



Gospel Grapevine



October 2010

What's Inside:

Vestry Update	2
Touch of Inner Healing	3
Treasurer's Report	4
Holden Village	5
Hands On Activities	6
Cursillo	7

A Hundred Thousand Welcomes

Would you like to hear a good story?

Good stories are part of a *ceilidh* – an evening's gathering to share stories and tales, poems and ballads, songs and music, among your friends and neighbors. It's a Celtic hootenanny in other words. It's a spontaneous celebration including everybody's gifts.

Listen to the music, join in the laughter, sing along with the songs. Tell your own story.

Come along to the *ceilidh* – at St Alban's on Friday evening October 22nd, we'll be gathering in our parish hall around 7 o'clock. If you'd like to bring some dessert to share please bring that as well. And let your friends know: all are welcome at St Alban's church.



Saturday, October 23rd, we'll continue the celebration of Celtic spirit, story and song, in a day's teaching and music-making with Tom Cashman, Carla Pryne, and Tara Ward. We'll begin at 9:30 – have a cup of tea, or a mug of coffee. Brett's Catering will provide lunch. We'll close with a Celtic eucharist.

Carla Pryne is rector of the church of the Holy Spirit on Vashon Island; she is a co-founder of Earth Ministry. Tom Cashman teaches spiritual formation and Celtic spirituality in the Mars Hill Graduate School; he is our congregational consultant this 'school year' - including leading our vestry retreat (January 14-16). Tom and Carla led a pilgrimage to Celtic Ireland and Scotland last year. Singer-songwriter Tara Ward is worship architect for the Church of the Beloved (<http://belovedschurch.org/hope/>).

It's all part of "A Hundred Thousand Welcomes" – (that's *céad míle fáilte* in the Irish) – our harvest-time celebration of the bountiful goodness of God.

Register for \$30/early-bird price is \$25 before October 14th. Call the church office at 425-778-0371 or email stalbansedmonds@gmail.com or register online at <http://ceidmilefailte.eventbrite.com> - we'll be glad to see you!

**St. Alban's
Episcopal Church**

21405 82nd Place W
Edmonds, WA 98026
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Fax: 425-778-1583

Email: stalbansedmonds@gmail.com
www.stalbansedmonds.org

**Worship Schedule
Sundays**

8:00 a.m. Holy Eucharist, Rite I
10:00 a.m. Nursery Open
10:30 a.m. Sunday School
10:30 a.m. Holy Eucharist, Rite II

Vestry Update *By Eric Hanson*

St. Alban's Vestry
Eric Hanson, *Senior Warden*
Shirley Wilson, *Junior Warden*
Carrie Cone
Karen Cresse
Kären Ford
Barbara Hatt
Phil McClelland
Sarah Sweeney
Susie Nichols, *Treasurer*
Sharon Joy, *Clerk*

Delegates to Convention 2010-11
Emily Bee
Phil McClelland

Alternates 2010
Sarah Sweeney

Staff

The Rev. John Leech, *Rector*
Lisa Coale, *Parish Administrator*
JoAn Andenes, *Music Director*
& *Organist*
Shannon Duggan & Jeannie Wells
Sunday School Directors
Ben Johnson, *Youth Leader &*
Webmaster
Mona Carter, *Newsletter Editor*

Office Hours

Monday through Thursday
9:00 a.m. to 12:00 noon;
1:00 p.m. to 4:30 p.m.

As a prelude to the Fall Diocesan convention and annual parish meeting, the vestry thought it important for all parishioners to understand what the vestry is and what it does.

THE VESTRY

Vestry members are elected by the congregation at our annual meeting to serve a three-year term. The Vestry currently consists of nine members. (This number is set at the annual meeting.) At the first vestry meeting after the elections, the rector names the Senior Warden and the Vestry elects the Junior Warden(s), Treasurer and Clerk. Although the main function of a Vestry is to conduct the temporal activities, business, and financial affairs of the Parish, the Vestry also appoints and oversees committees, such as: Finance, Stewardship, and Building & Grounds. The Vestry may also appoint ad hoc committees or teams to address particular needs or accomplish specific tasks. The Vestry normally meets the second Wednesday of every month except August, at 7pm in the parish hall.

