

Gospel Grapevine

May 2007

The newsletter of St. Alban's Episcopal Church, Edmonds, WA

Sunday School—News From the Other Building

by Joyce Carver, Sunday School Director

Easter was a Hallelujah Day for the Sunday School children! Making a “joyful noise” with bells and voices, flowering the cross and finding Easter eggs made for a great celebration. Thanks to the Greenlaw's for organizing the hunt (more pictures on page 5).

Earth Day was also fun for the children. They planted flowers and seeds in boxes provided by Gaylord Sisk and took home individual pots with sunflower seeds that they had prepared.

Do you ever wonder what you could do to help the Sunday School? We need several volunteers for the Pentecost celebration May 27. After the 10:30 a.m. service there will be an intergenerational birthday party in the parish hall. There is a need for 5-6 people to provide cakes plus set up a round table to serve each cake. One additional volunteer is needed to oversee the set up. If you can help, please contact me at 425.640.9164 or email jcarver8@verizon.net.

Pray for the children...the parents...the teachers!



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St. Alban's Episcopal Church

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Sunday Worship

8:00 a.m. Holy Eucharist, Rite I
9:15 a.m. Adult Class
10:30 a.m. Holy Eucharist, Rite II
10:30 a.m. Sunday School for Nursery,
K-6, Jr. & Sr. High



St. Alban's Vestry

Susie Nichols, *Rector's Warden*
Phyllis Becker, *People's Warden*
Darla Lane, *Clerk*
John Bee, Outreach
Kären Ford, Adult Education/Worship
John Greenlaw, Budget, Administration
and Youth
Chuck Jenson, Building & Grounds
Jerry Meyer, Youth
Merle Parks, Building & Grounds
Sue Perry, Stewardship/Planned Giving
Gaylord Sisk, Communications
Al Walker, Parish Life
Shirley Wilson, Pastoral Care

Staff

The Rev. Canon Carla Pryne,
Interim Rector
Doris Eaker, *Parish Secretary*
Donald Vollema,
Music Director & Organist
Shannon Duggan, *Nursery Director*
Joyce Carver, *Sunday School Director*
Nancy Boor, *Editor, The Grapevine,*
Webmaster

Office Hours

Monday & Wednesday
8:00 a.m.—5:00 p.m.
Tuesday & Thursday
8:00 a.m.—4:00 p.m.

Grapevine Newsletter Articles for the

June 2007 Issue:

Due May 15, 2005

Please send articles to Nancy Boor for the June issue via email at nancykitty@earthlink.net. **I can accept email messages, pictures, photos, and Word, Publisher or PDF documents only. Be sure they have a .doc, .pub, or .pdf extension on the file.** Or, you may place items in the plastic holder marked "Grapevine" on the wall to the right inside the door in the Narthex.

In the Summer...time

We will have our own "time change" this summer. **Starting June 3rd** and through September 2nd, we will be holding one Sunday service. Worship will take place **at 9:00 a.m.** these weeks. Not only will we get to see each other, but it will ease up on some of the double-duty of our supply priests, altar guild, acolytes, music leaders, lay readers, etc.

Although this is a first for St. Alban's, it is not unusual for many churches in our community. Pastor Carla has assured us she has several creative ways to combine Rite I and Rite II services with a Folk Mass now and then for full measure.

We hope you will share our excitement in looking forward to this time when we can all worship together. Please prayerfully prepare your hearts and minds for 9:00 a.m. worship this summer.

Pentecost Baptism:

Our next Baptisms will take place May 27, Pentecost Sunday. Anyone interested in being baptized at this time please call Pastor Carla.

Pass the Mustard Seed, Please

by Christine Sine

I want to thank all of you who attended the women's retreat this year and for your support and encouragement. It was a delight to have this opportunity to get to know so many of you. Several people asked me about what we have been doing at Mustard Seed Associates and I realized it's been a long time since Tom & I have given an update at St. Albans. I thought that this would be a good opportunity to rectify that over the next few issues of the Grapevine.

Three upcoming events:

Thin Space: Celtic Christianity Learning Party: June 9th, 9-1 p.m. at the Mustard Seed House in Seattle. Explore Celtic Christianity and the wonderful prayers and traditions that still impact our faith today.

Emerging Writers Workshop: July 14th, 8-4 p.m. at the Mustard Seed House. Interact with young and not so young writers as we explore the art of nonfiction writing together.

16th Annual Celtic Prayer Retreat: August 17-19. Join us on Camano Island for a time of contemplative prayer, reflection and fellowship. Spend Saturday with us or stay for the whole weekend.

