

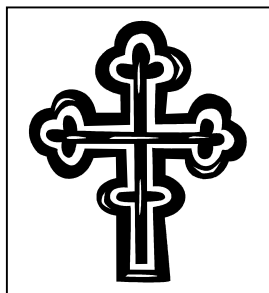
Gospel Grapevine



April 2010

What's Inside:

Sunday School	2
A Touch of Inner Healing	3
Estate Planning	4
ECW & The Little Feast	5
Shrove Tuesday	6
Readings	7



St. Alban's Episcopal Church

21405 82nd Place W
Edmonds, WA 98026

Phone: 425-778-0371

Fax: 425-778-1583

Email: staedmonds@verizon.net

www.stalbansedmonds.org

**Worship Schedule
Sundays**

8:00 a.m. Holy Eucharist, Rite I

10:00 a.m. Nursery Open

10:30 a.m. Sunday School

10:30 a.m. Holy Eucharist,
Rite II

Living into the Promise of Resurrection *By The Rev. John Leech*

To enter the season of Easter is to enter uncharted territory: a world of new possibilities that our preconceived notions and categories are not adequate to describe.

What we bring to this present moment - the moment of freedom - includes our history and habits, as well as a capacity for joyful adventure - for enjoying the new possibilities that Easter brings. The news of Easter morning does not seem possible - but it is true.

- Alleluia. Christ is risen!
- The Lord is risen indeed. Alleluia, Alleluia, Alleluia!

And from this moment on everything is different - old things pass away and the new begins.

- Do you believe in the resurrection?
- Yes.
- Well, then, can you explain it to me?

What happened on Easter morning is hard to explain - but it changed absolutely everything.

What we do with what happened on Easter morning - how we change our minds and let our lives be turned in a new direction - more profoundly tells the meaning of the resurrection than any formula.

From that day's work, when Christ won our deliverance from the dominance of death, life has been completely transformed.

As we say of the hour of death, life is changed, not ended: death has not the final word, the finality, any more - for Christ is raised, from the dead, and in him, in his raising, all are raised.

*In him, who rose from the dead, our hope of resurrection dawned.
The sadness of death gives way to the bright promise of immortality.*

With him we are living into a new future - the new possibility that life can have meaning beyond itself, beyond the grave, beyond our circumstances, beyond our individuality: we have life in Christ and in Christ's life we find life.

Continued on page 2

St. Alban's Vestry

Eric Hanson, *Senior Warden*
Shirley Wilson, *Junior Warden*
Carrie Cone
Karen Cresse
Kären Ford
Barbara Hatt
Phil McClelland
Sid Rathburn
Sarah Sweeney
Susie Nichols, *Treasurer*

Delegates to Convention 2010-11
Emily Bee
Phil McClelland

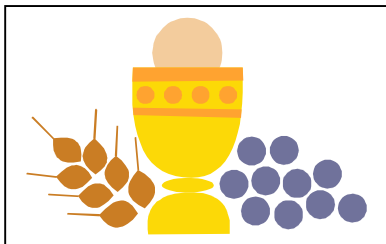
Alternates 2010
Sid Rathburn
Sarah Sweeney

Staff

The Rev. John Leech, *Rector*
Lisa Coale, *Parish Administrator*
JoAn Andenes, *Music Director*
& *Organist*
Joyce Carver, *Director of*
Children's Education
Ben Johnson, *Youth Leader*
Phil McClelland, *Webmaster*
Mona Carter, *Newsletter Editor*

Office Hours

Monday through Thursday
9:00 a.m. to 12:00 noon
Rector's Office Hours:
Thursday mornings and by
appointment



Continued from page 1

Nobody knows fully what this new possibility means. We only know of it because of the witness to the resurrection by the women and the men who beheld the empty tomb, the risen Lord, and the Ascension – and the coming of the Holy Spirit down upon them.