COMMITTEES

FINANCE

The Finance Committee advises the Vestry, the Treasurer and the Rector on financial decisions and draws up the proposed budget for the coming year. The Committee meets separately from the Vestry meetings, as announced in the parish newsletter. The Finance Committee currently has three regular members – Carrie Cone (chair), Sarah Sweeney, and Daisy Beach; the Treasurer, Senior Warden, and Rector are ex officio members.

STEWARDSHIP

The Stewardship Committee is responsible for conducting the fall campaign for financial pledges. The Stewardship Committee, named at the September vestry meeting, currently has four members: Carrie Cone, Verne Giddings, Millie Salmon, and Jeannie Wells.

BUILDING AND GROUNDS

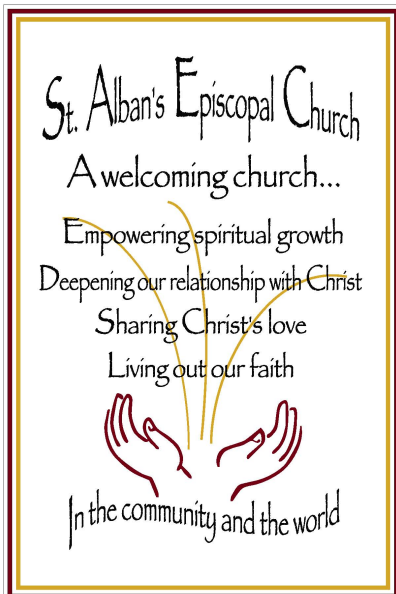
The Building and Grounds Committee is just being formed. The buildings and grounds committee will probably take the primary responsibility for the maintenance of the buildings and grounds of the parish. It may also serve as a coordinating team for various projects and programs of maintenance and of development of the physical properties.

NOMINATING COMMITTEE

Our vestry's past practice has included establishing a Nominating Committee consisting of all Vestry members retiring at the end of the current term.

DIOCESAN CONVENTION DELEGATES AND ALTERNATES

At our annual parish meeting we elect delegates and alternates to represent the congregation at our annual diocesan convention.



Continued on page 3

Vestry (cont'd)

To be eligible to serve on Vestry, or as delegate or alternate to Diocesan Convention, one must have been a member of the parish for at least a year, and be an adult communicant in good standing in the parish; that is, a baptized Christian at least sixteen years old, who regularly takes communion, and who has made stated contributions to the parish budget during the six months prior to the election.

Alzheimer's Memory Walk *By Barbara Hatt*

Thank you for support in raising funds for the Alzheimer's Memory Walk. This year we almost doubled last year's amount. The Hatt Family and Friends team raised \$652! Thank you again for all your generous contributions.

Safeguarding God's Children Training

By

On Saturday, September 11th, St. Alban's hosted "Safeguarding God's Children" training. The Diocese of Olympia instituted this required training in 2009 for all those who work with children, have responsibility for the preparation of children's ministries or are in proximity to children at the church at any time.

Susan & Eric Hanson, Shirley Wilson, Carrie Cone, Cheryl Healy, Sr. Dorothy Kiest, and Margaret Ainsley all attended.

Thanks to all of you who have attended the training previously, and to those who have helped host or train.

A Touch of Inner Healing - Side by Side

By Shirley Wilson

When Carrie Cone was still single, she and I prayed together about a man she was dating. Their relationship had turned serious, but she wanted to be sure he was God's choice for her, in part because he didn't share her faith in God. She must have gotten a positive answer, because she and Dave Lange were married at St. Alban's on September 18th, 1999. That date was significant, because it was also the anniversary of her maternal grandparents and her parents. After discovering this as a child, her dream had been to carry on the tradition. Luckily, that date fell on a Saturday the year they chose to marry, and she and Dave have been side by side ever since.

Carrie was born in Seattle in 1959 to a city gal from San Francisco and a farm boy from Kansas. The family moved for a few years to the U.S. South, when her father was transferred by Boeing. There she and her mom were baptized in the Episcopal Church, and although Carrie was only four years old, she took it seriously, talking to God the Father on a regular basis from that moment on. An only child, she understood adult talk from an early age. In 1964 her family moved back to the Seattle area, where she attended public school in Bellevue and became a member of St. Margaret's Episcopal Church. Later her dad took the family to St. Luke's in Ballard, where they all were baptized in the Holy Spirit and was then sent by the Spirit back to Bellevue, attending the Church of the Resurrection.

