

## AROUND THE PARISH

As of September 30, 2015

St. Alban's seeks to be a welcoming, Christ-centered community,  
committed to sharing Christ's love, empowering people to grow spiritually,  
deepening our relationship with Christ and living out our faith in the community and the world.

### COMING EVENTS

- 10/1 6:30pm, Adult Bible Study, PH  
10/4 9:15am, Adult Education Class, Annex  
Blessing of the Animals  
10/5 7:00pm, Boy Scouts, PH  
10/6 10:00am, Bible Study, PH  
6:00pm, Altar Guild Meeting, PH  
7:15pm Prayer Beads, Annex  
10/7 6:30pm, Adult Bible Study, PH  
10/12 6:30pm, Girl Scouts, SS  
7:00pm, Boy Scouts, PH  
10/13 7:00pm, Vestry, PH  
10/14 3:00pm, Worship Ministry, PH  
6:30pm, Bible Study, PH  
10/14-10/20 Jenny Away

(PH = Parish Hall; SS = Sunday School Rm.)

**LOVE OF CHRIST KOREAN CHURCH has merged with another church and will no longer be using St. Alban's facilities.**

### PLANNING AHEAD

#### October 4 – Sunday

Blessing of the Animals, 10:30am service  
Display of Fr. Bob's art

#### October 21, Wednesday –

Stew Fest: Rev. Corky Carlisle, Speaker

#### November 30, Monday –

Celtic Christmas Concert

### BLESSED BY GOD'S ANIMALS

On Sunday, October 4, St. Francis Day, we will celebrate the Blessing BY Animals. Very often churches celebrate the Blessing of Animals, and we will do that at St. Alban's during the 10:30am Worship Service.

You may bring your animal with you to church, and the "Blessing" liturgy will take place during the Peace and

Offertory. Please have all animals on a tether or in appropriate containers. You will be invited to bring your animal friend to the Altar Rail where a blessing will be offered for you and your friend. If your pet has died, or is missing, you are invited to bring a photo for prayer. Children and those who are children at heart may bring stuffed animals as we pray for you. During the Peace, before the liturgy and after the liturgy, there will be a brief time to fetch your friend and return them outside if that is your preference. All horses, cows, goats and larger animals will be blessed outside after the 10:30 Worship Service.

We are blessed BY the animals in our lives. For many years Fr. Bob Dunn has been an Animal and Nature Artist, traveling to many locations to observe and paint birds and large cats, as well as elk, deer or bear. Fr. Bob will bring his art to St. Alban's for display on this Sunday in the prayer that this art may add to the blessing BY animals. Each painting has a story... just ask Fr. Bob.



**PLEASE NOTE: The Wednesday night bible study class of the Gospel of Mark has been changed to Thursday, October 1 – this week only.**

## *A Note from Father Bob*



October 11<sup>th</sup> our worship will include an Instructed Eucharist. This day we will offer a commentary on the various parts of the service with the hope that this will enrich our experience of the Holy Eucharist. This would be a good opportunity to invite a friend to church. We will remind ourselves of what we do each Sunday and why we do it. Why do we read a different Collect each Sunday? What is the purpose? When we read the Prayer of Consecration, why does it include both the words of Jesus at the Last Supper AND the invocation of the Holy Spirit? What are we supposed to do during the "Peace"? Talk about church business? NO!

On another subject: Daisy Beach is the Vestry person heading up the task force to search for our next Music Director/Organist. Committee Members are Jr. Warden Karen Ford, Phyllis Becker, Ken Hicks, Reilly Mannery and myself. Questions or concerns may be addressed to any of us.

### **BIBLE STUDY CLASSES**

It's never too late to join one of St. Alban's bible study classes. You may be able to attend regularly or only occasionally....but you are always welcome!

**Sunday morning, 9:15 am** – Eric Hanson leads a group on the Gospel of Luke in the Annex.

**Wednesday evening, 6:30pm** – Jeff Tobin teaches a class in the Parish Hall on the Gospel of Mark. The class scheduled for September 30<sup>th</sup> will be held on October 1<sup>st</sup>.

### **REMEMBER THE FOOD BANK!!**

October 4 is Food Bank Sunday! Please remember to bring canned or packaged food for the local food bank. The need in our community is great!

