

## AROUND THE PARISH

as of January 1, 2016

St. Alban's seeks to be a welcoming, Christ-centered community,  
committed to sharing Christ's love, empowering people to grow spiritually,  
deepening our relationship with Christ and living out our faith in the community and the world.

### COMING EVENTS

- 1/4 7:00pm, Boy Scouts, PH  
1/5 10:00-11:30am, Bible Study, PH  
6:30-9:30pm, Girl Scout Training, PH  
7:15pm, Prayer Beads, Annex  
1/6 6:30pm, Bible Study, PH  
1/9 9:30-12:30pm, Girl Scout Training, PH  
1/10 12:15pm, Worship Committee, PH  
1/11 6:30pm, Girl Scouts, SS  
7:00pm, Boy Scouts, PH  
1/12 10:00-11:30am, Bible Study, PH  
7:00pm, Vestry Meeting, PH  
1/13 6:30pm, Bible Study, PH

(PH = Parish Hall; SS = Sunday School)

### PLANNING AHEAD

- +January 31, 2016, Annual Meeting, PH.  
One service at 9:30am; meeting 11:15-12:30p  
+February 9, 2016, Shrove Tuesday  
Pancake Supper, PH, 5:00-7:00pm  
+February 10, 2016, Ash Wednesday,  
7:30pm Eucharist

**My St. Alban's Family,**

**Thank you for the past year, for your prayers and your love AND your ministry in the Name of Jesus.**

**Your many good wishes on Christ the King Sunday will be with me forever.**

**Fr. Bob Dunn**

### ANNUAL MEETING INFORMATION

St. Alban's annual meeting will be held on Sunday, January 31, 2016, after the 9:30 am service. **Please note:** There will be only one service!

If you are the head of a committee or group, please turn in your yearly report by Sunday, January 24. We will be using written reports only instead of oral ones.

At this meeting, we will be electing new Vestry members and convention delegates. There are several Vestry openings – three members are needed for three-year terms each and one member for a one-year term. If you are interested in serving in this ministry, please contact Dan Mullene.

We also need to elect two convention delegates – one male and one female.



### THE KNOT PRAYER

*(Author unknown)*

Dear God,

Please untie the knots that are in my mind, my heart, and my life.

**REMOVE** the have nots, cannots, and the do nots.

**ERASE** the nots, may nots, might nots that may find a home in my heart.

**RELEASE** me from the could nots, would nots, and should nots that obstruct my life.

And most of all, dear God, I ask that you remove from my mind, my heart, and my life all of the "am nots" that I have allowed to hold me back. Especially the thought that I am not good enough.

**Amen**

## **MEET JOHN LEHRACK**

Our new Organist and Music Director came to St. Alban's with a multi-faceted background as a professional musician. In July John moved to the Seattle area from Honolulu where he served as Director of Music at the Church of the Crossroads. John began his career as a church musician in Hawaii, but spent nearly 20 years in the San Francisco area serving churches of various denominations, including Episcopal churches in Redmond City and San Mateo.

In addition to his work as a Choral Director of Music, he has been a conductor of various musical groups in both Honolulu and San Francisco. John currently holds the position of Director of Choral Music at South Puget Sound College in Olympia, WA. He also has been involved with several theatrical groups, serving as director and as producer.

As a music educator, John has taught at the high school/college levels, as well as training individuals in vocal or piano studies. He is a vocalist and concert harpist and holds a B.A. from the State University of New York and a M.A. from the University of Hawaii.

We are looking forward to getting to know one another better in the months ahead.

*Daisy Beach*

## **NEW YEAR'S RESOLUTION**

It takes many hands to provide a meaningful worship service each week. For the New Year, think about how you might be able to participate. We can spread out the opportunities, if as many people as possible would think about supporting our worship once a month.

There are many ways to contribute to our worship. Some ways are easy, like providing treats for coffee hour (sign up on the calendar on the kitchen door) or giving flowers for the altar (sign up on the flower chart on the bulletin board in Parish Hall). And, we can always use help with greeters or ushers at both services.

Other ways require an ongoing commitment like Altar Guild where you are a member of a team that serves once a month, or a Eucharistic Minister, Lector or Eucharistic Visitor where you are trained, licensed and scheduled. Helping with the children in Sunday School once a month is another possibility, but it does require taking "Safeguarding God's Children."

Some ways are more indirect. You could spend a coffee hour visiting with a newcomer or talking with someone you don't yet know. We can always use help keeping our church pretty by helping at a work party, or just spending some time weeding.

Think about making a New Year's resolution to contribute to our worship just one time a month. If you'd like to help, but aren't sure about the next step, just ask any member of the Vestry. We will be happy to get you connected.

For those of you already serving, we are very grateful!



## **INTERIM PARISH ADMINISTRATOR**

John Lehrack, our new organist, is now also serving as our Parish Administrator on an interim basis. John is in the process of transitioning to life in the Northwest and needed a place to stay. He also knew that we not only needed a parish administrator, but also that we had a vacant Rectory.

At the December Vestry meeting, the Vestry approved John living in the Rectory while it's vacant in exchange for working 12 hours a week as our Parish Administrator. This is a

win-win situation because now we have a parish administrator, the Rectory is not vacant and John has a place to live until he gets settled in a more permanent location.

John has previous experience as a parish administrator in another Episcopal church so he comes well trained. He will also help us refine our expectations for the 12-hour parish administrator that we have in our budget. Official office hours will be from 9:00am to noon on Monday and Tuesday, and 9:00-10:00am on Wednesday and Thursday. His working schedule will include time before and after the official office hours to get to the 12 hour level.

