

## AROUND THE PARISH

as of August 1, 2016

St. Alban's seeks to be a welcoming, Christ-centered community,  
committed to sharing Christ's love, empowering people to grow spiritually,  
deepening our relationship with Christ and living out our faith in the community and the world.

### COMING EVENTS

- 8/1 7:00pm, Boy Scouts, PH  
8/2 10:00-11:30am, Bible Study, PH  
7:15pm, Prayer Beads, Annex  
8/6 Private Party, PH  
**8/7 10:30, Parish Picnic, Edmonds Park**  
8/8 7:00am, Boy Scouts, PH  
8/9 10:00-11:30am, Bible Study, PH  
7:00pm, Vestry Mtg, PH  
8/13 8:00-12:00pm, Girl Scouts, PH  
(PH = Parish Hall; SS = Sunday School)

### PLANNING AHEAD



**St. Alban's Annual Picnic  
Sunday, August 7, 10:30am  
Edmonds City Park, Shelter #1**

**Hot dogs, buns, chips, and drinks (coffee or pop) provided. Please bring your favorite salad or dessert to share.**

**Our church service begins at 10:30am with visiting priest, Fr. Jerry Shigaki, and music from John Lehrack. Please bring your family, friends and/or neighbors for some fellowship and a great picnic! Come early and enjoy some outdoor coffee, compliments of Lee Forsberg, Jim Nichols and crew.**

### KEN HICKS

Our brother in Christ, Ken Hicks, passed away on July 21<sup>st</sup> after battling cancer. The Hicks family has been a member of the St. Albans for years and he will be sorely missed. Service information will be announced when available. Please keep this family in your prayers.

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### ST. ALBANS CALL COMMITTEE – UPDATE – July 29, 2016

**Dan Mullene, Call Committee Chair**

The Call Committee is continuing the process of moving towards finding our next parish priest. We will meet again in early August when all members are available, along with Ms. Paula Franck, the Diocesan consultant who is working with us.

The previous request that we first meet with Bishop Greg Rickel has changed. We have now been advised by The Rev. Canon Dr. Marda Steedman Sanborn, Canon to the Ordinary & Chief of Staff, that we can proceed without first meeting with the Bishop, as previously announced.

At our next meeting, we expect to receive information from the Diocese on some candidates who have already expressed an interest in our open position. We are also continuing to work on a list of the qualities we want to see in our next priest, based on addressing the needs as identified in our profile about what will be needed for the future of St. Alban's.

We are mindful that it is important to continue to work towards finding our next priest, and we are also aware that we need to be open to God's plans for us, as well as our own, and pray that He will continue to guide us in the process, however long it may take.

Please note that we are aware that our committee is made up of parish members who usually attend the 10:30am service. We are therefore planning to have our committee members attend either the 8:00am services or visit at the coffee hour after that service to answer questions and provide updates as they are available.

We ask for and encourage your prayers as we move forward. If you have any questions, please feel free to speak with Dan Mullene, committee chair, or any of the other members

of the committee: Pat Chandler, Reilly Mannery, Shirley Wilson, and Roger Andersen.

**“TEACH US TO PRAY”**

*Following his sermon on praying (July 24), Fr. Greg Peters is contributing a series of articles to assist us in making our prayers continual in all we do.*

On Sunday, July 24 we heard Luke’s account of Jesus teaching his disciples how to pray. He taught them, and us, what we know as the Lord’s Prayer. Similarly, Paul taught the Church in Thessaloniki, and us, to pray continually. At its most basic, prayer is consciously entering into the presence of the Divine; or making oneself available to the revelation of Divine at any given time or situation. As you know, prayer is not so much intent on changing circumstances, situations, or people, though that can and does happen; prayer’s intent is to change the one praying.

In my sermon that day, I gave several short examples of ways of praying. Rather than going into too much depth, I simply gave quick overview to inspire your prayer life. Someone asked me to describe them for this letter. My thought was that highlighting a single technique each month might be a better way of keeping the practice prayer ongoing. So here’s the first in a series on forms of prayer. Take what is useful to you. Change and adapt them to best suit your particular needs and inclinations.

**“The Jesus Prayer”**

This is basically a mantra, something that you repeat over and over as a center of focus, to concentrate your mind and spirit. The text is simply this:

Lord Jesus Christ,  
Son of the Most High God,  
have mercy on me,  
a sinner.

In my own practice, I divide up the individual lines to correspond with my breath. So it goes like this:

On the inhalation, “ Lord Jesus Christ,”  
On the exhalation, “Son of the Most High God,”  
Inhalation, “have mercy on me,”  
Exhalation, “a sinner.”

When doing this, I visualize taking Jesus into myself on the inhalation, proclaiming that he is the Son of the Most High on the exhalation, taking in his mercy on the inhalation, and expelling my own sinfulness - experiencing forgiveness – on the exhalation.