You can always check us out at www.msainfo.org. Thank you for your prayers and support!

▼ *Hands-on Committee*

On March 31, seven of us volunteered again at the North Seattle Helpline Food Bank. Participating were Joyce Carver, Judy Kistner, Sally LeBoeuf, Barbara Lagozzino, Reilly Mannery, Connie McCutcheon and Maryellen Young. Over 400 families were served that day. Because this was the week before Easter and the end of the month, the crowds were larger and we were able to distribute more food. If you are interested in this ministry, watch for future opportunities to join us.



On April 15, we packed boxes to send to five service personnel from our prayer list whose addresses we had. We sent cookies and an assortment of other items, including cards signed by many within our parish. Thank you to all who signed the cards, provided addresses and made donations.

On April 29, we provided dinner for the Compass Center, a transition home providing case management and shelter for about 25 homeless and low-income people, including many veterans, located in Shoreline, near Costco.

Our next Hands-on meeting will be Thursday, May 10 at 7:00 p.m. at the Rectory, 21628 98th Ave W, Edmonds. Feel free to join us. Any questions, call Barbara Lagozzino, 425-774-9265 or Maryellen Young, 425-776-2461.

▼ *Let There Be Light*

On Thursday, June 21, the longest day of the year, we'll be having a Bible study and labyrinth walk. At 7:00 p.m. Pastor Carla Pryne will lead the Bible study relating to light. Following the study, an opportunity will be available to enjoy the long daylight and ponder our lessons while walking the labyrinth. For those not familiar with our labyrinth, a brief explanation will be provided. Hopefully the weather will cooperate. Coffee and cookies will be available. Any questions, contact Maryellen Young, 425-776-2461.

▼ *More Labyrinth Walks*

Now that the weather is getting warmer, consider coming to church a few minutes early to walk our labyrinth before the start of our service. What a wonderful transition into worship. Our labyrinth is available anytime, so feel free to stop by and walk it whenever you would like. There's a brochure giving information and suggestions as well as a notebook for recording your comments.

The Edmonds Christian Church holds an indoor Taizé Labyrinth Service on the second Sunday of the month. The next one will be held on May 13th at 6 pm. They combine music, scripture and readings with walking on an indoor canvas labyrinth. It is open to the public and is located at 23010 84th Avenue West in Edmonds.



▼ *Parish Potluck*

The Family Activity Night scheduled for May 4th will be held in the Parish Hall. We would like to make this a family get-together evening so make up your favorite potluck dish, salad or dessert and come to St. Alban's at 6:00 p.m. for dinner—the games start afterwards.

Beverages will be furnished but if you want to bring some snacks to have during the "games" feel free to do so. The Vestry felt that this would be a good time to gather everyone for an evening of fellowship and fun.

The family activity night has been chaired by Katy and Ben Johnson during the last year or so and this is our way of saying thanks for all their hard work.

If you have any questions, just call Susie Nichols at 425-771-7025 or Phyllis Becker at 425-774-1979.

ECW: Celebrating Each Other & Sharing God's Love



May-June Birthdays!

- 5/5 Lee Oles
- 5/23 Judy Kistner
- 5/29 Pat Byrd
- 5/30 Betty Bell

- 6/1 Susan Bailey
- 6/3 Millie Salman
- 6/7 Margaret Ainsley
- 6/8 Betty Ketcham
- 6/19 Mary Ann Simons
- 6/24 Lorraine Parks
- 6/25 Kay Castro
- 6/29 Carolyn Clayton

I am happy to report that over 50 women were in attendance at our retreat in March, and included women from our church and our Lutheran sisters. I want to thank all of the women who attended and the committee that helped put it together. A big THANKS to Christine Sine for feeding us with the spiritual word for the day. We're already looking forward to next year and hope you will too.

In April, we held our "baked potato" dinner with all the trimmings. It's amazing what tastes good on a potato if you're hungry. Excitement was in the air for revealing our secret pals. The task was given to make it very clever. One person put her picture inside of a beautiful wrapped box, another had her name inside a blown up balloon and she couldn't pop the balloon! New sign-up forms are under the ECW board and the deadline is April 30th. This is just a simple way to do something fun, cheer someone up, celebrate their birthday and remember that we are all here to love God. We also celebrated Administrative Professional's Week by taking our own

Doris Eaker to Arnie's Restaurant for lunch to thank her for all her hard work!

In May, we will be going out to lunch—time and date will be announced later. We seem to have Barlee's restaurant under control but if you have a place that you would like to try please let me know. We also will be attending the Cocoon House luncheon, see Marjorie Garrard for reservations.

