

AROUND THE PARISH

April 15, 2018

St. Alban's seeks to be a welcoming, Christ-centered community,
committed to sharing Christ's love, empowering people to grow spiritually,
deepening our relationship with Christ and living out our faith in the community and the world.

COMING EVENTS

- 4/15 12:30am, Worship Mtg, PH
Feast of St. Drogo Espresso
- 4/16 7:00pm, Boy Scouts, PH
- 4/17 7:00pm, Vestry, PH
- 4/18 6:30pm, Soup Supper, PH
Intro Spiritual Gifts
- 4/22 9:15am, Spiritual Gifts, PH
12:30pm, Vestry Officer Mtg., Annex
7:00pm, Taize Service
- 4/23 6:30pm, Girl Scouts, Annex
7:00pm, Boy Scouts, PH
- 4/24 6:30pm, Private Event, Annex
- 4/25 6:00pm, Evening Prayer
6:30pm, Spiritual Gifts, PH
- 4/26 6:00-9:00pm, Girl Scouts, PH
- 4/28 11:00-3:00pm, Cathedral Day
- 4/29 9:15am, Spiritual Gifts, PH
3:00-4:00pm, Cascade Youth
Symphony

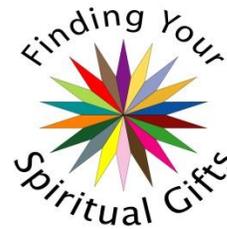
PLANNING AHEAD

- 5/5 5:00-7:00pm, Cinco di Mayo, PH
- 5/23 6:30pm, Soup Supper
- 6/9 1:00pm, ECW Tea
- 6/22 St. Alban's Day
- 6/24 Legacy Sunday



At times our own light goes out and is
rekindled by a spark from another person.
Each of us has cause to think with deep
gratitude of those who have lighted the flame
within us

Albert Schweitzer



SPIRITUAL GIFTS

Father Greg

One of the things that kept coming up when the former Senior Wardens met a few months ago, was that St. Alban's has gone through a Spiritual Gifts Discernment process before – at least once – and afterwards nothing was done with it. Parishioners just did the assessment and that was that; move on to the next big thing and be done with it. “Nice to know what my spiritual gifts are, but I’d like to have had opportunities to put them to good use,” was the gist of what we heard. Comforting to know, but otherwise a useless exercise.

Honestly, I can't promise you that that won't happen again. I certainly don't want to repeat this pattern, but I can't promise that, after going through the process, nothing substantial will be done with the information and new found or rediscovered insights. We are going to have to work together to hold each other responsible for the stewardship of our gifts; reminding each other that we have been entrusted with particular gifts for ministry in particular times and situations. We are going to have to hold each other accountable – that simply is a part of living in community.

One thing we are going to do is to keep these results public. In order to ensure that our gifts are recognized, honored, utilized, and celebrated, we'll have a chart of all the gifts and who has been given them. This will accomplish two things: together, we'll be able to confirm the gifts in each other and we'll be able to assess our missional inclinations as a congregation. As we pray for God's guidance for ministry in

the neighborhood, we'll be able to say, "Look here, thus and such is going on, this situation is presented to us, and these particular people have these specific gifts; is the Holy Spirit guiding us to ministry here?" Maybe yes; maybe no. That's part of the discernment process. Sometimes the answer will be no. But how good, how affirming, it will be when the answer is yes and we know it in our souls?!

So let's make a covenant. Let's hold each other accountable for what we learn. Let's struggle together to use our own gifts and challenge others to use theirs. Let's use the gifts as faithfully as we can.

I know that all of us will not go through the Spiritual Gifts Discernment Process, but I hope and trust that most of us will. God is leading us to ministry in the neighborhood. Knowing better what gifts we have been entrusted with for these ministries will help guide us to what we are being called to do, how we are being called to serve, what our Lord and Savior has instore for us, and what God has in mind for this corner of the Garden, this part of the Kingdom.

The Discernment Process begins with an introduction on Wednesday, April 18, at the monthly Soup Supper. It continues for four weeks with sessions offered at various times during the week to best fit with everyone's schedules - even if your schedule changes from week to week. The materials will be uniform throughout each week so that people can come to any session during the week and have the same presentation. And if you are unable to attend one week, it is not the end of the world - there will be enough in the community to catch you up!

OUTREACH DONATIONS

During the 1st Quarter, we collected \$520 for **Chase Lake Community School**. \$400 was collected from the 3rd week basket collections for unpaid school lunches. An additional \$120 was donated to Chase Lake to use as they wish.