### **STEW FEST – OCTOBER 21**

On Wednesday, October 21, 2015, starting at 6:00pm, St. Alban's Stewardship group will be sponsoring the 2<sup>nd</sup> annual "Stew Fest." Our guest speaker for the event will be The Rev. Michael "Corky" Carlisle. You won't want to miss this dynamic and inspiring teacher. Corky embodies transformative giving. His no-nonsense attitude and the powerful example of his own stewardship have made him nationally recognized and much sought after as a speaker, educator and consultant in the area of stewardship. We are inviting other local area churches to take advantage of the opportunity to hear this outstanding speaker.

This evening will be an opportunity for us to come together in gratitude for God's blessings on St. Alban's. Please note the earlier start time (6:00pm) than our normal soup suppers allows more time for fellowship and our program.

The dinner will feature a variety of stews. Wine, salad, bread and dessert will be provided. If you would be willing to donate a pot of stew, please contact Maryellen Young, 425-776-2461 or [maryelleny@comcast.net](mailto:maryelleny@comcast.net).

### **FALL: OUTDOOR CLEANUP TIME**

The changing color of leaves, cooler days and evenings and shorter days mean fall is, not on the way, but here!

There will be an outdoor cleanup on Saturday, October 24, at 10:00am. Please bring garden tools to help rake, clean the beds and collect the branches that have fallen. If you have questions, call Lee Forsberg, 425-

774-4571. Donuts and coffee provided!**BOY SCOUT EAGLE PROJECT**

Ben Asher of Boy Scout Troop 300 chose St. Alban's for his Eagle Scout project. With the help of John Bee, and input from Lee Forsberg and Phil McClelland, Ben prepared a proposal for a meditation area in the front garden of St. Alban's, one with ADA accommodation for wheelchairs. This space is intended to be used by visitors who are unable to walk the labyrinth, but desire to have a special meditation area. A bench has been placed on the pad, and some type of art or a cross is being investigated to be placed on the nearby church wall. Thanks to Ben and his Scout leaders for giving St. Alban's this special area, and congratulations to Ben for his Eagle Scout achievement.



**LABYRINTH**

There is still time to enjoy the labyrinth now that fall is here, before the rains come. Fall is a great time to walk it with the afternoon sun shining through the trees. People walk the labyrinth as a tool to enhance prayer, contemplation, meditation and/or personal growth. There is not a "required way" to walk the labyrinth, and it's a great way to spend time with God. There is a brochure available at the entrance that provides information about labyrinths.

When you walk the labyrinth, please take a moment to sign the guest book. You can either just sign the book or add any comments you have about the experience. It's by names in the guest book that we know that our labyrinth is appreciated. Thanks to Lee

Forsberg for his efforts to maintain our labyrinth

**OUTREACH FUNDS**

The Outreach Donation Ministry Team will be meeting on October 17 to select the recipients for donations for the first quarter of 2016. If you would like to nominate an organization to receive these funds, please use the form in the Parish Hall by October 11. We especially want local area non-profit organizations that our members support with their time and talent. The recipient for our 4<sup>th</sup> quarter donations will be the South Snohomish County Emergency Cold Weather Shelter.

If you have any question, please contact members of the ministry: Carrie Cone, Connie Forsberg, Mary Fowler, Lorrie Pruitt and Maryellen Young.

**SCATTERING SEEDS OF LIFE AND LOVE**

Scattering Seeds of Life and Love is the theme for this year's Stewardship Fall Campaign. We are generous with the gifts we receive from God when we share our time, talent and treasures, not only with St. Alban's but also the community and the world. As we say in the closing prayer on page 366 of the Book of Common Prayer, "And now, Father, send us out to do the work you have given us to do." We know about the work we do as the St. Alban's community, but often we don't know about the work we do individually out in the world.

Last year we created the bulletin board next to the kitchen showing ways that we both individually and as a church community support local greater Edmonds area groups with our time, talents and treasures. This year we would like to add to this board with examples from people new to our community or new activities that you have undertaken. A form is available in the Parish Hall for your use. Please complete this form so that we have a bigger picture of the impact the St. Alban's community has in our neighborhoods.

## **GIFT FROM JoAn ANDENES**

Not only were we blessed with music provided by JoAn, we were also blessed with the icons that she shared with us, according to the season of the church year. She has gifted St. Alban's the Old Testament Trinity icon, stating that it goes well with our hymn board. We will remember JoAn and her many gifts as we view this icon. Below is some information about icons in general and an explanation of this particular icon.



## **ABOUT ICONS**

An icon is not a painting in the sense we normally regard pieces of art, although it is an image that is painted. Icons are religious pictures that convey inner spiritual meaning of their subject matter.

