

## AROUND THE PARISH

As of July 15, 2015

St. Alban's seeks to be a welcoming, Christ-centered community,  
committed to sharing Christ's love, empowering people to grow spiritually,  
deepening our relationship with Christ and living out our faith in the community and the world.

### COMING EVENTS

7/20 7:00pm, Boy Scouts, PH  
7/21 10:00am Bible Study, PH  
7/27 7:00pm, Boy Scouts, PH  
7/27-31 **Father Bob on Vacation**  
7/28 10:00am Bible Study, PH  
(PH = Parish Hall; SS = Sunday School Rm.)

### PLANNING AHEAD

**St. Alban's Parish Picnic is  
coming - Sunday, August 9, at  
10:30am in Edmonds Park**



### PARISH DIRECTORY UPDATES

**PLEASE NOTE:** Apt # for Keith Oles has  
changed to #507.

### Financial Update 1st 6 months 2015

Thank you for all of your contributions so far  
this year. Financially we are in good shape.  
We are slightly underrunning our budgeted  
income and we are also underrunning our  
budgeted expenses. Please remember that  
even if you take a vacation, our expenses  
don't. If you are away, you can always mail  
your donation to the church at  
21405 82nd Pl W, Edmonds, WA 98026.

<u>Category</u>	<u>Actuals YTD</u>	<u>Budget YTD</u>	<u>Diff.</u>
Income	\$74,332	\$75,234	(\$902)
Expenses	\$70,594	\$74,182	(\$3,588)
Difference	\$3,738	\$1,052	

Thanks again for making the ministries of  
St. Alban's possible through your generosity  
**PRESIDING BISHOP ELECTED**

The Rev. Michael Curry was elected June 27<sup>th</sup>,  
and is the first African American, Presiding  
Bishop of the Episcopal Church with a historic  
landslide victory. Bishop Curry will succeed  
Bishop Katharine Jeffers Schori, who will  
complete her nine-year term on November 1.

Bishop Curry, 62, has been bishop of North  
Carolina since 2000. He is a native of  
Chicago, and he and his wife, Sharon, have  
two daughters.

At a news conference, Bishop Curry shared  
some thoughts about a range of issues, "I am  
looking forward to serving and working for the  
cause of the Jesus movement in the world...to  
help this become a transformed world that  
looks more like God's dream and less like our  
nightmare."

Regarding evangelism, Bishop Curry said,  
"Everybody knows I really do take evangelism  
seriously and discipleship and witness and  
service and social advocacy – the gospel  
principles that we hold. Those three things are  
critical and needed in this time. I think the  
Episcopal Church has something to offer in the  
public square."

Bishop Curry continued, "I believe  
profoundly that Dr. King was right. We were  
put here to create the beloved community; God  
is the same God and creator of all of us. If we  
all come from the same source – I'm not a  
scientist...I'm just a preacher – but if we've  
got the same parental source, then you're  
related to everybody. We are brothers and  
sisters of each other. The hard work is to  
figure out how we live as beloved community,  
as the human family of God and do that in  
practical and tangible ways."

“I believe that the way of Jesus, the way of God’s love that we see in Jesus, is the way of life, life that sets us free, that moves us.

### ”A Note from Father Bob:



There is a level of excitement coming out of the National Episcopal Church Convention just ended in Salt Lake City. It begins with the election of Michael Curry as the next Presiding Bishop of the Episcopal Church. His term begins on November 1<sup>st</sup>, however, he is already inserting a new energy into our old church.

*Curry joined with hundreds of bishops and other convention-goers during a June 28 anti-gun-violence procession to witness, worship and walk through the streets of Salt Lake City. The goal was to build common ground and “bring an end to violence, because black lives matter, brown lives matter, all lives matter,” he said.*

*Curry challenged marchers to: “Go forth, go forth, go forth into this world and proclaim that love is the only way. Go forth and proclaim that we will end the scourge of violence, we will make poverty history, and we will end racism, because we all got one God who created us and we are all children of that one God, and we are brothers and sisters one of another, and all lives matter.”*

*Many, including Union of Black Episcopalians’ President Annette Buchanan, believe that Curry’s election signals an era of reconciliation and deep listening and cooperation within the church. “Part of what we are all committed to in The Episcopal Church is having a conversation about racial justice and social justice”.*