For the 2nd Quarter of 2018 the Outreach Donation organization selected is **YWCA Pathways for Women** which provides shelter,

transitional housing and permanent housing for single mothers and children.



TAIZE SERVICE

Come join us for our next Taize Service on Sunday, April 22nd at 7:00pm. The sanctuary is filled with beautiful candlelight for this service of music, lessons, prayers and silence making it an evening to remember. This is a perfect opportunity to invite others to join us.

We appreciate the gifts and leadership of John Lehrack, St. Alban's Music Director, for making this service possible. Those who have attended in the past have requested that Taize become a tradition. Refreshments will be served following this service.

The following was inadvertently omitted from the last ATP issue regarding Eric Hanson's presentation of a 1650 version of the 23rd Psalm at a recent soup supper. Eric had written the following introduction:

"We have two paraphrases of the 23rd Psalm in our hymnal, but not this one, which is why I introduced it. The writer, Francis Rouse (1579-1659) was a politician, theologian and famous Puritan in England. Written in 1650 toward the end of his life, it represents long experience walking with his Good Shepherd."

SPIRITUAL GIFTS DISCERNMENT BEGINS ON April 22nd

Join us for our upcoming four-week series about discerning Spiritual Gifts starting the week of April 22. Sessions will be offered on different days and times, depending on the

number of people interested in the various times suggested. There is a sign-up sheet on tables in the Parish Hall for you to indicate your interest in participating and what days/times might work best for you. We will be having sessions at 9:15am on Sundays and on Wednesday evening with 6:00pm Evening Prayer and sessions at 6:30pm. Mid-week sessions will depend on interest. An introductory overview will be held at the Soup Supper on April 18th.

This is a great opportunity to learn more about yourself, about what gifts God has blessed you with, how you might use them in the service of God and your neighbor, and to share what you see in others.



EARTH DAY, APRIL 22

Earth Day was started in 1970 by San Francisco activist John McConnell and Wisconsin Senator Gaylord Nelson. Separately they asked Americans to join in a grassroots demonstration. McConnell chose the Spring Equinox (March 21, 1970) and Nelson chose April 22.

Millions of people celebrated and today Earth Day continues to be widely celebrated. Common Earth Day activities include planting trees, cleaning up litter or simply enjoying nature through hiking, gardening or taking a stroll in a local park.

Listed below are a few Earth Day suggestions:

- Learn more about the environment.
- Reduce, reuse and recycle all day long.
- Buy or make earth-friendly cleaning products.
- Plant trees.
- Hold a garage sale, donate or reuse household items.

Recipes for home-made products:

Non-Abrasive Cleaner: Mix baking soda and liquid dish detergent to form a pudding-like consistency. Rub the cleaner onto your delicate surfaces and rinse it away with warm water.

Glass Cleaner: Avoid harsh ammonia glass cleaners with a mixture of ½ cup white vinegar and 4-1/2 cups water. Pour the homemade cleaner into a spray bottle and use it as you would store-bought glass cleaner.

Mold and Mildew Cleaner: Kill mold and mildew with a mixture of 2 teaspoons tea tree oil and 2 cups of water. Spray the mixture directly onto mold and do not rinse.

Earth Day is every day! Anything to help our environment is a perfect thing to do on Earth Day and every day. Learn about how you can make a difference to environmental protection all the time. And put it into practice - every day.

O heavenly Father, who has filled the world with beauty. Open our eyes to behold your gracious hand in all your works; that, rejoicing in your whole creation, we may learn to serve you with gladness. Open our souls to the wonders of creation and teach us to manage faithfully the riches of this good earth. For the sake of him through whom all things were made, your Son, Jesus Christ our Lord. Amen

CASCADE YOUTH SYMPHONY AT ST. ALBANS, SUNDAY, APRIL 29

Cascade Youth Symphony is holding their Spring Recital at St. Alban's on Sunday, April 29, from 3:00-4:00pm, and they have invited us to attend! It will be an afternoon with wonderful classical music from talented youth ages 14-18. The event is free, and a reception will follow. Please join us if you can.

CATHEDRAL DAY, April 28

We are invited to St. Mark's Cathedral on Saturday, April 28, from 11:00am to 3:00pm for a special service of confirmations followed by a fun afternoon of games and activities for all ages.

The day starts with friends and family filling the cathedral. The afternoon is a relaxed celebration of fun, food and fellowship. A complimentary lunch will be provided by food trucks; everyone who attends will receive a voucher for a tasty entrée.

Please register as soon as possible at <https://2018-cathedral-day.eventbrite.com>.