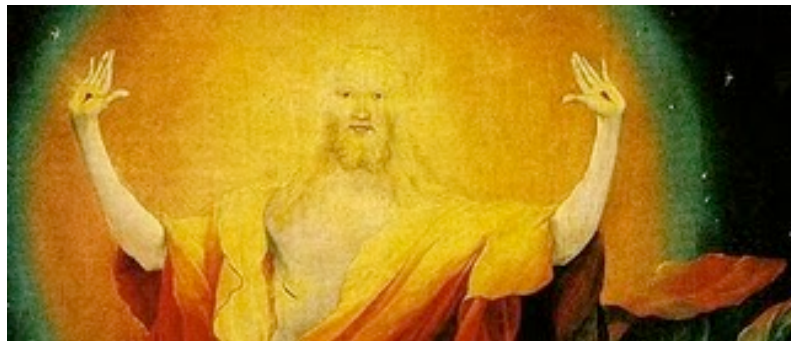
We too look for the descent of the dove, the power of the Spirit; knowing full well it has meaning beyond our dreams, holds out hope beyond our accomplishment, and fills us with love beyond our capacity for self doubt or remorse, anguish or uncertainty.

Claims on life as we lived it once before are gone; as we live into the resurrection we let go of life – and truly grasp it at last.

What happens now? *What do we do now?*

That was the disciples' question from the first – and it was the beginning of a new life –

*And he said to them, **Go into all the world and proclaim the good news to the whole creation.*** (Mark 16:15)



Sunday School *By Joyce Carver*

Sunday School is graphing the forty days of Lent and has just discovered we're half way toward Easter. Easter morning will first find the children flowering the cross and standing by to join the choir in a joyful Easter hymn. We'll then adjourn to the Sunday school wing with excited thoughts about the egg hunt following the service. Parishioners are urged to bring flowers to the narthex for the children to use.

Fast forward to July to be sure that Vacation Bible School (VBS) is on your calendar, July 19-22. Please think about how you can help with this fun event!

Pray for the families and teachers.

Hem of His Garment Ministry *By Rita Bennett*

We have many wonderful lay ministries at St. Alban's Church. Hem of His Garment is one of them. This is a reminder of what HEM is doing at the Altar each Sunday. Please feel free to let our Hem Prayer Team know how we can serve you better in our prayer time with you. It is an honor when you share your burdens with us and we are delighted with your answers to prayer.

Mission: For those called to this ministry of caring and prayer, who prepare their hearts, hands, and words to be healing conduits from God's throne to the body of Christ.

Purpose: To do what Jesus did:

- Lay loving hands on the sick, the sad, and the wounded and pray for recovery.
- Intercede for those wanting spontaneous Spirit led prayer for those who cannot be with our congregation at this time.

Acolyte Training

By Liz Bee

Spring has come and with it more daylight and more time for things like acolyte training! If you or someone you know is interested in becoming an acolyte there are two training days: Saturday, April 24th and Saturday, May 22nd from 9 to 11am. The time commitment is one service, one Sunday a month. Acolyting is a great way to serve God and be a part of the church community for youth ages 10-18. Please contact Liz Bee to let her know who is coming (eabee@juno.com) or if you have questions.

A Touch of Inner Healing—Two Hats are Better Than One *By Shirley Wilson*

I am now wearing an extra hat and it is not an Easter Bonnet. I have been elected, by the Vestry, to the position of Junior Warden (or People's Warden) in addition to my Inner Healing work. As part of that job I have decided to spotlight different people in this column so we can all get to know each other a little better.

This month I have chosen to write about our outgoing Junior Warden, Phil McClelland. Phil has done an exemplary job in this position for the past two years. He took his job seriously and worked hard to improve our phone and microphone systems as well as pitching in wherever he saw a need. Thank you Phil for this important work.