*Emily Shelton, from the Diocese of Virginia and a member of the Episcopal Peace Fellowship Young Adults, said “God is sounding the alarm but we keep hitting the snooze button. It’s time for the church to wake up.”*

It is, I believe, too easy to see church as what happens on Sundays, worship God in a fine and beautiful way, and then go back to our daily lives. Our worship is intended to change us for the mission of God. We gather with like-minded folk to share our successes and our failures, build each other up, pray, hear the Word of God and put on the full armor of God to go back into world to give away God’s love. May God strengthen you as you serve God in word and deed.

### WHILE FATHER BOB IS AWAY

While Father Bob is on vacation should you need assistance please call:

Rev. Jenny Vervynck, Deacon, 619-823-5947  
Dan Mullene, Sr. Warden, 425-415-3661  
Karen Ford, Jr. Warden, 206-466-5254



### A NOTE OF THANKS

Dear our wonderful, faithful friends at St. Alban’s:

You have outdone yourselves with another wonderful gift to the Third Grade classes at Cedar Valley Community School! Thank you all so much for your support with your generous donations. Each child was thrilled with their gift of books and bookmarks. The teachers were thrilled too, knowing that the students will have great reading material for the summer and beyond. Special thanks to Maryellen Young and her committee for implementing the fundraiser.

I speak for myself and on behalf of Cedar Valley when I say we are all so touched by your

love, and grateful for your generosity. Thank you!!!

With appreciation, Camille Hartley

### **A PASSING**

Verle Helsel passed away at home in Wenatchee on June 21<sup>st</sup>. Please keep Ingrid, his wife, and their children in your prayers. Verle and Ingrid were member of St. Alban's when they lived in Edmonds. He was our Deacon and a member of the search committee when George Wilson retired. A funeral service was held on Friday, July 3.

### **EMERGENCY MEDICAL RECORD**

Last year we made available to parishioners the File of Life medical record to be filled out and kept in a prominent place in your home obvious to first responders. This year we have obtained another smaller medical record to be filled out with your medical information and kept in your wallet.

We will be distributing these at church on July 19<sup>th</sup> to all parishioners. If you can't attend on that day, please let Shirley Wilson or Lorrie Pruitt know, and they will save one for you.



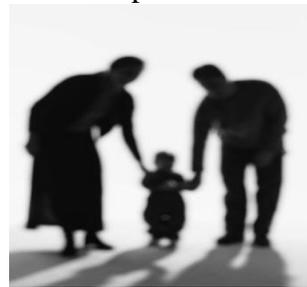
### **SECOND QUARTER OUTREACH – MATTHEW HOUSE**

Matthew House is a frontline service organization, which serves God by serving children and families. They form a partnership to love, support and help even more children and families in the coming year with our continued support. We are Matthew House!

Their mission is to be there for children who have been left behind because of crimes their parents have committed. They are the

innocent, abandoned and forgotten victims when a crime happens. Matthew House is there with clothes, food, day care and, most important, open loving arms of support and caring. Every child that gets hugged and loved is having that happen because contributors cared enough to financially support this ministry.

Last year, Matthew House drove over 2,000 families to visit ten different prisons around Washington State. Many children were able to see their fathers for the first time in years, as well as the families who were able to visit with loved ones. This year Tawny Scollard, an intern from a local college, is working with Matthew House. She actually has a son incarcerated and was able to take a Matthew House van trip to see her son in Spokane. Donations make this possible!



Family is the center point of most lives. The most powerful force in a person's life is their family, and the most compelling reason for a person to change is his/her family. The family of an inmate, though guilty of nothing, suffers right alongside the inmate. Matthew House is a "little house with a big heart," the heart of love and compassion...the heart of Christ to the "forgotten victims, the women and children of prisoners."

Matthew House provides for 1,000 families a year. They drive over 1,200 women and children around Washington State every year; that is over 30,000 miles just on weekends. They have three apartments where families can stay. They also provide shelter and assistance for any child or woman that is in need. During the holidays, Matthew House provided over

150 food baskets for Thanksgiving and Christmas gifts for over 700 children.

