

AROUND THE PARISH

June 30, 2018

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

COMING EVENTS

- 7/2 7:00pm, Boy Scouts, PH
7/3 10:00-11:30am, Bible Study, PH
7/4 **OFFICE CLOSED**
7/8 **9:30am, Adult Ed Mtg, Annex**
12:30pm, Worship Comm., PH
7/9 7:00pm, Boy Scouts, PH
7/10 **6:30pm, Prayer Beads, Annex**
7/14 12:00-4:00pm, Scouts Honor Ct.
7/15 **7:00pm, Taize Service, Sanctuary**
7/16 7:00pm, Boy Scouts, PH
7/17 10:00-11:30am, Bible Study, PH
7/23 7:00pm, Boy Scouts, PH
7/24 10:00-11:30am, Bible Study, PH
6:30pm, Job's Daughters, Annex
7/29 **8:00am, Eucharist at Church**
10:30am, Eucharist and Parish
Picnic, Edmonds Park
7/30 7:00pm, Boy Scouts, PH
7/31 10:00-11:30am, Bible Study, PH

PLANNING AHEAD

- 8/5 12:30pm, Vestry Officers, Annex
8/14 7:00pm, Vestry Meeting, PH

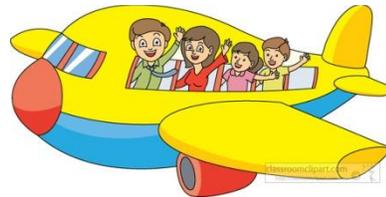
NEW CHURCH OFFICE HOURS

Beginning July 1, Jeannie Wells, our Parish Administrator, will be in the office on Monday, Wednesday and Friday and available from 2:00-4:00pm. Volunteers Susie Nichols and Sheilah Reidburn will be in the office on Tuesday and Thursday from 10:00-12:00pm

Jeannie's new email is:

jeannie.stalbansedmonds@gmail.com

With a brief break, the next ATP will be issued on July 31 – hence, the long listing of our calendar, Worship schedule and Stewardship Reflections in this issue.



AND AWAY HE GOES!!

Every other year, we spend a month in Munich, visiting Erika's extended family. We always go for a month. It takes about a week to really get over the jetlag, especially for the girls. This is one of those years. We'll be away from July 10 to August 8. I am glad to leave you in the very capable hands of Sabeth Fitzgibbons. Sabeth and I are long-time friends and colleagues. She is a gifted preacher and will be with you for all four Sundays that we're away. I am glad that you all will get to know each other. You can read more about her elsewhere in this edition of the ATP.

Before Hanni began elementary school, we were able to travel anytime of the year; fall was our favorite; fewer other travelers, very comfortable weather, a slower pace. Now, we go in the summer. It's still a wonderful time; we do a lot more swimming; there are many pools in Munich and several nearby lakes that are in the foothills of the mountains, have few or no power boats, and are easy to get to via the train or lightrail, and have idyllic Bavarian towns on their shores. Think of floating on your back in warm water in the middle of a lake with not even the sounds of jet skis or water skiers and looking up and seeing churches with onion-domed steeples and green mountains for a background.

I can't tell you how blessed we are. I know that at some level, our family takes much of this for granted; we do it every other year; it's part of our family rhythm; we have familiar places to visit, things we always do, people we always see; in many ways it's a second home. But at a deeper level, in our souls, we know that we are

richly blessed – extraordinarily blessed. The time away helps us to realize how big and beautiful the world is. We get a glimpse into the delight God takes in creating such a grand variety of people, places, customs, and ways. And it helps us appreciate how much our lives here are also blessed.

I'll be sending dispatches while we're away. I'm excited about all the things we are doing at St. Alban's. The capital campaign is well underway. More people are checking us out and finding a spiritual home among us. There is great and good energy around taking care of the grounds and the facilities. Our singing continues to get stronger. We are continuing spiritual developmental work as we prepare to implement the RenewalWork program this September. The Worship Committee is planning an outdoor worship service in August. Dan and the Fellowship committee are sure to be cooking something up.

I know when we get back, I'll be hitting the deck running. Refreshed, renewed, and ready! The blessings just overflow.