Sometimes I only have time to go through this once or twice; other times, I use it for 15 or 20 minutes. My mind tends to wander, but I keep going back to the prayer; I keep returning to its focal point, Jesus.

Again, I hope you find this useful in your walk with Christ.



**JUNE FINANCIALS**

Income for year-to-date through June 2016 continues slightly ahead of budget. Expenses are also on track. Because we budgeted for a priest, comparing expenses to budget is misleading, so those numbers aren’t listed. Our income being close to budget shows that we do have the income for our expenses as budgeted including a priest and parish administrator. Our current overage will help with the ultimate expenses of calling a priest.

If you plan on being away from church this summer, you can always mail your donation to the church at 21405 82<sup>nd</sup> Pl W, Edmonds 98026.

<b>Income (actual-year- to-date)</b>	<b>\$ 82,439</b>
<b>Budget year-to-date.....</b>	<b>80,184</b>
<b>Actuals minus budget</b>	<b>2,256</b>
<b>Expenses (actual year to date).....</b>	<b>59,387</b>
<b>Income minus expenses.....</b>	<b>23,052</b>



## “WASHINGTON KIDS IN TRANSITION”

by Emily Goergen

I am working with some girls from my Girl Scout Troop in conjunction with Washington Kids in Transition for my Silver Award Project, the highest award possible for my age group. We are making a supply closet for low-income and homeless families that have a child attending Mountlake Terrace High School.

Right now, we are collecting non-perishable food items, clothes, toiletries and school supplies, as well as cash donations to buy the items listed below. It would be greatly appreciated if you would consider donating items so we can have the closet stocked before the start of the school year on September 7.

If you have questions, please contact Cindy Goergen, [cindygoergen@msn.com](mailto:cindygoergen@msn.com) or 425-967-5487. Your donations will be greatly appreciated!

There is a basket in the Parish Hall for your donations of items noted below, along with a complete list of items needed, or cash gifts may be given to Emily or Cindy Goergen.

### Items needed include:

**Food** -- granola bars, Top Ramen cereal, popcorn, oatmeal, hot chocolate, crackers, Cup-o-Noodles, etc., non perishables.

**Clothes** – socks, girls’ underwear, t-shirts, boxer shorts, athletic wear.

**Toiletries** – bandages, deodorant, toothbrush, toothpaste, floss, razors, shave cream, mouthwash, etc., feminine products, etc.

**School Supplies** – college-rule composition notebooks, binders, folders, mechanical pencils (.15mm and 0.7mm), college-rule spiral notebooks, etc.

GIVE THANKS  
TO THE LORD  
FOR HE IS GOOD  
*His LOVE endures FOREVER!!!*

Most loving Father, whose will it is for us to give thanks for all things, to fear nothing but the loss of you, and to cast all our care on you who care for us: Preserve us from faithless fears and worldly anxieties, that no clouds of this mortal life may hide from us the light of that love which is immortal, and which you have manifested to us in your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit one God, now and for ever. Amen

Book of Common Prayer



## WHERE IS THE CHURCH IN THE 21<sup>ST</sup> CENTURY – No. 6

Maryellen Young

This is the sixth article containing information Maryellen Young has shared about The Unknown Future of the Church in the 21st Century from books she and others have been reading. A complete copy of the talks are available in the Parish Hall. The final article will appear in the next issue of ATP.

In today’s dynamic cultural environment, churches have to be more faithful—they have to be agile. That means embracing processes of trial, failure, and adaptation as they form Christian community with new neighbors. And that means a whole new way of being church.

Experts don’t have fixes for the primary challenges facing the church today. We all need to shoulder the work of learning together.

This learning is less about applying some proven principle or model from another context than it is about innovating our way into solutions through small experiments in a process of trial and failure.

Zscheile (The Agile Church: Spirit-Led Innovation in an Uncertain Age) provides an example about the Dyson Vacuum—a remarkable improvement. The Dyson vacuum was the result of a lengthy process of learning. Over a five-year period, James Dyson made 5,127 prototypes before he got one to work right—over five thousand failures.

This work of discernment, or attending prayerfully and wondering about what God is up to in the here and now in the power of the Spirit, is not easy for many church people today because it has not been their primary focus. We've been more accustomed to asking questions about what we want our church to be, what our members want in terms of programming and institutional life or how we're going to sustain church the way we like it, than we have been to interpreting what God is doing in our midst and in the neighborhood. The learning and discovery that the church must embrace in today's environment cannot be delegated to the few; it must be something that all disciples participate in, for they are God's primary missionaries.

We are witnessing a great transformation. At the core of this change is the deep conviction that God is the primary actor who is out ahead of us in the neighborhood. The huge challenge for the Euro-tribal churches is how we come to release our techniques, management and desire to fix the church, and instead believe it is God who is acting out ahead of us, particularly in our neighborhoods.

We have to frame our lives around questions about God's actions in our neighborhoods and how to join with God in these places. "What does it look like for us to go on a journey together in discerning what the Spirit is up to ahead of us in our neighborhoods?"

