

## AROUND THE PARISH

as of February 1, 2016

St. Alban's seeks to be a welcoming, Christ-centered community,  
committed to sharing Christ's love, empowering people to grow spiritually,  
deepening our relationship with Christ and living out our faith in the community and the world.

### COMING EVENTS

- 2/1 7:00pm, Boy Scouts, PH  
2/2 10:00-11:30am, Bible Study, PH  
6:00pm, Altar Guild, PH  
7:15pm, Prayer Beads, Annex  
2/3 6:30pm, Bible Study, PH  
2/8 6:30-7:30pm, Girl Scouts, SS  
7:00pm, Boy Scouts, PH  
2/9 10:00-11:30am, Bible Study, PH  
**4:00-7:00pm, Pancake Supper, PH**  
2/10 **7:00pm, Ash Wednesday Eucharist**  
2/15 7:00pm, Boy Scouts, PH  
2/16 7:00pm, Vestry, PH (date change)

(PH = Parish Hall; SS = Sunday School)

### PLANNING AHEAD

- +February 9, Shrove Tuesday Pancake Supper, PH, 4:00-7:00pm  
*Please note: The time for Ash Wednesday Eucharist was incorrect in January 1 ATP. The time for all Lenten services will be 7:00pm. Our schedule follows:*  
+February 10, Ash Wednesday, 7:00pm Eucharist  
+March 20, Palm Sunday, 8:00am/10:30am  
+March 23, Tenebrae, 7:00pm  
+March 24, Maundy Thursday Eucharist and Stripping of Altar, 7:00pm  
+March 25, Good Friday, Evening Prayer, 7:00pm  
+Easter Sunday, 8:00am/10:30

*If you have news to share with our church family, please be sure to send your article or the information for publication in Around the Parish to our email address – [stalbansedmonds@gmail.com](mailto:stalbansedmonds@gmail.com).*

### PANCAKE SUPPER

You won't want to miss the Pancake Supper on Tuesday, February 9, from 4:00-7:00pm in the Parish Hall (*Note: Earlier start time of 4:00pm.*)

Lee Forsberg and his great crew of chefs serve fantastic pancakes, ham and applesauce, plus coffee/tea. Jim Nichols and Ron Sodetani flip a pretty mean pancake!

Admission to the Pancake Supper is \$5.00 per adult, \$2.00 for children under 10, and No Charge for those over 90 or babes in arms -- **PLUS an item for the food bank.**

Come join us for a wonderful meal and fellowship. This is also a great time to bring family, friends and neighbors to St. Alban's.

Shrove  
Tuesday



### SHROVE TUESDAY

Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter – was traditionally a time of fasting, and on Shrove Tuesday, Anglo-Saxon Christians went to confession and were “shriven” (absolved from their sins).

Shrove Tuesday was the last opportunity to use up eggs and fats before embarking on the Lenten fast, and pancakes are the perfect way of using up these ingredients.

### **KEITH OLES**

Our brother in Christ, Keith Oles, passed away in Colorado on Friday, January 29. Keith's daughter, Robin Sharpnack, is planning to have a memorial service at St. Alban's in March. Further information will be coming.



### **PALM CROSSES/FRONDS**

Palm fronds and crosses that have been consecrated need to be disposed of in a proper manner. They can be burned and the ashes used for services on Ash Wednesday.

If you have some palms from last year (or previous years), please bring them to church. There is a basket in front of the altar where they may be placed. Fr. Greg will burn them at the Shrove Tuesday pancake supper, and the ashes used at our Ash Wednesday service, February 10, 7:00pm

### **OUTREACH DONATIONS**

We at St. Alban's are a very generous and caring congregation! During 2015, the following amounts were collected for outreach donations.

#### **Organization**

Food Bank: Edmonds, Lynnwood, Mountlake Terrance & North Helpline	<b>\$4,710.25</b>
Cedar Valley Books	<b>525.00</b>
Chase Lake Christmas Gift Cards	<b>935.00</b>
1 <sup>st</sup> Qtr Outreach	<b>509.69</b>
2 <sup>nd</sup> Qtr Outreach	<b>641.00</b>
3rd Qtr Outreach	<b>568.25</b>
4 <sup>th</sup> Qtr Outreach	<b>250.00</b>
Nepal Earthquake Response	<b>758.00</b>
St. Stephen's Oak Harbor	<b>620.00</b>
Discretionary Fund	<b><u>1,488.00</u></b>
<b>TOTAL</b>	<b>\$ 11,005.19</b>

### **STEWARDSHIP REFLECTIONS**

#### **February 7 – Last Epiphany**

It is hard to believe that Lent begins this week. Have you considered yet what discipline you might assume for these next weeks? Rather than “giving something up,” what might you “take on” that will help you to grow as a steward and apprentice of Jesus?