We have been blessed these past two years having Judy Kistner, Sheilah Reidburn, Karen Ford and Susie Nichols voluntarily covering the office for two hours a day, four days a week. Susie and Judy are retaining responsibilities for the Around the Parish newsletter. Articles can still be sent to the church at [stalbansedmonds@gmail.com](mailto:stalbansedmonds@gmail.com). Sheilah Reidburn is also retaining responsibilities for Prayers of the People.

Please welcome John as our new parish administrator. If you have questions, you can contact Maryellen Young at 425-776-2461 or [maryelleny@comcast.net](mailto:maryelleny@comcast.net).



### Parish Administrator Schedule

*John Lehrack, St. Alban's interim Parish Administrator will be in the office at the following times:*

**Monday:** 9:00 – 12:00pm  
**Tuesday:** 9:00 – 12:00pm  
**Wednesday:** 9:00 – 10:00am  
**Thursday:** 9:00 – 10:00am



### FLOWER CHART FOR 2016

Altar flowers are donated by members of the congregation in celebration, in memory or any other occasion for which they are requested. The 2016 flower chart is posted on the bulletin board to the left of the Sanctuary door.

If you wish to contribute flowers for our services, please note the following procedure:

1. Put your name on the flower chart for a specific Sunday.
2. You will receive a letter requesting your dedication instructions. Please complete and return ASAP. You may also make payment at this time.
3. If payment is not received in advance, Altar Guild will send you a statement. The cost is \$40 per Sunday. Two people may share a Sunday and the cost.
4. If you add your name in a yellow highlighted area, please contact Sharon Joy (425-678-8836) so your name will not be overlooked.

NOTE: Flowers are not used during Advent or Lent.

If you have questions, please contact Sharon Joy at the above number, or another member of Altar Guild.

### **STEWARDSHIP REFLECTIONS**

#### January 3 – 2<sup>nd</sup> Sunday after Christmas

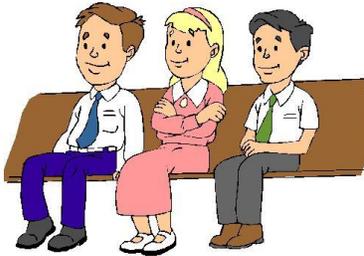
*“Grant that we may share the divine life of him who humbled himself to share our humanity...”* How is the divine life reflected in us as we go about our daily lives? Do we strive to have others see the face and hands of Jesus in us? Perhaps it’s not too late to make such a resolution for the coming year.

**January 10 – 1<sup>st</sup> Sunday after Epiphany**  
**The Baptism of our Lord**

*“You are my Son, the Beloved; with you I am well pleased.”* In our own Baptism, we have been *“marked as Christ’s own forever.”* God is always with us, and we are his beloved children. He longs for us to build a real, holy relationship with him. Part of being a good steward is using the tools of prayer, study, corporate worship and generous giving to move steadily and intentionally toward that holy relationship.

**January 17 – 2<sup>nd</sup> Sunday after Epiphany**

Psalm 36 details some of the gifts for which we need to be ever grateful: *“How priceless is your love, O god! Your people take refuge under the shadow of your wings. They feast upon the abundance of your house; you give them drink from the river of your delights. For with you is the well of life, and in your light we see light. Continue your loving kindness to those who know you, and your favor to those who are true of heart.”* Lord, make us ever true of heart.



**WORSHIP SCHEDULE**

**January 3 – 2<sup>nd</sup> Sunday after Christmas**

**Jeremiah 31:7-14; Psalm 84**

**Ephesians 1:3-6, 15-19a;**

**Matthew 2:13-15, 19-23**

8:00 Lector: Sharon Joy

EM: Jeff Tobin

10:30 Lector: Susie Nichols

EM: Mary Fowler

**January 10 – 1<sup>st</sup> Sunday after Epiphany**  
**Isaiah 43:1-7; Psalm 29**

**Acts 8:14-17; Luke 3:15-17, 21-22**

8:00 Lector: Shannon Duggan

EM: Howard Hayden

10:30 Lector: Barbara Laggozino

EM: Reilly Mannery

**January 17 – 2<sup>nd</sup> Sunday after Epiphany**

**Isaiah 62:1-5; Psalm 36:5-10**

**1 Corinthians 12:1-11; John 2:1-11**

8:00 Lector: Jeff Tobin

EM: Phil McClelland

10:30 Lector: Claudia Walker

EM: Reilly Mannery

**January 24 – 3<sup>rd</sup> Sunday after Epiphany**

**Nehemiah 8:1-3, 5-6, 8-10; Psalm 19**

**1 Corinthians 12:12-31a; Luke 4:14-21**

8:00 Lector: Howard Hayden

EM: Shannon Duggan

10:30 Lector: Shirley Clark

EM: Claudia Walker

**January 31 – 4<sup>th</sup> Sunday after Epiphany**

**(NOTE: One service at 9:30am)**

**Jeremiah 1:4-10; Psalm 71:1-6**

**1 Corinthians 13:1-13; Luke 4:21-30**

9:30 Lector: Susie Nichols

EM: Mary Fowler

**Also serving as Crucifer/Acolyte**

**1<sup>st</sup> Sunday at 10:30: Sam Wells**

**Other Sundays at 10:30: Emily Goergen**

***Remember the Food Bank  
on Sunday, January 3***

***Let’s help those in need!***