

## AROUND THE PARISH

As of February 28, 2015

St. Alban's seeks to be a welcoming Christ-centered community committed to sharing Christ love – empowering people to grow spiritually, deepening our relationship with Christ and living out our faith in the community and the world.  
*Current News & Events from St. Alban's Parish, Edmonds, WA*

### COMING EVENTS

- 3/2 7:00pm, Boy Scouts, PH  
3/3 10:00-11:30am, Bible Study, PH  
7:00pm, Vestry Executive, Rectory  
7:15pm, Prayer Beads, Annex  
3/4 6:30pm, Soup Supper, PH  
7:00pm, Lenten Program, PH  
3/7 2:00pm, Hal Cone Memorial  
3/9 6:30-7:30pm, Girl Scouts, SS Wing  
7:00pm, Boy Scouts, PH  
3/10 10:00-11:30am, Bible Study, PH  
7:00pm, Vestry, PH  
3/11 6:00pm, Altar Guild, Annex  
6:30pm, Soup Supper, PH  
7:00pm, Lenten Program, PH

### LOVE OF CHRIST WEEKLY SCHEDULE

Wednesday:

7:30pm to 8:30pm – Annex

Sunday:

1:00pm to 4:00pm – Sanctuary, Annex  
and Sunday School

### PLANNING AHEAD

DAYLIGHT SAVINGS TIME BEGINS:  
MARCH 8, 2015

### LENTEN SOUP SUPPERS CONTINUE, ENDING MARCH 25

- 6:30pm Lenten Soup Supper  
7:00pm Lenten Study to be conducted  
by Fr. Bob and Eric Hanson  
4/1 7:00pm Tenebrae  
4/2 7:00pm Maundy Thursday,  
Striping of the Altar  
4/3 7:00pm Good Friday,  
Stations of the Cross

*Lenten Tracts are available in the  
Parish Hall Tract Rack.*

### LENTEN SOUP SUPPERS & LESSONS

Continuing each Wednesday in Lent (March 4, 11 and 18), and ending March 25, there will be a supper of soup, salad and dessert at 6:30pm in the Parish Hall with teaching by either Eric Hanson and/or Fr. Bob Dunn to follow. *"The Creative Tension that We Face as We Live Out Our Lives as Christians and Episcopalians"* is the challenge that Fr. Bob and Eric will address in their lesson each Wednesday. Come and see what they mean.

Sign-up sheets can be found in the Parish Hall. Please bring something to share with others, if you can.

Questions? Contact Carrie Cone at 206-367-7402 or [cmcone@uw.edu](mailto:cmcone@uw.edu).



### HAROLD CONE'S MEMORIAL

All are invited to a memorial service for former parishioner, Hal Cone, who passed away on January 20<sup>th</sup> from complications of Alzheimer's Disease.

The service will be held at St. Alban's on March 7th at 2:00pm with a reception to follow.

Carrie Cone, Hal's daughter, welcomes all St. Alban's parishioners to join in the celebration of Hal's life with family and friends.

## ***A Note From Father Bob:***



Wonderful, exciting, God-filled stuff. That's what is happening at St. Alban's. Thank God!

Your new Vestry had a great meeting where the liaison roles for ministry were divided. The Holy Spirit was certainly present as person after person stepped forward to take on this leadership. No one had their arms twisted. Praise God!

The first evening of our Lenten program was what I would call a success. Sixteen of us gathered and under the leadership of Eric Hanson, we laughed, questioned and learned. Many thanks to Carrie Cone and the people who provided delicious soups and salads. The desserts were good too.

Next Wednesday I will initiate a conversation about the creative tension between Word and Sacrament in the Episcopal Church. You are all invited on Wednesday at 6:30pm for supper.

I am pleased to introduce to you an old friend and a Deacon in the Episcopal Church, Jenny Vervynck, who will be our guest preacher on Sunday, March 1<sup>st</sup>. She will also offer a children's sermon. My experience of children's sermons is that many adults like them as well or better than the more formal sermons. Please welcome Jenny and Brian as our visitors.

Looking ahead, the season of Lent is calling us - calling us to a deeper faith and to a broader ministry of love. Come journey with the people of St. Alban's and our friend, Jesus. God's Peace.

## **LENTEN STUDY**

The general topic we will consider "*The Creative Tension that We Face as We Live Out Our Lives as Christians and Episcopalians*". The classes may change as we go along. This is intended to be a dynamic time when the conversations we have may influence the overall study. We begin with some working titles:

The creative tension we experience each time we celebrate Holy Eucharist between the service of the Word and Holy Communion.

The creative tension between outreach ministry and what we might call inreach ministry.

The creative tension between a quiet and reflective style and a more verbal and outgoing style of being a church.

The creative tension between a church with a lot of music and one where the worship is spoken only.

## **PARISH DIRECTORY**

The Parish Directory has been updated. Copies will be available in the Parish Hall on Sundays. For security reasons, we will not leave them on a table during the week. If you have a change in address, phone numbers and/or email, please send your info to the church office ([stalbansedmonds@gmail.com](mailto:stalbansedmonds@gmail.com)) or call 425-778-0371.