I used to believe that prayer changes things, but now I know that prayer changes us, and we are changing things. Mother Teresa

REV. SABETH FITZGIBBONS



The Rev. Sabeth Fitzgibbons is a lifelong Episcopalian and a native of Washington State. She grew up in a mission church where her family was often the last to leave church on

a Sunday. Sabeth first felt the call to priesthood while an undergraduate at Seattle University and successfully avoided the niggings of the Holy Spirit for 10 years. Those 10 years included a year of full-time volunteer service with the Jesuit Volunteer Corps, graduate school (MA/MSW) at Boston College, meeting and marrying her husband Julien, and returning to Seattle. The Holy Spirit finally caught her attention again as she was working in community development for United Way of Snohomish County (WA).

After graduating from the Church Divinity School of the Pacific (the Episcopal seminary in Berkeley, CA), Sabeth and Julien moved to Boston. In her first 10 years of ordained ministry, Sabeth shared ministry with congregations in the Dioceses of Massachusetts and Northwestern Pennsylvania. She and her family came home to the Seattle area in August 2016. When not at church, Sabeth enjoys spending time with her family (husband Julien and children Esteban and Isabella), travel, a good mystery novel, cooking and eating well, and watching women's soccer.



PARISH PICNIC IS JULY 29.

Our annual picnic is Sunday, July 29th, 10:30am at the Edmonds City Park. We will be in Site #2 for the day with the 10:30am service being held there. Bring your special picnic dish – the one you have been telling all your friends that you make and how good it is! Hot dogs will be provided, along with chips, cold beverages and coffee. Come and have a fun day in the park with old friends, and new ones.

If you have questions or offers to help, please call Lee Forsberg at 425-774-4571.

The 8:00am service will be held in the church.



RENEWALWORKS

The Vestry has voted to participate in RenewalWorks as our next step in working on our Mutual Ministry Goal to deepen our spiritual lives and relationship with Christ. This seemed like a good next step following our sessions on Spiritual Gifts.

RenewalWorks is designed to help churches focus on spiritual vitality and is based on a decade of research involving more than 1,800 churches including more than 100 Episcopal congregations. The process begins with an anonymous, confidential survey called Spiritual Life Inventory. A workshop team is formed to explore spiritual growth and work with the inventory findings in a series of four workshops over a 2-3 month time period, starting in mid-September.

If you are interested in more information and would like to consider being a team member, please contact Dan Mullene or Pat Chandler.

The **Adult Faith Based Education Committee** will be meeting on Sunday, July 8, 9:30am. If you are interested in providing input to the church's educational programs, please plan to attend. Everyone is welcome!



TAIZE SERVICE, JULY 15

Come join us for our next Taize Service on **Sunday, July 15, at 7:00pm**. The sanctuary is filled with beautiful candlelight for this service

of music, lessons, prayers and silence, making it an evening to remember. This is a perfect opportunity to invite others to join us. We appreciate the gifts and leadership of John Lehack, St. Alban's Music Director, for making this service possible. Those who have attended in the past have requested that Taize become a tradition. Refreshments will be served following this service.

3d QUARTER OUTREACH BASKET

The **Everett Gospel Mission** is the designated recipient for our 3rd quarter Outreach Donations from the 3rd Week Baskets. Everett Gospel Mission provides emergency shelter and comprehensive recovery programs for 145 men, and 75 women and children each night. For more information go to www.egmission.org/. Many years ago St. Alban's provided a Christmas Dinner for some of the ladies at the Everett Gospel Mission. If interested, there are also many volunteer opportunities available.



BISHOP CURRY EVENSONG DRAWS A CROWD AT PARISH HALL SCREENING

Dan Mullene

St. Alban's welcomed nearly 30 people on Thursday, June 14, in the parish hall to view a live streaming Evensong service at St. Mark's Cathedral celebrated by the Most Reverend Michael B. Curry, Presiding Bishop of the Episcopal Church and Bishop Greg Rickel, Diocese of Olympia.

Although most of those attending the screening at St. Alban's were parish members, it was

noted that there were three guests who had heard about the event through the local press releases and decided to come.

Bishop Curry complimented the attendance at the Cathedral on a Thursday night, which was full to overflowing. He lauded Bishop Rickel saying, "What a guy!" Bishop Curry noted that he was excited about our programs that "dared to trust the Holy Spirit."

His dynamism and enthusiasm were on full display as Bishop Curry exhorted everyone to follow the commandments to love God and your neighbor and you will change the world. Bishop reflected on some of the same themes that he covered in his sermon at the Royal Wedding of Prince Harry and Megan Markle.

"Sin is selfishness, the most destructive force in the universe, and love is the answer," was part of the Presiding Bishop's remarks, as he regaled the audience with his dynamic preaching style.