A box is in the Parish Hall to collect donations of tuna fish and cans of soup which they currently need.

### **THIRD QUARTER OUTREACH SMITHWRIGHT SERVICES**

SmithWright Services has been chosen for the organization to receive our Outreach Donations for the 3<sup>rd</sup> quarter of 2015. You may not be aware of this organization, but they are a nearby neighbor of ours located near Five Corners on Bowdoin Way, next to the drycleaners. The SmithWright Group Home provides a safe, comfortable and homelike environment for adults with severe developmental disabilities, some of whom have ongoing medical issues. The program is highly staffed 24 hours per day, and is overseen by a registered nurse.

Marjorie Garrard, who also has a disabled son, suggested this organization be a recipient of our outreach funds, wanting to support an organization who is a neighbor.

I asked if there was anything we could contribute and was advised that they can always use white towels and wash clothes. Watch for a laundry basket in the Parish Hall if you would like to make a donation of needed items.

Maryellen Young on behalf of the  
Outreach Ministry Team

### **BUILDINGS GROUNDS MINISTRY**

*On Sunday, July 5, St. Alban's celebrated the ministry of Buildings and Grounds and Lee Forsberg who spends many hours around St. Alban's and leads those who volunteer. Lee shared the following with parishioners:*

I have been asked to give a brief explanation of what the Buildings & Grounds committee does for St. Alban's, and I guess the name really describes our function pretty well. We are a small group who do the best we can to

maintain the physical plant and grounds of the church. And that is a mouthful if you consider what we do throughout the year!

Since there are a small number of parishioners who are physically able and/or interested in trying to keep our church as presentable as possible to the neighborhood, I think we do a pretty good job. The help we receive from Boy Scout Troop #300 is very beneficial, as they usually give us one Saturday in thpring to weed, prune, rake and add gravel and bark. They also help cut blackberries, clean storm drains and a variety of other needs around St. Alban's. When you see a Scout, please don't hesitate to thank them for the work they do to maintain our church.

We are in serious need of more help from the congregation as we have only about four or five people who show up for work parties, and we need about ten for our five or six work parties per year.



Buildings & Grounds does not have a designated budget that is sustainable to make major improvements throughout the year. All the maintenance is strictly volunteer and relies on the knowledge that each person brings with them. The only time funds are requested outside of paying for utilities is on an emergency basis. This makes it very difficult for the committee to really make telling improvements! From time to time, Vestry will allocate money from Memorials that can be used to make an improvement, but those are the only funds that are spent on keeping the buildings and grounds during the year.

One of the items that has been improved or upgraded in recent years is the church lighting

that we now take for granted each time we use the facility. The kitchen and carpeting in the church hall are also great items of improvement that somewhat keep St. Alban's viable as a church. There have been some improvements to the sound system that we enjoy every week. Various people have taken these items on as challenges in keeping St. Alban's updated, and they are to be greatly thanked. There are those who regularly donate needed items to see church needs are met on a daily basis, and they also deserve a huge thank you.

What I am trying to tell you is that we are deficient in a couple of areas, those being lack of funds to do yearly upkeep. We also have a very great need for help from able-bodied persons to do daily, weekly and seasonal maintenance for our church. If you or someone you know is able to take on some of the daily duties, please feel encouraged to do so and also do some encouraging to others to come forward and lend a hand. We need your assistance in the worst way! Please, can you help?

Lee Forsberg



## STEWARDSHIP REFLECTIONS

### July 19 – Pentecost 8 – Proper 11

Jesus recognizes that the disciples may be in danger of what we today call “burnout.” He urges them to “*come aside and rest awhile.*” What kind of resting stewardship do we practice in our own hectic or otherwise complicated lives? How much quiet time do we give to God in prayer, study, and meditation to help us “recharge our spiritual

batteries” and continue in faithful, loving service to the God who has given us all?