Her father wanted her to become familiar with all kinds of people and establish a good work ethic early, so he got Carrie her first job at Winchell's Donuts at the age of sixteen. This made her very popular with her friends' parents, because they found boxes of day-old donuts on their doorstep in the morning. From then on, all her jobs have been obtained through the guidance of the Holy Spirit. Carrie started college at Western Washington University in Bellingham in 1977. She majored in Sociology, but after three years quit work and traveled through Europe with her girl friends. That experience gave her a whole new perspective on the world. She decided to put school aside for awhile and concentrate on building a career. Fifteen years later she returned to college and earned her Bachelor's degree from Southern Illinois University-Carbondale at their branch campus at McCord Air Force Base. An interesting sidelight is that Dave's dad had been a professor at SIU when Dave was young.

Carrie eventually moved back to the Seattle area to pursue a broader job market, and was hired as an administrative assistant with a non-profit called the Keep Washington Green Association. Their offices were on the University of Washington campus so she became well acquainted with the academic environment. She was laid off when the 50-year-old organization could no longer sustain its funding; however, the University, knowing her already, offered her a job. She will proudly celebrate 18 years as a public servant this October. In 1985 Carrie came to St. Alban's, found the people faithful and endearing, and has been here ever since. She has been very active as a vestry member twice, serving as Jr and Sr Warden, as well as chairing numerous committees. She also served on the Call Committee that recommended Fr. John. Carrie has been a singer her whole life, singing in school choirs and ensembles, in a Christian college ensemble, and in years past with the St. Alban's choir. She even found the courage to sing a solo at her wedding reception.

Continued on page 4

Side by Side (cont'd)

Carrie has always been fascinated by trees and plants, so when she was offered a job as administrator with the UW's Center for Urban Horticulture in 2001, it seemed like a perfect fit. However, one month after she started, a group of arsonists burned down the main building. It took four years to rebuild but the Center kept operational the whole time. They were not going to let the fanatics win. Also, in 2001, Carrie's father was diagnosed with Alzheimer's. This was a severe blow to the family, but they continue to celebrate what they still have and compensate for the rest. Then in 2002, her mother passed away suddenly. Carrie and her parents had always been very close. Her father, Harold (Hal), has been a member of St. Alban's since 2003 although he is no longer able to attend. Carrie has been blessed with many wonderful friendships, some spanning many decades. She loves cats; "Tula" is her current feline, who, like Carrie, prefers being an only "child". Carrie has had two things in her life she could always rely upon - her parents and the Lord. Now, in place of her parents, God has given her Dave. They celebrated their eleventh anniversary this September by returning to the place of their honeymoon, the Oregon coast. As they walk side by side, Carrie describes their marriage as fabulous, better than she could ever imagine. The Lord truly answers her prayers in His own ways, the best ways.

Please free to contact me, Shirley Wilson, with any questions or comments about Vestry or Inner Healing.

*It is easier to preach ten sermons
Than it is to live one.*



Treasurer's Report *By Susie Nichols*

(as of August 31, 2010)

Income for the year:	\$121,403.46
Expenses for the year:	\$218,659.90
Balance for the year:	(\$7,256.44)

You will note that this is better than last month. Some parishioners have brought their pledges up-to-date, however there are still several who have not. I am well aware that financially this is a very difficult time, however, the expenses of the church cannot be put on hold so anything you can do to bring your pledge current would be greatly appreciated. If you have any questions about your account feel free to call Susie Nichols, Treasurer, 425-771-7025.

The Finance Committee is starting to work on the 2011 budget. If your group currently has a line item on the budget, please look at it and see if it can be adjusted for the coming year, hopefully downward.

Planned Giving Nudge *By Barb Lagazzino*

With children back to school, Fall in the air, and schedules taking on a new rhythm, this may be the perfect time to revisit or set aside thoughts and plans for preparing your Last Will and Testament. There is no time like the present to spring into action, to be responsible by making an appointment with an attorney to make clear your wishes and plans as to how you wish your estate to be divided and distributed.

