The renewal training for Safeguarding God's Children and for Safeguarding God's People MAY be taken online if the original training was done after 2009.*



### **THERE'S POWER IN THE WAFER AND THE WINE!**

**By Dan Mullene, Senior Warden**

Dear Brothers and Sisters of St. Alban's:

Perhaps you, like me, feel the power of our Lord, present in our life on Sunday when we take the wine and the wafer at communion. But I am also guessing that you, like me, sometimes forget just how powerful this shared meal can be!

Sometimes God chooses to remind us of this awesome power through something unexpected. Such was the case for me on Sunday, March 17<sup>th</sup>.

I was preparing to leave home for the 10:30 service when I received a phone call from Ms. Alice Gray. She was calling me from the Short Term Care area of Swedish Hospital in Edmonds, having found us on the internet with her smart phone.

She had a simple request: Could someone from St. Alban's please bring her Eucharist that Sunday?

She told me she attended St. Paul's Episcopal Church in Bremerton and would greatly appreciate it if we could visit her in her hospital room and provide communion for her. I told her we would do our best.

At church, Mary Fowler graciously agreed to accompany me after our service. After the service, we headed over to visit Alice in the maze that is Swedish hospital.

When we got there and found her in her room, she told us her amazing story. She was a fellow Eucharistic Minister at St. Paul's. She

said she was also a cradle Episcopalian and the daughter of an Episcopal priest. Mary and I were honored to share the service of communion with her, which she knew so well, ably aided by the Book of Common Prayer.

Alice was recovering from surgery for the removal of a cochlear implant that her body had apparently rejected. But even with this news, we found her in good spirits, and very happy to see us as we prayed with her and took the sacraments of the consecrated wafers and wine together

But the evidence of the Lord's power did not stop there.

The assisting nurse at the station outside Alice's room asked me as we went in if we were taking Alice communion. I said yes. She asked if she could join us. Of course, I said, and we welcomed her with open arms and hearts.

After the short service, she was visibly emotional, and I think near tears. I don't know what else was going on in her life at that moment, but it was obvious that the presence of our Lord at that immediate time and place was an amazing gift for her.

And, truly, the time the four of us spent together for those few minutes, in that small hospital room, was a time of powerful evidence of God's presence in all our lives.

If you would like to share the power of communion with fellow Christians at a deeper level, Mary and I would encourage you to consider becoming a Eucharistic Minister. Just let us know, and we can help you to explore this wonderful ministry, where both your spirit and those with whom you will visit will know and feel the presence of the Lord!

**TARTAN SUNDAY IS COMING  
SUNDAY, APRIL 7. WEAR YOUR  
CLAN COLORS IN CELEBRATION.**



**ST. ALBAN'S AND  
ST. HILDA-ST. PATRICK  
MEET WITH DENNIS TIERNEY**

**By Dan Mullene, Senior Warden**

Saturday, March 16<sup>th</sup>, the Vestry of St. Alban's and the Bishop's Committee of St. Hilda-St. Patrick met together for a presentation by The Reverend Dr. Dennis Tierney covering "All Things Monetary and Financial" when it comes to churches.

The meeting covered such topics as understanding the finances of parish and mission churches, learning how to create and review budgets, financial sheets and financial reports. Dennis provided many great resources to help us with the work of being good stewards with the resources with which we have been so richly blessed and offered recommendations on how to monitor and improve the financial health of our congregations.

Reverend Dennis S. Tierney currently serves part-time as Property Manager for the Diocese of Olympia. From 2007 to 2016, he served as Rector of Saint Barnabas Episcopal Church on Bainbridge Island, Washington.

Prior to his call to Saint Barnabas, Rev. Tierney served as Associate Rector at Saint Bede's Episcopal Church, Menlo Park, CA, where he directed adult education and formation activities as a special focus of his ministry along with responsibilities for children, youth, and family ministry.

The Vestry of St. Alban's was pleased to be able to host the event and provide lunch to our guests. The Bishop's Committee of St. Hilda-St. Patrick remained in our parish hall for the afternoon as part of a short retreat for their group.