In June, our men have offered to barbeque hamburgers and hot dogs for us! This is a fun way for them to get together and we appreciate the extra taste of the barbequed food. It's fun to watch all of them try to tell each other how they should be cooked! Please let Lee Forsberg know if you would like to help with this. New secret pals will also be available at this time.

Blessings,
 Connie Forsberg,
 President



St. Alban's Financial Update—

The following is our year-to-date income/expenditures statement as of the end of March. Our contributions are lagging a bit behind our budget, but we have been fortunate that our expenditures have also been a bit less than anticipated. Expenditures also have a way of creeping up later so we should try to make sure we all have our pledges current.

	Year to Date		Budget minus Actual
	Actuals	Budget	Difference
Total Contributions	\$42,103.86	\$43,169.00	(\$1,065.14)
Total Expenses	\$43,280.41	\$46,957.24	(\$3,676.83)
Net Contributions—Expenses	(\$1,176.55)		

Easter Sunday 2007



Joyful Noise!



I can do it myself, Dad!



Future mall shopper in training—what a haul!



Pretty in pink!



That's it? No fries with this?



Dressing the Cross with flowers.

Thank you to all who contributed pictures, and to the Wells, Greelaw's, and Obrien's, and to the many others who helped fill the eggs, organize the hunt and contributed to a successful day! The kids had fun and the adults enjoyed watching.

A Touch of Inner Healing— *The Best of Friends*

by Shirley Wilson

Betsy knew how to be a friend. She did it so naturally, without working at it; it was just the way she was. I must have recognized that in her when we first met at James Monroe Junior High School in Ballard those many years ago. She was new at our school, just having moved into the area from Georgia. We were in the same Home Ec classes, learning to cook and sew. Betsy stood out in the group of girls because she wore sweet dresses while the rest of us were more sophisticated in our slim skirts and sweaters. But she had a certain charm about her that attracted me to her like a magnet. I even liked her dresses with puffy sleeves and I especially loved to hear her speak with that wonderful southern accent.

It broke my heart when Betsy moved away and I had to complete the last two years of high school without her. But the amazing thing is that we remained friends. Even though we were often many miles apart, when we got back together it was just as though we never parted.

After we were both married with children, we spent a lot of time on the phone or visiting. Or we would go off on adventures, taking our kids to Woodland Park or Enchanted Village, or going to see model homes to get ideas for decorating our own homes. Betsy was always looking for something new to do. She often talked about us starting a business together. I'm not very entrepreneurial, so it never worked out, but we did a lot of other adventurous things, like taking swimming lessons, toile painting and other art classes, refinishing furniture, making silk flower arrangements, and loads of Christmas decorations, some of which I still have.

One day when we were in our early 30's, Betsy gave me a book to read about the author's Christian experience. I believe her comment was, "Let me know what you think after you read this." Well, that book changed my life. I

accepted Jesus as my Savior on the spot and my life has never been the same. Because of Betsy, I have the Lord in my life, and so does my husband and my children and grandchildren, and who knows how many future generations.

But now Betsy has gone on her last adventure. I was fortunate to be able to spend a few days with her during this past Easter week in Sandpoint, Idaho, where she has lived for the past 30 years. On Maundy Thursday, Betsy and I were alone for awhile. She wanted her nails cut, so I proceeded to give her a manicure. After I had done her nails, I continued with a hand and arm message because she seemed to enjoy it so much.

Then it struck me what day it was. So after reading the passage in John 13 where it talks about Jesus washing the Disciples feet and telling them to follow His example, I had the privilege of washing Betsy's feet on Maundy Thursday, just four days before she would be off on the biggest adventure of her life. Some of her last words to me were, "We know where we're going, don't we?" She whispered these words in my ear as we hugged goodbye, like schoolgirls sharing yet another secret. Betsy was a true friend and my best friend for nearly 60 years. And since she was always the one to come up with the good ideas, it's only fitting that at the end of her life, Betsy is still leading the way.

(Betsy died peacefully in her sleep on April 9, 2007 after a long battle with cancer. All of her family were able to spend Easter with her at her home just the day before.)

If you would like to learn more about the Inner Healing Ministry, please call Shirley Wilson at 206-542-2944 or e-mail wilsaw@hotmail.com.



Addressing World Poverty and Peace

Emphasizing the top mission priority set by the General Convention in 2006—to carry out peace and justice ministries framed by the Millennium Development Goals (MDGs)—the Episcopal Church's Office of Communication announced the launch of www.globalgood.org preceding the observance of Earth Day April 22.