In the recent past you have received many handouts and information offered by your Planned Giving Committee pertaining to this subject. If you have not recycled them, it may be a good idea to revisit them as they offer valuable information as to why preparing and making your estate plans and desires known is extremely important to you and your heirs. If you would like more information, just ask any member of the Planned Giving Committee. If you decide to include St. Alban's as part of your estate plans, please let the Planned Giving Committee know so that you can be added as a member of St. Alban's Legacy Society. Take action, give yourself the peace of knowing you have left your estate in order. Those you love and cherish will appreciate it.

Following is the second stanza from the music "When It's All Said And Done"

*"When it's all been said and done, all my treasures will mean nothing;
Only what I've done for love's reward, will stand the test of time."*

This seems to sum up what planned giving is all about.

Bread for the World

By The Rev. John Leech

This is our first St. Alban's Bread for the World Sunday. On October 17 we join with churches across the country to observe Bread for the World Sunday. Moved by God's grace in Jesus Christ, we pray for all of those who suffer from hunger and want, and we rededicate ourselves to ending hunger in God's world.

Bread for the World is a collective Christian voice urging our nation's decision makers to end hunger at home and abroad. God's grace in Jesus Christ moves us to help our neighbors, whether they live in the next house, the next state or the next continent. For more information go to www.bread.org.

ECW October Birthdays

03 Reilly Mannery
08 Mary Fowler
11 Mary Minor



Bible Study Humor *Lot's Wife*

The Sunday School teacher was describing how Lot's wife looked back and turned into a pillar of salt, when little Jason interrupted, 'My mommy looked back once while she was driving,' he announced triumphantly, 'and she turned in to a telephone pole!'

Holden Village 2010 by Maryellen Young

This year a group from St. Alban's shared the Holden Village experience with members from Church of the Ascension towards the end of August for varying time periods. From St. Alban's we had Carrie Cone and her husband Dave, Barbara Lagozzino, Reilly Mannery and Maryellen Young. Also with us was Elizabeth Eknes (former member) who had previously been to Holden as a young girl with her father. JoAn Andenes had hoped to be with us but was unable to go. Altogether there were 29 that were part of our group and a total of about 350 in camp that week.

The theme this year was "All of the Promises of God--God's promises infuse our lives with hope, courage and the assurance of God's YES in Christ Jesus." We had a wide variety of classes to choose from including Bible Study, theology, international peace in Palestine and Columbia, Politics and Government, visual arts, the church in India and current issues and ethics. My favorite was the Bible study about the Sabbath taught by a retired Old Testament theology professor.

This year the food was better, the weather colder and the fellowship was great throughout. Many of us started the trip by meeting for dinner at this wonderful hamburger joint next to the river with a putt-putt golf course. We then spent the night at the Holden B&B before catching the boat up lake the next morning. The wonderful part of Holden is that you are free to do what you want--attend class, go hiking, take walks, do crafts like tie-dye, pottery or weaving, read (there's a great library), go in the hot tub, bowl or eat ice cream. The one requirement is attending evening vespers which vary each night. Holden is a great place for families because there's a kids program from 9 a.m. to noon each week day, giving parents a chance to have some free time. We all had such a great time that there's talk of going again next year. We want to go a week earlier, August 14 to August 21st. We'd love to have more from St. Alban's join us. If that week doesn't work, consider going a different week. For more information about Holden Village go to www.holdenvillage.org

The Mission to Seafarers Caring for seafarers around the world



The Mission to Seafarers is once again collecting toiletry items for the Christmas-at-Sea Ditty Bag program. These bags are given to seafarers calling at the Port of Seattle during the month of December. The following items are particularly needed: deodorant, shaving cream, shampoo (16oz bottles), toothpaste (5.6-6.2oz), individually wrapped toothbrushes, disposable razors, bar soap, knit or fleece caps, and small New Testaments or Gospels of John. If you would like to assist in making bags, the pattern can be found on the Mission to Seafarers website at <http://mts-seattle.org>

We will be gathering on Saturday, November 6th at St. John the Baptist in West Seattle to fill the bags--please join us at 9:30, and stay for refreshments afterward!