ST. DROGO AT COFFEE HOUR 4/15/18

In our continuing effort to make sure that all the most important saint days get celebrated at St. Alban's, we will be celebrating St. Drogo on Sunday, April 15, by offering espresso drinks at coffee hour when a few parish members will be preparing drinks for us.

What, you've never heard of St. Drogo, the patron saint of coffee, baristas and coffee shops? And you consider yourself a true member of the Pacific Northwest! Here's your chance to make amends and enjoy an espresso in good company.

St. Drogo, born in 1105, was a Flemish noble orphaned at birth who became a hermit, also called Droun. He became a penitential pilgrim, visiting shrines, and then became a shepherd at Sebourg, France.

Stricken with an illness that made him physically repulsive, Drogo built a hut at Sebourg and stayed there as a hermit for forty years. Once the church to which his hermit's cell was

attached, caught fire. The town's people begged him to leave, but he refused because he had made a vow to God to remain there as long as he lived.

When the fire had died down, Drogo was found placidly praying among the ashes. And here is the reason he is the patron of coffee: he, like the beans, went through the transformative power of fire unscathed. He is also the patron of shepherds and deaf people.

It's important to also remember that espresso was not invented by Starbucks, but rather by Italians in the 1800s. The first steam-driven "instantaneous" coffee beverage making device was believed to have been invented in Turin, Italy, in 1884, changing the world forever (well, at least in Italy!).

Espresso is coffee brewed by expressing or forcing out a small amount of nearly boiling water under pressure through finely ground coffee beans. Espresso is generally thicker than coffee brewed by other methods, has a higher concentration of suspended and dissolved solids, and has *crema* on top (a foam with a creamy consistency).

So please make plans to join us on Sunday, April 15th as parish members bring their own espresso machines to St. Alban's to make that wonderful brown elixir in celebration of this most Northwest of saints!



ECW and "ALL ABOUT TEA"

On Saturday, June 9, ECW is having an "All About Tea" activity in the Parish Hall. Tea Etiquette Consultant, Cyrilla Gleason, will be here for a presentation. More information to follow. **Save the date, June 9, a 1:00pm**



April 15, Easter 3

Psalm 4:6 says, “Many are saying, ‘Oh, that we might see better times!’ Lift up the light of your countenance upon us, O Lord.” There is an old saying – “If God seems far away, guess who’s moved?” As faithful stewards, we need to learn to stay close to God, and to worship and thank Him at all times for all things. Who knows what “better times” that might bring – or how we might become much more aware of the “light of his countenance” in our lives?

April 22, Easter 4

Hired hand or shepherd? Jesus says the hired hand runs away because he does not really care for the sheep. The shepherd, on the other hand, will lay down his own life for his flock. Do we run away from service to others, or are we willing to give of our own lives in the name of the God who loves us, and gave His all for us?

April 29, Easter 5

When Philip hastens to the Ethiopian’s chariot, it is to help him understand his unfamiliar reading – and to interpret it in the light of Jesus as the Good News. As “Stewards in training,” what part does the intentional study of Scripture play in our search to know and serve God – and to proclaim the Good News to others?

Sunday, May 6, is Food Bank Day, but donations are welcome all during the months and year. Please remember those around us who need food for their families! If you wish to contribute by check, please indicate Food Bank on your check.

WORSHIP SCHEDULE

Apr 15 – 3 Easter

Acts 3:12-19; Psalm 4

1 John 3:1-7, Luke 24:36b-48

8:00 Lector: Sharon Joy

EM: Jim Gilman

10:30: Lector: Cindy Goergen

EM: Reilly Mannery

April 22, 4 Easter (Earth Day)

Acts 4:5-12, Psalm 23

1 John 3:16-24, John 10:11-18

8:00 Lector: Shannon Duggan

EM: Howard Hayden

10:30 Lector: Barbara Lagozzino

EM: Mary Fowler

April 29, 5 Easter

Acts 8:26-40, Psalm 22:24-30

1 John 4:7-21, John 15:1-8

8:00 Lector: Jim Gilman

EM: Shannon Duggan

10:30 Lector: Maureen Forsythe

EM: Connie Forsberg

May 6, 6 Easter

Acts 10:44-48; Psalm 98

1 John 5:1-6; John 15:9-17

8:00 Lector: Howard Hayden

EM: Shannon Dugan

10:30 Lector: Judy Kistner

EM: Reilly Mannery

May 13, 7 Easter

Acts 1:15-17, 21-26; Psalm 1

1 John 5:9-13; John 17:6-19

8:00 Lector: Shannon Duggan

EM: Jim Gilman

10:30 Lector: Shirley Clark

EM: Dan Mullene