The Evensong service was especially memorable as much of it was sung by the cathedral's choir.

Both Bishops returned to the cathedral after the service to respond to questions from those attending the service.

Special thanks to Maryellen Young and Phil McClelland for their work to make the viewing a success.

Anyone wanting to see the service or seeking more information can find it archived on the Diocesan website at the following link:

<https://ecww.org>

CELEBRATING LEGACY SOCIETY & CAPITAL CAMPAIGN FUND LAUNCH

Dan Mullene

By all accounts, the annual Legacy Society party and combined Capital Campaign Fund kick-off held Saturday night, June 23, in the parish hall was a big success, with over 40 people present at the celebration event.

The evening featured great food and beverages, along with music by our own John Lehrack, who had us all singing along at the

piano as he played tunes from the 60's, several great "torch" songs, and many other requests.

As part of the launch of Capital Campaign to raise funds to replace our roof, repair our parking lot and address other church needs, there were money-raising skill contests of Ring Toss and a Brown Bag Pull, along with the main event, a "Raise the Paddle" pledge drive, all of which made for a lot of fun and gave those at the party an opportunity to show their generosity.

According to Vestry Treasurer Maryellen Young, \$12,225 was pledged to be contributed to the fund. Maryellen also noted that on the following Sunday we received additional significant donations in the amount of \$15,846 in contributions to the plates at both the 8:00am 10:30am services.

This brings the total contributions for that weekend to \$28,461. This is more than one-quarter of the \$100,000 fund raising goal (total \$200,000 by adding our existing roof fund and matching funds). And this is before we have sent out a letter and pledge card providing parishioners with an opportunity to contribute to the Capital Campaign, as noted by Maryellen after the weekend.

The Endowment Fund Board and all those involved thank everyone for their donations and help with a very successful St. Alban's Celebration and Capital Campaign Kick-off. Watch for more information on future events to promote our Capital Campaign efforts.



ALL ABOUT TEA, ECW GATHERING

On Saturday, June 9, 44 women gathered for a delightful afternoon of tea and treats with Cyrilla Gleason. Cyrilla used her gift as a teacher to provide us with interesting and entertaining information about tea and etiquette, as well as a fun quiz about tea. We learned about the various types of tea from Cream, Light

Afternoon, Full Afternoon and High Teas. And those of us who drink our tea black were encouraged to try it with milk with good results.

Thanks to Connie for arranging this fun event, thank you to all who came (including Steve Forsythe) and all who brought guests.



MUSTARD SEED

On June 17 Dan Mullene gave a homily on the text from Mark 4:30-31 about the mustard seed: He also said, “With what can we compare the kingdom of God, or what parable will we use for it? It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade.”

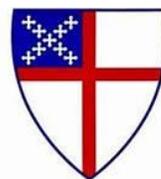
As Dan explained, our Endowment funds are like a mustard seed. From Clare Fisher’s estate we received about \$118,000. In addition, in 1999 an anonymous member of the congregation made a donation of about \$10,000 designated for an “Endowment Fund.” This was years before we had created an endowment fund, but the monies were invested in the Diocesan Investment Fund until our endowment fund was created.

Since the creation of the funds, we have had an additional \$9,000 in donations from two members’ estates and direct donations from some parishioners. Starting with these two donations plus additions, our St. Alban’s Endowment Fund and Clare Fisher fund have generated \$78,000 in earnings.

Along the way, some of these earnings have been used to present the Celtic Christmas Concert so that all donations go to Chase Lake Community School. In addition there have been other small distributions for designated

purposes such as providing scholarships to send kids to Camp Huston. Because we knew that we needed to replace the roof at some point, the Vestry has allowed most of these earnings to accumulate. These earnings are now the source of the \$70,000 matching funds that are available to match donations to our Capital Campaign.

So as a mustard seed grows to put forth large branches, so have our endowment funds grown to generate large earnings. Through the guidelines governing our endowment funds, this mustard seed will continue to generate more earnings for our future ministries.



BISHOP’S SOCIETY EVENT

Dan Mullene

When parishioners join St. Alban’s Legacy Society, they automatically also become a member of the Bishop’s Society. Each year there is a special event for all Bishop’s Society members. This year the event will be held at St. Mark’s Cathedral in Bloedel Hall on August 29th at 5:30pm.