If you have any questions, please call Alison Cole at the Mission at (206) 935-3439 or send an email to seafarers-center@mts-seattle.org

Turning Points

For this much thanks:

A special thank you to guest celebrants and preachers: Eric Hanson (preacher) 9/5; the Venerable Gen Grewell, Archdeacon 9/19.

We ask God's protection:

For those living or serving in areas torn by war, civil strife, or natural disaster.

For those serving in the

military including: David Benson, Joshua Berger, Shane Braten, Robert Burnett, Zachary Conklin, Andrew Embury, Trevor Hawes, Thomas Lee, Sok Li, Adam Matuska, Christopher Mazzeroll, Monica McCreery, Derek Napier, Ian Papworth, Brian Perkins, Jonathan Springstead, Rachel Teall, and Drew Wilson.

May they know God's healing

power: Joan Biegal, Virginia Caldwell, Barbara Campbell, Donna Crane, John Kistner, Robin McClelland, Ken Mead, Jeff Munsey, Carolene Neal, and Chris Perry.

Newsletter Articles for Next Issue-Due Oct. 15

Send articles and photos via email to Mona Carter at mikenmona2@comcast.net. Be sure they have a .doc or PDF extension on the file for text files. Or, place items in the plastic holder marked "Grapevine" on the wall next to the front door in the Narthex. All articles and announcements are subject to editing. Include name and contact information.

Coffee Hour Volunteers Needed for 10:30 Service

Volunteers are needed to provide snacks, set-up and clean-up after the 10:30 a.m. service. Sign-up sheets are in the Parish Hall. If you have questions contact Mona Carter at 425-744-8026.



Hands on Activities *By Maryellen Young*

Food Bank: On Saturday, September 25th, Carol Gordon, Judy Kistner, Barbara Lagozzino, Reilly Mannery and Maryellen Young helped at the Food Bank in Lake City. Our next opportunity will be January 29th.

Compass Center Dinner Our next Compass Center Dinner will be Sunday, November 7th. We'll do a Veterans' Day All-American theme with turkey or chicken, mashed potatoes, stuffing and salads. Watch for a sign up later of things to bring and we can always use money. Just designate it for Hands On and put it in the offering or give it to a member of the Hands On committee.

Adopt-a-resident: Kevin is now settled in his apartment and is very appreciative of the help we provided. Susan Bailey did a terrific job of meeting with Kevin to get his wish list, delivering our donations of such things as pots and pans, dinner ware, gift cards and filling in with such things as cleaning supplies and bedding. He had a mattress but needed a box springs so this was purchased for him from Hands On funds. Kevin was excited to be in his own space, but we'll still see him at Compass Center dinners as graduates are invited back to participate in the fellowship. Thanks to everyone who contributed.

Future: We've now been doing Hands On activities for four years now. Our regular projects are the Compass Center and Food Bank. We've also collected a variety of items, such as school supplies, and helped prepare a classroom for a couple of local schools. In the past we provided lunch for Habitat for Humanity and sent packages to the troops. We appreciate all of the support we've received from members of the congregation through either participation or donations. We are always looking for new project ideas and new participants in our activities. Our goal has been to have simple projects that don't require a lot of time to organize or major time commitments. The next Hands On meeting will be **7 p.m. Thursday, January 13th** at Barbara Lagozzino's. We would love to have you join us and bring your ideas or just come and participate in our fellowship.

Episcopal Church Women (ECW) *By Connie Forsberg*

On August 17th more than 25 ladies shared a wonderful, no-host luncheon at Barlee's restaurant in Edmonds. Mona Carter and Susan Hanson shared their experiences about their travels to Europe this summer. Mona shared photos of her family touring in Venice, Florence and Rome. Susan shared the trials and tribulations of searching out Eric's desire of visiting three of Gustav Mahler's composing huts in Austria, Germany and Italy. They drove throughout the three countries on their own without a guide. It was a trip to be remembered!

The next ECW event is Tuesday, Oct. 19th at 6pm. It will be a casserole potluck. The guest speaker will be announced at a later date. Please sign up on the ECW bulletin board. If you require a special diet, let Connie know. Everyone is welcome to submit their ideas for future speakers and/or events.

Remember to keep the Food Bank baskets full. They are located underneath the big bulletin board by the front doors.