Launched on April 20, Globalgood.org "should be viewed as a portal," said Daphne Mack, a communication specialist in the Episcopal Church's Office of Communication and site editor of 'globalgood.org.' "Visitors to the site will learn about the MDGs, find out what kind of work the Episcopal Church and other organizations are doing to address the urgency of the goals and the environment, and more importantly how they can get involved and make a difference."

Bishop Nominees do Diocesan Walkabouts

On Saturday, May 12, convention delegates will gather at St. Mark's Cathedral to elect the 8th Bishop for the Diocese of Olympia. There are still a couple of opportunities to meet the delegates as they continue their walkabouts.

Wednesday	May 2	6:00-9:00 p.m.	Trinity, Everett
Thursday	May 3	6:00-9:00 p.m.	Trinity, Seattle
Saturday	May 5	9:00-12:00 p.m.	St. Margaret's, Bellevue

The five candidates are:

The Rev. Richard Burnett, Rector, Trinity Episcopal Church, Columbus, Ohio

The Rev. Jeffrey Lee, Rector, St. Thomas Episcopal Church, Medina, Washington

The Rev. Dr. Gregory Rickel, Rector, St. James' Episcopal Church, Austin, Texas

The Rt. Rev. Bavi Edna (Nedi) Rivera, Suffragan Bishop of Olympia, Seattle

The Rev. Angela Shepherd, Rector, St. Phillip's Episcopal Church, Annapolis, Maryland

On Sunday, May 6, at 9:15 a.m. our convention delegates and Pastor Carla will be meeting together to prepare for the Convention and review reactions from the walkabouts. The congregation is invited to attend and will have an opportunity to provide input. Information about the delegates is available on the Diocesan website www.ecww.org. Also, a notebook is available in the Narthex with copies of the resumes and responses to questions from each candidate for use in the Narthex.

Your convention delegates are Reilly Mannery, 206-542-1371; Dan Mullene, 425-776-8258; Greg Wells, 206-417-6998; and Maryellen Young, 425-776-2461. Please provide them with any input prior to the Convention to Elect the Bishop.

Hem of His Garment Meets with Pastor Carla

by Rita Bennett

The altar prayer ministry "Hem of His Garment" began at St. Alban's in 2002. More recently it was handed off to Rita Bennett when Betsy Hood and her husband moved to Oregon in 2005. This "stop by for prayer" on both sides of the altar began near the conclusion of Dorsey McConnell's leadership as Rector of St. Alban's.

Our new Interim Rector, Carla Pryne, met with the Hem of the Garment team on March 25 to thank them for their ministry. She said, "When I first visited St. Alban's, I felt right at home. One reason for this is the prayer ministry at the front of the church where parishioners and others can receive prayer as they return to their seats following Communion." She said with emphasis, "I realized this is a Church of Prayer."

The team members shared their experiences related to their prayer ministries and enjoyed a personal conversation with our lovely, tender-hearted Interim Rector.

Our meeting concluded by joining hands and each of us asking God's special blessing on our Pastor Carla and her family. She has a wonderful gift of spontaneous, inspired prayer, and she blessed us with a closing prayer.

Dave Wilson is on a Hem of the Garment team with his wife, Shirley. In November 2005, Barbara Lagozzino stopped by for prayer. Dave gave her a scripture that he felt was especially for her. It was "Stand fast in the faith, be brave, be strong. Let all that you do be done with love (I Corinthians 16:13, 14)." During our parish annual meeting that year Barbara shared how this scripture had impacted her. Others were also inspired to hear these verses quoted by Barbara.

Every Sunday, people receive prayer and scripture at St. Alban's altar. Why not try it and see what surprises the Lord has for you?

Calendar—May 2007



Recurring Events:

Boy Scouts:
Mondays at 7:00 p.m.

Annie's Kitchen:
Wednesdays at 5-6:30 p.m.

Day	Date	Event
Tuesday	5/1	Vestry @ 6:30 p.m.
Wednesday	5/2	Prayer Beads @ 7:15 p.m.
Friday	5/4	All Parish Potluck @ 7:00 p.m.
Sunday	5/6	Convention Delegates @ 9:15 a.m.
Thursday	5/10	Hands-on Committee @ 7:00 p.m.
Saturday	5/12	Election of Bishop @ St. Marks Cathedral
Sunday	5/20	UTO Ingathering @ both services
Sunday	5/27	Folk Mass @ 10:30 a.m.
Sunday	6/3	New Worship Schedule/Begin @ 9:00 a.m.



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