## **THE MEANING OF THE TRINITY ICON**

Andrei Rublev painted *The Hospitality of Abraham* in 1411. Rublev portrayed the Holy Trinity in this icon by depicting the three mysterious strangers who visited Abraham (Genesis 18:1-15). In the Genesis account, the Lord visits Abraham in the form of three men who are apparently angels representing God. In Rublev's icon painting, he depicts the three heavenly visitors sitting at a table with a cup placed before them on the table. The composition is a great circle around the table, focusing the attention on the chalice-bowl at the center, which reminds the viewer inescapably of an altar at Communion. As has often been said, the empty place at the table is for us: there is a fourth seat which completes the picture and that is where we observers are.

## **STEARDSHIP REFLECTIONS**

### **October 4 – Pentecost 19**

Jesus says, “*Let the little children come to me....for it is to such of these that the kingdom of heaven is given.*” Can we trust as children do? Can we lay our lives in His hands, trusting His plan for us....and respond with gratitude and thanksgiving for all? Will we let Him lay his hands on us and bless us?

### **October 11 – Pentecost 20**

In Mark 10:45, we read “*How hard it will be for those who have wealth to enter the kingdom of God.*” All of us have much wealth, you know, especially by the standard of many in the rest of the world. We are so blessed! As stewards and disciples, are we willing to live our lives and use all our gifts to honor God and follow His teachings?

### **October 18 – Pentecost 21**

Mark 10:45 puts it very succinctly: *The son of Man came not to be served but to serve, and to give His life as a ransom for many.* What gift can we ever give to thank Him for His incredible gift to us? Living life as a steward and disciple, and following the Lord's examples and teachings is certainly a good place to start!

### **October 25 – Pentecost 22**

Mark tells us that Bartimaeus had faith that Jesus could heal him. The disciples tried to shoo him away, but he was persistent, and Jesus answered his plea. What is it in our lives that blinds us, and lets us shoo ourselves away from believing in, and accepting, the grace and mercy of our God? As Stewards with restored vision, we can serve in ways that are yet unknown to us if we pray for our own blindness to be healed!



Also serving as Crucifer/Acolyte  
 1<sup>st</sup> Sunday at 10:30: Sam Wells  
 Other Sundays at 10:30: Emily Goergen

## WORSHIP SCHEDULE

### October 4, Pentecost 19

**Genesis 2:18-24; Psalm 8;**  
**Hebrews 1:1-4, 2:5-12; Mark 10:2-16**

8:00 Lector: Sharon Joy  
 EM: Jeff Tobin  
 10:30 Lector: Barbara Lagozzino  
 EM: Mary Fowler

### October 11, Pentecost 20

**Amos 5:6-7, 10-15; Psalm 90:12-17**  
**Hebrews 4:12-16; Mark 10:17-31**

8:00 Lector: Shannon Duggan  
 EM: Howard Hayden  
 10:30 Lector: Shirley Clark  
 EM: Susie Nichols

### October 18, Pentecost 21

**Isaiah 53:4-12, Psalm 91:9-16**  
**Hebrews 5:1-10, Mark 10:35-45**

8:00 Lector: Jeff Tobin  
 EM: Phil McClelland  
 10:30 Lector: Susie Nichols  
 EM: Claudia Walker

### October 25, Pentecost 22

**Jeremiah 31:7-9, Psalm 126**  
**Hebrews 7:23-28, Mark 10:46-52**

8:00 Lector: Howard Hayden  
 EM: Shannon Duggan  
 10:30 Lector: Shirley Clark  
 EM: Reilly Mannery

### November 1, All Saints

**Isaiah 25:6-9; Psalm 24**  
**Revelation 21:1-6a; John 11:32-44**

8:00 Lector: Sharon Joy  
 EM: Jeff Tobin  
 10:30 Lector: Susan Hanson  
 EM: Eric Hanson



### CONTACTING FR. BOB

Fr. Bob will be in his office:

Wednesdays: 10:00am – noon  
 By appointment 1:00 – 3:00pm  
 Evening by appointment

Thursdays: 10:00am – noon  
 By appointment 1:00 – 3:00pm

Fr. Bob's phone numbers:

Church office 425-778-0371  
 Fr. Bob's cell 425-350-5065  
 Rectory 425-640-5443

Fr. Bob's Email: [stalbanpriest@gmail.com](mailto:stalbanpriest@gmail.com)

### CONTACTING DEACON JENNY

Jenny's cell: 619-823-5947  
 Email: [jennyvervynck@gmail.com](mailto:jennyvervynck@gmail.com)