There are other things about Phil that you may not know. He has an adopted sister, who is one and one-half years younger than he. When she was a teenager she had a baby out of wedlock. The baby girl was adopted by a family in the Seattle area and was named Errin. Phil's sister later got married and had three boys. The oldest boy was named Daniel, or Danny, after Phil's father. Phil's parents kept track of their grandsons over the years and often traveled back to Pennsylvania to visit them. Nonetheless, after Phil's parents passed away, Phil lost track of the boys. He did, however, keep in touch with his niece, Errin, because she lived locally.

At one point Phil's sister moved back to this area because she needed help. She was in danger of losing custody of her three boys. Phil volunteered to help. He took the boys in for six months to give his sister time to establish a good home. After six months she moved back to Pennsylvania with her family, but ended up losing the boys after all. They were placed in a foster home in Phil's father's hometown. Phil had not seen any of his sister's boys for many years until recently. After twenty-five years he was able to get together with Danny. It happened because Errin, now in her late twenties, invited her brother, Danny, to come to the Edmonds area from Louisiana for a visit. Phil was happy to reunite with his nephew after all those years.

Another interesting piece of this story is that Errin went to the same school and was a friend of Phil's children not knowing that they were related. While growing up, she also attended Faith Community Church where Phil's wife, Robin, was a member. Robin knew Errin for a number of years before meeting Phil. Robin and Phil met and married because of the Boy Scouts at St. Alban's. They each had a son in the program. It seems that their families were entwined from the beginning; God's plan is amazing.

Continued on page 4

Continued from page 3

This story means a lot to Phil because he, too, was adopted, giving him two birthdays; the day he was born and the day he was adopted.

Now for my other hat: *If you would like to learn more about the Inner Healing Ministry please contact Shirley Wilson at 206-542-2944 or wilsaw@hotmail.com.*

Sunday School Easter Egg Hunt *By Ben Johnson*

The Sunday school will be having their annual Easter Egg Hunt after the Easter service on April 4th. Please invite friends and family to join us for the fun. Kids are more than welcome to bring their Easter baskets but bags will be available for them to collect their treasures as well. If you have any questions contact Melissa Hicks.

Celebrating St. Alban's Day

Sunday June 20th we will be celebrating St Alban's Day with the Rt. Rev Cabell Tennis, Assisting Bishop, and the Venerable Gen Grewell, Archdeacon, Diocese of Olympia, as presider and deacon.

This will be an occasion for celebrating the ministries of St Alban's Church, and for the sacrament of Baptism, and the rites of Confirmation, Reception into the Episcopal Church, and the Reaffirmation of Baptismal Vows - if you or someone in your family seek Baptism, please contact the church office at 778-0371 or <staedmonds@verizon.net> by May 30th.

What do Estate Plans Say About our Values?

By Maryellen Young

Growing up my experience with estate plans was that when people died, they left money to their family members. Sometimes people expressed opinions about people by the amount they did or did not leave to specific family members. I think I first encountered giving money to an organization several years ago when Rotary established a Benefactor program and invited Rotarians to recognize the organization in their estate plans. One simple method presented was to do a codicil to your will. Since then just about every non-profit, including churches, ask people to remember them in their estate plans.

At some point, I encountered the question "What do your estate plans reveal about your values and the priorities of your life?" This question got me thinking: if God is the center of my life and my faith is my strength and foundation, why have I left money to Rotary but not to God? If I believe that all I have comes from God, shouldn't I return some of it in my estate plans? If a tithe is something we work towards or practice while we're alive, shouldn't it apply to our estate plans too?

I got involved with Planned Giving when our church was the recipient of a portion of Clare Fisher's estate. This would never have happened if it hadn't been that some of Clare's friends learned that she did not have a will. With the encouragement of these friends, Clare became a responsible steward of her assets and made a decision about where she wanted them to be distributed, including to her church. Without this action, her assets would have been distributed according to the wishes of the state laws. And we at St. Alban's are the beneficiaries. Her bequest encouraged us to create an Endowment Fund and the Legacy Society. As part of this process we had a Wills Awareness Seminar here at St. Alban's a year ago last January. During this seminar the advantage of using tax deferred money for charitable giving was discussed. I learned that charities do not pay taxes on tax-deferred money, but individuals inheriting it do. I am now a founding member of St. Alban's Legacy Society. All I had to do was go on-line and add St. Alban's as beneficiary of a portion of my tax deferred account. As a result of this seminar, I learned how I could easily take action on my desire to recognize God in my estate plans.