The meeting of the governing bodies of both congregations gave us a chance to get to know

one another and to discuss opportunities to pursue more joint activities in the future to help us grow closer together in our goals of being an effective resource to the greater community around us.

*In All Things,  
Give Thanks*

I Thessalonians 5:18

Many parishioners wrote personal notes for our Gratitude Tree last fall. Several of them will be featured in each Around the Parish.

St. Alban's  
God being God  
Life, Love and Families



**LENTEN SOUP SUPPER & SERIES**

Come join us Wednesdays during Lent for our Lenten Soup Suppers & Reflections led by Jim Gilman.

Our final two suppers are April 3 and 10. Evening Prayer is at 6:00pm, Soup Supper at 6:30pm and Reflections at 7:00pm. Please join us for food, fellowship and spiritual nourishment as we journey through Lent together.

There are sign-up sheets in the Parish Hall for soup, salad, bread and/or dessert. If you are unable to contribute to the supper, you are invited to come anyway.

**STEWARDSHIP REFLECTIONS**

**APRIL 7 – LENT 5**

*“The Lord has done great things for us, and we are glad indeed.”* We show our gratitude, for the many gifts God gives us by learning to know him better through prayer and study, by supporting the work of this parish, the diocese and the world, and by being present at worship, not only to be filled ourselves with His grace and nourishment through the Eucharist, but to offer support and encouragement to others who join us on this journey.

**APRIL 14 – PALM SUNDAY**

Psalm 31:16 says *“Make your face to shine upon your servant, and in your loving kindness save me.”* And our ever-loving God reaches out with all his mercy, time after time, to bring help and consolation to those who put their whole trust in Him as faithful stewards of His blessings and gifts.

**APRIL 21 - EASTER**

Psalm 118 ends *“On this day the Lord has acted; we will rejoice and be glad in it.”* May we strive to be rejoicing stewards not only in the Easter season, but the whole year through - always thankful and grateful for our many blessings. *Alleluia! Alleluia!*

**WORSHIP SCHEDULE**

**For a link to the weekly readings, click below: <http://www.lectionarypage.net>**

**April 7, Lent 5**

**Isaiah 43:16-21; Psalm 126**

**Philippians 3:4b-14; John 12:1-8**

8:00 Lector: Sharon Joy

EM: Howard Hayden

10:30 Lector: Shirley Clark

EM: Mary Fowler

**April 14, Palm Sunday**

**Isaiah 50:4-9a; Psalm 31:9-16**

**Philippians 2:5-11; Luke 22:14-23:56**

8:00 Lector: Judy Kistner

EM: Jim Gilman

10:30 Lector: Susan Hanson

EM: Eric Hanson

**April 17, Tenebrae**

10:00 Lector: Maryellen Young

EM: Mary Fowler

Pat Chandler

**April 18, Maundy Thursday**

**Exodus 12-4, [5-10], 11-14, Psalm 116:10-17**

**I Corinthians 11:23-26, John 13:1-17, 31b-35**

7:00 Lector: Susie Nichols

EM: Reilly Mannery

**April 19, Good Friday**

**Isaiah 52:13-15-53:12, Psalm 22**

**Hebrews 10:16-25, John 18:1-19:42**

7:00 Lector: Shannon Duggan

**April 20, Easter Vigil**

8:00pm

(information coming)

**April 21, Easter**

**Acts 10:34-43, Psalm 118:1-2, 14-24**

**I Corinthians 15:19-26, John 20:1-18**

8:00 Lector: Sharon Joy

EM: Shannon Duggan

10:30 Lector: Shirley Clark

EM: Dan Mullene

Reilly Mannery

**April 28, Easter 2**

**Acts 5:27-32, Psalm 118:14-29**

**Revelation 1:4-8, John 20:19-31**

8:00 Lector: Howard Hayden

EM: Jim Gilman

10:30 Lector: Carol Gordon

EM: Connie Forsberg