### **PARISH DIRECTORY CHANGE**

#### **Update for Current Email:**

Vicki Taylor

EM: [vickit51@yahoo.com](mailto:vickit51@yahoo.com)

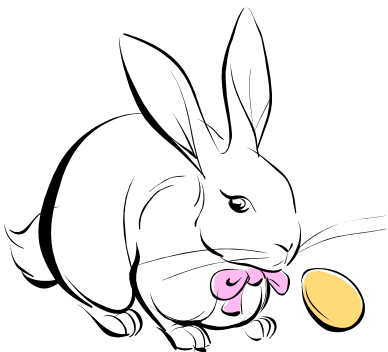
**MARK YOUR**  
**CALENDARS FOR**  
**PARISH PICNIC!!**  
**AUGUST 9**

## **LOUISE CLARK**

Louise Clark passed away on February 25<sup>th</sup> at Aldercrest Rehab Center. Services are pending.

## **EASTER EGG HUNT CANDY**

An Easter Egg Hunt is a great event for all kids, and we want to make ours at St. Alban's special. We have lots of plastic eggs to stuff and are asking the congregation to donate small, wrapped candies. A notice will be in the bulletin shortly requesting contributions prior to Easter (April 5). In the meantime, please keep this request in mind, and on your shopping list. Thank you!



## **SHROVE TUESDAY PANCAKE SUPPER**

It is amazing how a pancake can bring out the good in people! It was heartwarming to see how great and generous the people of St. Alban's were at our Shrove Tuesday Pancake Supper. Lots of love, compassion and fellowship were displayed. It was a true celebration for sending us into Lent.

Numerous acquaintances were rekindled and new friendships started. St. Alban's is very fortunate to have so many fine and generous people. We are also blessed this year with Fr. Bob who spent time in the kitchen and visiting all the tables to talk about St. Alban's and its people. Our parish is hungry for this type of attention from our parish leader.

This turned out to be one of the best-attended suppers in the past several years. All expenses were covered, and we sent \$123 to the food bank. Both of the food baskets were filled, and the value of each was estimated to be between \$65 and \$75. This made a nice gift for the food bank and a lot of people who are in need of our help every day. We need to think of those individuals and their needs weekly as we come to church, and especially the first Sunday of each month.

To all those who volunteered their time to set-up and take-down, and service the needs of the evening, here is a big **THANKS TO YOU!!** You were all wonderful, and here is hoping that your Lenten Season is off to a good start. With much appreciation.

*Lee Forsberg*

## **SAFEGUARDING GOD'S CHILDREN & SAFEGUARDING GOD'S PEOPLE**

The Episcopal Church Nationally has made a positive response to the growing concern for sexual issues in the church, both in protection of our children and our older members. The Diocese of Olympia is making two training opportunities available as a part of this national response. They are "Safeguarding God's Children" and "Safeguarding God's People."

The two trainings are very important for anyone who has contact with children at church, as well as shut-ins or persons in hospital or nursing/retirement homes. They are also important for anyone in a leadership role at the church. There is an online version available for parents; however the "in person" version is required for those who will participate in these ministries at the church or on behalf of the church.

The training is most often offered on Saturdays at various churches in the Diocese. Thanks to Karen Ford and Dan Mullene, St. Alban's has arranged for both trainings to be offered **here on Saturday, May 2**. You will never find these offered closer to home, so I

am hopeful that many from this congregation will take advantage of this day.

The training does require advance registration, and you will receive a certificate that is good for five years. The training will be open to others in the Diocese. Watch for further information about registration, and add this training session to your calendar.

Fr. Bob Dunn



### **EASTER FLOWERS**

There are envelopes for dedicating Easter Flowers located in the racks in the pews. Anyone wishing to give flowers in memory of someone or in celebration of life's blessings may fill out the information, place their donation in the envelope and place it in the offering plate.

### **STEWARDSHIP REFLECTIONS**

**Lent II** The Epistle from Romans says *No distrust made him waver concerning the promise of God...he was fully convinced that God was able to do what he had promised.* Are we striving to bring the same faith to our spiritual and stewardship lives? The idea of absolute trust in our Creator can be an elusive idea to wrap our hearts and minds around!

## **WORSHIP SCHEDULE**

**Acolyte for March:** Emily Goergen

### **March 1 – Lent II**

**Genesis 17:1-7, 15-16, Psalm 22:22-30**

**Romans 4:13-25, Mark 8:31-38**

8:00 Lector: Sharon Joy

EM: Jeff Tobin

10:30 Lector: Susie Nichols

EM: Connie Forsberg

### **March 8 – Lent III**

**Exodus 20:1-17, Psalm 19**

**1 Corinthians 1:18-25, John 2:13-22**

8:00 Lector: Shannon Duggan

EM: Howard Hayden

10:30 Lector: Carol Hicks

EM: Dan Mullene

### **March 15 – Lent IV**

**Numbers 21:4-9, Psalm 107:1-3, 17-22**

**Ephesians 2:1-10, John 3:14-21**

8:00 Lector: JoAn Andenes

EM: Shannon Duggan

10:30 Lector: Keith Oles

EM: Reilly Mannery

### **CONTACTING FR. BOB**

Fr. Bob will be in his office:

Wednesdays: 10:00am – noon

By appointment 1:00 – 3:00pm

Evening by appointment

Thursdays: 10:00am – noon

By appointment 1:00 – 3:00pm

Fr. Bob's phone numbers:

Church office 425-778-0371

Fr. Bob's cell 425-350-5065

Rectory 425-640-5443

Fr. Bob's Email

[stalbanpriest@gmail.com](mailto:stalbanpriest@gmail.com)