In addition to dinner with Bishop Rickel, we will also get a tour of changes made at Saint Mark’s made possible by their Living Stones Campaign. Each church in the Diocese has been asked to participate in this campaign to support our Cathedral. For St. Alban’s part, we have decided to donate 1% of our Capital Campaign proceeds instead of having a separate campaign. Attending this Bishop’s Society event will give us an opportunity to see and learn firsthand about the improvements being made to our Cathedral.

Eligible members can RSVP to tmathews@ecww.org or by calling 206-325-4200 extension 2041. If you are interested in carpooling, let me know and I’ll put it together. Also, let me know if you are willing to drive.

There is still time to join St. Alban's Legacy Society and be included in this invitation.

PLASTIC, PLASTIC EVERYWHERE

As Christians, we have a responsibility to be wise stewards of the environment. Plastics have been in the news recently.

The Edmonds City Council unanimously approved a resolution Tuesday, May 23, that states the city will phase in over 18 months a ban on single-use plastic in the city, including straws, stirrers and cutlery. "About 500 million single-use plastic straws are used in our country every day," Dave Teitzel, Edmonds City Council Member, said. And if you must use a straw, collapsible, reusable straws are now available.

The Port of Edmonds has teamed up with local dive instructor, underwater filmmaker and activist Annie Crawley to raise awareness about ocean pollution. Together they are working toward a world free of plastic pollution and its toxic impacts on animals, oceans, humans, and the environment by refusing single-use plastic. With the goal of developing environmentally-conscious habits, The Port encourages us to join in the 30-Day Challenge to Refuse Single-Use Plastic.

The June 2018 edition of National Geographic has a 51 page article titled, "Plastic: We made it. We depend on it. We're drowning in it." It is well worth going to the library to read.

The May 25th edition of the magazine The Week had a snippet "with China's recent decision to stop importing recycled materials, the U.S. is in danger of running out of space for its trash... At current rates most of the country's landfills will be at capacity by 2036."

A sheet with more information and tips for eliminating single-use plastic from our life is available in the Parish Hall.

ST. ALBAN'S LABYRINTH – Part 3

The following comment is from a student who visited our labyrinth with her creative therapies class from Edmonds Community College.

"Although it was the first time for me to visit St. Alban's church and experience a labyrinth, I was able to feel relaxed and comfortable due to its spiritual power. There was no time, mental, and physical pressure for me while walking through the labyrinth. What I liked about the labyrinth was that the shape represented "heart" (symbol) towards the center. It means that as I walked to the center, I felt a little bit spiritual power that goes up to the sky. Thank you for giving me this peaceful and spiritual opportunity!"



LABYRINTH LESSON No. 3

Quoted from St. Alban's Web Site --

History: Labyrinths are found in many cultures dating back as much as 3,500 years. Labyrinth walking is a form of meditation that has been practiced by nearly every religious tradition since ancient times. There is no one "Christian" labyrinth pattern. Faith communities throughout the ages have utilized labyrinths of various dimensions, materials, colors, and shapes. Theologians of different periods have utilized the pattern to emphasize beliefs that were most relevant to their time.

Come and See... Go and Tell/Cursillo

Dumas Bay Conference Center, Federal Way /

October 19-21 | \$100

Come and See... Go and Tell/Cursillo offers an experience of spiritual renewal. You are invited to experience God's unconditional love while deepening your

understanding of Jesus' teachings. Stories of faith presented on the weekend encourage living out one's baptismal covenant in the world. The next weekend at Dumas Bay Conference



Centre, Federal Way, begins mid-day Friday, October 19, concluding Sunday afternoon, October 21. Guest cost of \$100 includes all retreat materials, all meals and snacks and two night's lodging.

NOTE: If you haven't attended a Cursillo, this might be your opportunity to do so. If you have previously attended and would like to sponsor someone, please share this information.

Christian One Liners
**God doesn't call the qualified,
He qualifies the called.**



STEWARDSHIP REFLECTIONS

July 1 – Pentecost 6, Proper 8

The woman who in desperation believed if only she could touch Jesus she would be healed was right. Jesus saw her faith and freed her from her years of (in those days) shameful illness. Those of us who can no longer touch Jesus in the flesh have no less claim to His promise to heal us (perhaps in a different way than we expected) – but we need to believe, believe, believe, and trust in His promises!