Our imagination for what a legitimate new expression of local church might look like must become more expansive, without losing the core practices around which Christians gather: Word, sacraments, fellowship, witness, and service.

If Episcopal theology is incarnational (which it is), then religion should be about daily life, not portioned off into Sunday islands of information, inspiration, or indoctrination. How are we offering touches 24/7 in addition to a weekly taste of bread and wine? Church is not intended to be a service station where members attend weekly services to get their faith fix.

None of us knows what the future will be like. If our ministry responds to the realities of the present, it will be a significant improvement over continuing to respond to the realities of the past. We need to be participating in the challenging work of moving ourselves and the church into an as yet unknown future, a future that God has in store for us, the church and all creation.

**NOTE: Fr. Greg will be on vacation from July 31<sup>th</sup> and through August. Fr. Jerry Shigaki will conduct services for that time.**

**The Parish Care team (Dan Mullene) and the Eucharistic Visitors Team (Eric Hanson) are the immediate ones to call in case of emergency**

### **SEAFARER'S LUNCHEON**

Princess Cruises has generously donated a lunch for the Mission to Seafarers supporters on board the beautiful Crown Princess.

The annual fundraising lunch and auction will take place on Saturday, August 27<sup>th</sup>. Guests will be treated to a cocktail reception and presentation followed by a lunch and auction to benefit the Mission to Seafarers-Seattle.

Registration and tickets must be secured by Wednesday, August 17, 2016. Contact Ashley at 206-935-3439 with questions and to register.

## **FORWARD DAY BY DAY**

Copies of the August-September-October Forward Day by Day are now in the Parish Hall. This popular daily devotional provides daily meditations based on scripture readings appointed by the lectionary and Daily Office.

For many years, St. Alban's Episcopal Church Women have been providing this pamphlet as a service to our parishioners without charge. However, as we no longer have big fund raisers, such as a bazaar or rummage sale, ECW funds are declining. If you would like to make a donation to this ministry, please put your contribution in the large glass jar on the table next to copies of Forward Day by Day. Checks can be made to Episcopal Church Women.



## **STEWARDSHIP REFLECTIONS**

### **August 7 – Proper 14**

It's one of the all-time stewardship favorites this week: Build for yourselves *“an unfailing treasure in heaven...for where your treasure is, there will your heart be also.”* And it's how we serve, and how we give, and how we love others that adds to that heavenly treasure chest.

### **August 14 – Proper 15**

*“to follow daily in the steps of his most blessed life...”* The Holy Habits of daily prayer and study, giving, corporate worship, and serving others can be good reminders of the disciple's (yes, you are, or can be one!) daily quest for ways in which to serve the God who gives all.

### **August 21 – Proper 16**

*“Therefore, since we are receiving a kingdom that cannot be shaken, let us give thanks, by which we offer to God an acceptable worship with reverence and awe...”* The world may often be topsy-turvy, and our lives in turmoil, but the bottom line for believers is that God's kingdom cannot be shaken...we are safe if we commit ourselves to His protection.

## **WORSHIP SCHEDULE**

### **August 7 – Pentecost 12**

**Genesis 15:1-6; Psalm 33:12-22**

**Hebrews 11:1-3, 8-16; Luke 12:32-40**

8:00 Lector: Sharon Joy

EM: Shannon Duggan

10:30 Lector: Stephen Hayden

EM: Eric Hanson

### **August 14 – Pentecost 13**

**Jeremiah 23:23-29; Psalm 82**

**Hebrews 11:29-12:2; Luke 12:49-56**

8:00 Lector: Denise Robertson

EM: Howard Hayden

10:30 Lector: Shirley Clark

EM: Reilly Mannery

### **August 21 – Pentecost 14**

**Isaiah 58:9b-14; Psalm 103:1-8**

**Hebrews 12:18-29; Luke 13:10-17**

8:00 Lector: Jim Gilman

EM: Shannon Duggan

10:30 Lector: Susan Hanson

EM: Mary Fowler

### **August 28 – Pentecost 15**

**Sirach 10:12-18 or Proverbs 25:6-7**

**Psalm 112**

**Hebrews 12:1-8, 15-16; Luke 14:1, 7-14**

8:00 Lector: Shannon Duggan

EM: Howard Hayden

10:30 Lector: Barbara Lagozzino

EM: Reilly Mannery

**Also serving as Crucifer/Acolyte**

**1<sup>st</sup> Sunday at 10:30: Sam Wells**

**Other Sundays at 10:30: Emily Goergen**

**WHO TO CONTACT:**

**The person(s) to contact about putting an article in the ATP or the bulletin are as follows: Judy Kistner or Susie Nichols for the ATP and John Lehrack for the bulletin.**

**Please send your information to the office via email or contact the above.**

**ATP articles need to be received by the 12th or 26th of each month. Articles for the bulletin need to be received by Tuesday each week.**