You too can become a Founding Member of the St. Alban's Legacy Society. There is a brochure and form in the Narthex that provides more information. All you have to do is complete the form to indicate that you have remembered St. Alban's in your will or other estate plans by May 31, 2010. If you would like more information on the St. Alban's Endowment Fund and Legacy Society, please contact me or any other members of the committee: Daisy Beach, Barbara Lagozzino, Dan Mullene or Reilly Mannery.

Episcopal Church Women (ECW)

By Connie Forsberg

The churchwomen were busy in March by helping with the pancake supper, coffee hours, covenant meeting and preparing for our Easter Hat Contest.

A special lunch was held at Marie Callender's at Northgate to honor Elizabeth Eknes who is leaving to go to Israel in April. Elizabeth has been a longtime member of St. Albans and has recently moved to Issaquah. If you would like to write to her the address is Apartment 104, 800 Third Avenue N.W. Issaquah, WA. 98027

Every month on the second Monday is a Covenant or "open house" at Marjorie Garrard's at 2:00 p.m. This is open to all the ladies and is a fellowship meeting to pray, share what's going on in our lives with a cup of coffee or tea. Feel free to give her a call for directions.

April 28th, the Episcopal Women will be having a no-host lunch at Barlee's Restaurant at 11:30 a.m. If you have a couple of good books you would like to exchange for some different ones, please share them with us. A table will be set up for the exchange. Please sign-up on the ECW board.

May 18th will be our potluck salad dinner at 6:30 in the parish hall. Our guest speaker will be Daphne Burkhalter who is the scheduler for Episcopal volunteers who minister at the King County jail. Services are held at the jail for both men and women and they give free Bible and Prayer Books to anyone who requests one. Many of the women lack suitable clothing to wear when leaving the jail.

Daphne is asking ECW to help with assorted clothing items such as socks, etc. A list will be posted.

Also it is time to let your secret pal know that you have been praying for them all year! As always, remember to bring food items every week to fill the food bank baskets. Don't forget to wear your special hat on Easter! Blessings to all.

ECW April Birthdays

- 01 Sandy Fakenbridge
- 03 Kathy Kuhn
- 04 Mona Carter
- 26 Barb Halterman



Happy 99th birthday to Thelma DeLong on March 21st!!!

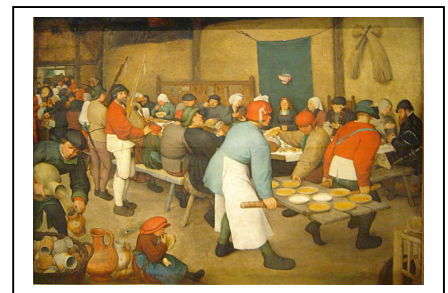
Come to The Little Feast – a springtime celebration of creation, creativity, and the Creator. This is a collaborative adventure between St. Alban's and the Church of the Beloved - just at a time when the national house of bishop's retreat is on the very same theme.

Our Lord has written the promise of resurrection, not in books alone, but in every leaf in springtime. – Martin Luther

We see emerging around us the beginnings of a fresh springtime in the church. We experience, growing from roots deep-set in gospel soil, new forms of community, of worship, and music - and new relationships developing between younger congregations and more established church bodies and organizations.