July 8 – Pentecost 7, Proper 9

Mark's Gospel says Jesus ordered the disciples to take nothing for their journey – no bread, no bag, no money, no extra clothes, etc. What a venture of trust in God and other people He was asking them to begin! Our commitment to the faithful stewardship of all we have been given should seem a small task in comparison

July 15 – Pentecost 8, Proper 10

Ephesians says in part... *"In him, we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace he lavished on us..."* Can we even begin to comprehend the riches of his grace freely given to us, and if we do, will we commit to a life of service and thankfulness for those many gifts?

July 22 – Pentecost 9, Proper 11

Jesus recognizes that the disciples may be in danger of what we today call "burnout." He urges them to *"come aside and rest awhile."* What kind of resting stewardship do we practice in our own hectic or otherwise complicated lives? How much quiet time do we give to God in prayer, study, and meditation to help us "recharge our spiritual batteries" and continue in faithful, loving service to the God who gives us all?

July 29 – Pentecost 10, Proper 12

The miracle of the loaves and fishes parable is a reminder for all of us attempting to be good stewards, that if we have faith, God will provide far more than we need – and help us to fulfill the needs of others in His name as well. Here's a Grace for Meals you might like to use as a reminder in the coming week. *"Christ in the wilderness five thousand fed, with two small fishes and five loaves of bread. May the God above who made that division, descend upon us and our provision. Amen"*

August 5 – Pentecost 11, Proper 13

One of the favorite hymns of many folks in the Diocese of Bethlehem (literally in Hebrew, "house of bread") is #335, *"I am the Bread of Life."* The last two sentences of today's Gospel remind us of those comforting words, *"Jesus said to them, I am the bread of life. Whoever comes to me will never be hungry and whoever believes in me will never be thirsty."* What a promise on which those striving to be good stewards can build their life with their Creator!

August 6 – The Transfiguration

“This is my Son, my Chosen; listen to Him!”
Jesus’ teachings provide us with all the lessons we need to live faithful, honest and productive lives – also as God’s “chosen.” At Baptism, the cross is sealed on our foreheads, and we are *“marked as Christ’s own forever.”* Stewardship is about how we respond to that freely given gift of grace, and how we offer thanks with grateful hearts and lives to the God who gives us all.

August 12 – Pentecost 12, Proper 14

In Ephesians, we are told *“...be kind to one another, tenderhearted, forgiving one another as God in Christ has forgiven you. Therefore, be imitators of God as beloved children, and live in love as Christ loves us and gave himself up for us, a fragrant offering and sacrifice to God.”* How do we “show forth in our daily lives” our gratitude and thanks for this greatest of freely-given gifts?

SCHEDULE

July 1 – Pentecost 6

Wisdom of Solomon 1:13-15; 2:23-24

Psalm 30

2 Corinthians 8:7-15, Mark 5:21-43

8:00 Lector: Sharon Joy
EM: Howard Hayden
10:30 Lector: Shirley Clark
EM: Reilly Mannery

July 8 – Pentecost 10

Ezekiel 2:1-5, Psalm 123

2 Corinthians 12:2-10, Mark 6:1-13

8:00 Lector: Judy Kistner
EM: Jim Gilman
10:30 Lector: Maureen Forsythe
EM: Mary Fowler

July 15 – Pentecost 8

Amos 7:7-15, Psalm 85:8-13

Ephesians 1:3-14, Mark 6:14-29

8:00 Lector: Howard Hayden
EM: J. Gilman & S. Joy
10:30 Lector: Eric Hanson
EM: Susan Hanson

July 22 – Pentecost 9

Jeremiah 23:1-6, Psalm 23

Ephesians 2:11-22, Mark 6:30-34, 53-56

8:00 Lector: Howard Hayden
EM: Shannon Duggan
10:30 Lector: Barbara Lagozzino
EM: Dan Mullene

July 29 – Pentecost 10

2 Kings 4:42-44, Psalm 145:10-19

Ephesians 3:14-21, John 6:1-21

8:00 Lector: Shannon Duggan
EM: Jim Gilman
10:30 Lector: Shirley Clark
EM: Karen Ford

August 5 – Pentecost 11

Exodus 16:2-4, 9-15, Psalm 78:23-29

Ephesians 4:1-16, John 6:24-35

8:00 Lector: Sharon Joy
EM: Shannon Duggan
10:30 Lector: Carol Gordon
EM: Connie Forsberg

August 12 – Pentecost 12

1 Kings 19:4-8, Psalm 34:1-8

Ephesians 4:25-5:2, John 6:35, 41-51

8:00 Lector: Judy Kistner
EM: Howard Hayden
10:30 Lector: Susan Hanson
EM: Eric Hanson