### July 26 – Pentecost 9, Proper 12

The miracle of the loaves and fishes parable is a reminder for all of us attempting to be good stewards, that if we have faith, God will provide far more than we need – and help us to fulfill the needs of others in His name as well. Here's a Grace for Meals you might like to use as a reminder in the coming week. “*Christ in the wilderness five thousand fed, with two small fishes and five loaves of bread. May the God above who made that division, descend upon us and our provision. Amen.*”

### August 2 – Pentecost 10, Proper 13

One of the favorite hymns of many folks in the Diocese of Bethlehem (literally in Hebrew, “the house of bread”) is #335, “*I Am the Bread of Life.*” The last two sentences of today's gospel remind us of those comforting words: “*Jesus said to them, I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.*” What a promise on which those striving to be good stewards can build their life with their Creator!

### August 9 – Pentecost 11, Proper 14

In Ephesians, we are told, “...*be kind to one another, tenderhearted, forgiving one another as God in Christ has forgiven you. Therefore, be imitators of God as beloved children, and live in love as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.*” How do we “show forth in our daily lives” our gratitude and thanks for this greatest of freely-given gifts?

### August 16 – Pentecost 12, Proper 15

Ephesians says in part, “...*singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything...*” We are not asked to be thankful just when it is easy or convenient; that's

simple. Rather, we are asked to undergird all our lives with trust and gratitude for God's vision for us through the highs and lows that come to all of us...a spiritual challenge indeed!

## **WORSHIP SCHEDULE**

### **July 19 – Pentecost 8**

**Jeremiah 23:1-6, Psalm 23**

**Ephesians 2:11-22, Mark 6:30-34, 53-56**

8:00 Lector: Sharon Joy

EM: Jeff Tobin

10:30 Lector: Susie Nichols

EM: Mary Fowler

### **July 26 – Pentecost 9**

**2 Kings 4:42-44, Psalm 145:10-19**

**Ephesians 3:14-21, John 6:1-21**

8:00 Lector: Karen Ford

EM: Shannon Duggan

10:30 Lector: Eric Hanson

EM: Susan Hanson

### **August 2 – Pentecost 10**

**Exodus 16:2-4, 9-15, Psalm 78:23-29**

**Ephesians 4:1-16, John 6:24-35**

8:00 Lector: Howard Hayden

EM: Jeff Tobin

10:30 Lector: Barb Lagozzino

EM: Dan Mullene

### **August 9 – Pentecost 11**

**1 Kings 19:4-8; Psalm 34:1-8**

**Ephesians 4:35-5:2; John 6:25, 41-51**

8:00 Lector: Shannon Duggan

EM: Howard Hayden

10:30 Lector: Susan Hanson

EM: Eric Hanson

### **August 16 - Pentecost 12**

**Proverbs 9:1-6; Psalm 34:9-14**

**Ephesians 5:15-20; John 6:51-58**

8:00 Lector: JoAn Andenes

EM: Phil McClelland

10:30 Lector: Shirley Clark

EM: Mary Fowler

### **Also serving as Crucifer/Acolyte**

1<sup>st</sup> Sunday at 10:30: Sam Wells

Other Sundays at 10:30: Emily Goergen



### **CONTACTING FR. BOB**

Fr. Bob will be in his office:

Wednesdays: 10:00am – noon

By appointment 1:00 – 3:00pm

Evening by appointment

Thursdays: 10:00am – noon

By appointment 1:00 – 3:00pm

Fr. Bob's phone numbers:

Church office 425-778-0371

Fr. Bob's cell 425-350-5065

Rectory 425-640-5443

Fr. Bob's Email: [stalbanpriest@gmail.com](mailto:stalbanpriest@gmail.com)

### **CONTACTING DEACON JENNY**

Jenny's cell: 619-823-5947

Email: [jennyvervynck@gmail.com](mailto:jennyvervynck@gmail.com)

### **PARISH DIRECTORY....**

The Parish Directory has been updated and is available in the Parish Hall on Sundays. If you do not see them in the Parish Hall, please ask for one.

If there are corrections to your information, notify the office: phone 425-778-0371 or email to [stalbansedmonds@gmail.com](mailto:stalbansedmonds@gmail.com). The update will be published in Around the Parish.

### **LOVE OF CHRIST KOREAN CHURCH** **WEEKLY SCHEDULE**

Wednesday:

7:30pm to 8:30pm – Annex

Sunday:

11:30am to 12:30pm - Annex

1:00pm to 3:00pm – Sanctuary, Annex  
and Sunday School