#### **February 10 – Ash Wednesday**

There are two key steward's reminders in today's lesson. Psalm 103 urges us to “*Bless the Lord, O my soul, and forget not all his benefits,*” and the conclusion of Matthew's Gospel passage points out that we need to choose carefully what our life treasurers are to be, and to whom or what they will be committed.

#### **February 14 – Lent 1**

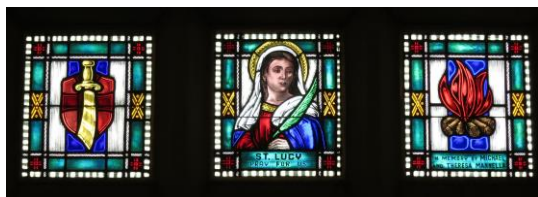
Deuteronomy: 26 is all about “first-fruits giving.” Moses rehearsed all that had happened to the Israelites, and how they were strengthened and preserved, and tells them, “*to set your gifts down before the Lord, (and then...) celebrate with all the bounty the Lord has given to you and to your house.*” Good advice for modern-day stewards as well!

**February 21 – Lent 2**

“So shall your descendants be.” Just think you are one of those descendants. Perhaps you sometimes think you are uncountable, as were all the stars Abraham could not number. But we are assured that we are loved and counted by God Himself, who numbers us all as His own. How can we not be full of gratitude for such a special gift?

**February 28 – Lent 3**

Hard lessons in these days of Lent...reminders that although we are gifted to be called God’s own, there are expectations. How do the Holy Habits of prayer, study, generous giving, and regular corporate worship help us, in the Lord’s name, to be fruit-bearing rather than barren and unproductive?



**WORSHIP SCHEDULE**

**February 7 – Last Sunday after Epiphany**

**Exodus 34:29-35; Psalm 99**

**2 Corinthians 3:12-4:2; Luke 9:28-43a**

8:00 Lector: Sharon Joy  
EM: Jeff Tobin

10:30 Lector: Shirley Clark  
EM: Mary Fowler

**February 10 – Ash Wednesday, 7:00pm**

**Isaiah 58:1-12, Psalm 103**

**2 Corinthians 5:20b-6:10;**

**Matthew 6:1-6, 16-21**

7:00pm Lector/EM: Howard Hayden

**February 14 – 1<sup>st</sup> Sunday in Lent**

**Deuteronomy 26:1-11; Psalm 91:1-2, 9-16**

**Romans 10:8b-13; Luke 4:1-13**

8:00 Lector: Shannon Duggan  
EM: Howard Hayden

10:30 Lector: Susie Nichols  
EM: Reilly Mannery

**February 21 – 2<sup>nd</sup> Sunday in Lent**

**Genesis 15:1-12, 17-18; Psalm 27**

**Philippians 3:17-4:1; Luke 13:31-35**

8:00 Lector: Jeff Tobin  
EM: Phil McClelland

10:30 Lector: Barbara Lagozzino  
EM: Mary Fowler

**February 28 – 3<sup>rd</sup> Sunday in Lent**

**Exodus 3:1-15; Canticle 63:1-8**

**1 Corinthians 10:1-13; Luke 13:1-9**

8:00 Lector: Howard Hayden  
EM: Shannon Duggan

10:30 Lector: Shirley Clark  
EM: Claudia Walker

**Also serving as Crucifer/Acolyte**

**1<sup>st</sup> Sunday at 10:30: Sam Wells**

**Other Sundays at 10:30: Emily Goergen**



**Parish Administrator Schedule**  
*John Lehack, St. Alban’s interim Parish Administrator will be in the office at the following times:*

<b>Monday:</b>	<b>9:00 – 12:00pm</b>
<b>Tuesday:</b>	<b>9:00 – 12:00pm</b>
<b>Wednesday:</b>	<b>9:00 – 10:00am</b>
<b>Thursday:</b>	<b>9:00 – 10:00am</b>