Safeguarding God's People

By Bishop Greg Rickel

On Oct. 13 and 14 the Diocese will be holding Safeguarding God's People training. The class is required of all active clergy, paid and volunteer employees in our churches. The goal of the program is twofold:

For congregations: To help parishioners recognize the signs of potential sexual exploitation and harassment in church leaders.

For ministries: To make church leaders aware of the signs of sexual exploitation and harassment so they can help prevent it in their congregations.

The October 13 training will be in Seattle at St. Stephen's, and the October 14 training will be held at Good Shepherd, Vancouver. The trainings will last from 9:00 a.m. until 4:00 p.m. Please RSVP to Heather Kmitta at 206-325-4200 or hkmitta@ecww.org by October 6.

Diocese of Olympia Hosts First Co-ed Cursillo Weekend

In working with Bishop Greg Rickel, the Cursillo Movement in the Diocese of Olympia will host its first co-ed weekend November 11-14 at the Lakeview Conference Center in Auburn, and led by Laura Gregg. Cursillo is a renewal movement of the church patterned on Jesus' example. Its purpose is to help those in the church understand their individual callings to be Christian Leaders. The leadership may be exercised in work situations, in the family and social life, and within the Church environment. The weekends are a time for Bible study, fellowship and spiritual reflection. For more information, visit the Cursillo website at www.olycursillo.org – Ben Johnson 425-338-2217 (benj@gocougs.edu).

Announcements

Prayer Beads will meet Tuesday, Oct. 5th in the Parish Hall at 7pm.

Blessing of the Animals - Sunday, Oct. 3 at 10:30 am service.

Newcomers Committee is seeking those who would be interested in greeting newcomers on Sundays. The commitment is one Sunday a month. If you are interested contact Sarah Leech and/or Barbara Hatt.

Remember, **no coffee cups or food in the church proper.**

Don't forget to **wear name tags** to make it easier for guests and new members to remember your name.

ECW casserole potluck is October 19th in the parish hall; Doors open at 6pm

Sons of Norway Pancake Breakfast and Bake Sale - Saturday, Oct. 2 at Masonic Center, 515 Dayton St. Edmonds; 7:30am to 12 noon.

Looking Ahead . . .

November

- 2 Prayer Beads, 7:15 - 8:30 p.m. (Annex)
- 3 Altar Guild Meeting, 7:00 p.m.
- 7 Ingathering of Pledges
- 8 Covenant Group Meeting, 2:00 p.m. (at the home of M. Garrard)
- 10 Evening Prayer, 6:00 p.m.
- 17 Noon Eucharist
- 17 Evening Bookmarks, 7:00 - 8:30 p.m. (Annex)
- 17 Vestry Meeting, 7:00 - 9:00 p.m. (PH)
- 18 Worship Committee Meeting, 1:00 p.m. (PH)

Mark Your Calendar!

Annual Meeting - December 5th

Blessing of the Animals Prayer - "You have created all creatures with your word . . ."

Holy, holy, holy, perfect Lord of Hosts,
heaven and earth are full of the holiness of your glory.
You have created all creatures with your word.
You carry them all without being weary,
and feeding them all without ceasing.
You think about them all without forgetting any.
You give to all without being diminished.
You water all the earth without running dry.
You watch over all without sleeping.
You hear us all without neglecting any.
While your presence fills every place,
they have told us about you in a way we can receive.

An Ethiopian prayer;
From Richard Marsh,
Black Angels: the Art and Spirituality of Ethiopia

St. Alban's Episcopal Church
21405 82nd Place West
Edmonds, WA 98026

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A Hundred Thousand Welcomes

A festival of Celtic Christian spirituality, story and song

Friday evening October 22nd, 7-9pm, Celtic ceilidh (a family-style gathering - to share story and song)

Saturday October 23rd, 9.30am-3pm, a presentation and celebration of Celtic Christian spiritual traditions featuring Tom Cashman, Carla Pryne, and Tara Ward

You are always welcome at St. Alban's Episcopal Church, 21405 82nd Place West, Edmonds, WA 98026 (425) 778-0371

Céilidh (kay-lee): a gathering where all are invited and welcome to listen, make, and celebrate music, song, and story; a Celtic hootenany!

A Hundred Thousand Welcomes <http://ceadmilefailte.eventbrite.com/>