What is happening is a celebration! A celebration of creation, creativity, and the Creator - a Little Feast (just a day after the Ascension) ... beginning in the big old living room of Rosewood Manor, with an evening of 'the round' - a collaboration of improvisatory musical, visual, and culinary artists... and continuing with a blessing and gathering prayer at St Albans the next morning, followed by four thought- and conversation- stimulating presentations – by resource folk from inside and outside our own communities – along with workshops led by artists, musicians and prayerful folk from Church of the Beloved and St Albans.

Thanks to early support from Bishop Greg and the diocese of Olympia. We are off to a good start. We expect we will need to chip-in About \$12 each for food and incidentals. We will be welcoming all who attend. See page 8.



Hands On Activities

By Maryellen Young

Compass Center Dinner Our Compass Center dinner will be on Sunday May 2nd. Compass Center is transitional housing for about 25 homeless Vets who are always very appreciative of our meals. Mexican food with the upcoming Cinco de Mayo is the theme chosen by Chef Dan and the committee

Food Bank: On March 6th 5 of us got to see the new Food Bank facility—a much needed improvement. Our next Food Bank opportunity is Saturday, June 26th in the morning. The North Helpline Food Bank is located in Lake City at McDemott Place, 12736 33rd Avenue NE, across the street from the Lake City Fred Meyers. If you want to carpool, meet at the church at 8:30 a.m. We'll return by 12:30 p.m. Look for a sign up sheet in the Parish Hall or contact Maryellen Young, 425-776-2461 or maryelleny@comcast.net.

Next Meeting: The next Hands On meeting will be 7 p.m. Thursday, June 3rd at Barbara Lagozzino's. We are always looking for new project ideas and would love to have you join us and bring your ideas or just come and participate in our fellowship.

Newsletter Articles for Next Issue-Due Apr. 15

Send articles and photos via email to Mona Carter at mikenmona2@Comcast.net. Be sure they have a .doc or PDF extension on the file for text files. Or, place items in the plastic holder marked "Grapevine" on the wall next to the front door in the Narthex. All articles and announcements are subject to editing. Include name and contact information.

Shrove Tuesday Pancake Dinner *By Lee Forsberg*

The Shrove Tuesday pancake dinner was a great time to get together with fellow Christians and friends to launch us into the Lenten season. 140 persons were served during the two-hour dinner. There were lots of old friends of St. Alban's in attendance. It was a nice reunion time.

Parish members prepared and served the pancakes, ham and applesauce. Some of the notorious ones who helped and had a fun time were Al Walker, Jim Nichols, and Chuck Becker. Thanks to Barb Hatt, Mona Carter, Mary and Ed Fowler, Connie Forsberg, Eric Hanson, Cheryl and Vince, Howard and Kim Schattenkirk, and many more too numerous to name but are appreciated for their help and support.

Shrove Tuesday is a wonderful celebration of rituals, from years gone by, which make our Episcopal faith so wonderful. All this celebration brings us closer to the realization that even in this modern era, our ancestors' rituals are the stepping-stones to today's religious traditions.



Left: Pancake Dinner Cooks-Lee Forsberg, Jim Nichols, Bruce Gritten, Richard Dawson and Vince serve Hazel Shaw.



Right: Friends from Edmonds Lutheran help celebrate Shrove Tuesday.

Turning Points

For this, much thanks:

To all who donated money for Easter flowers.

To all who donated plastic eggs and candy for the egg hunt.

To the Youth Group for organizing and stuffing Easter eggs for the children's egg hunt.

We ask God's protection: For those living or serving in areas torn by war, civil strife, or natural disaster, Haiti, Sudan, and the Middle East. For those serving in the military including: Travis Allen, David Benson, Joshua Berger,

Turning Points (cont'd)

Shane Braten, Robert Burnett, Zachary Conklin, Larry Dawson, Andrew Embury, Trevor Hawes, Thomas Lee, Sok Li, Adam Matuska, Christopher Mazzeroll, Monica McCreery, John McGlocklin, Troy Miller, Derek Napier, Brian Perkins, Alex Roddy, Jonathan Springstead, Rachel Teall, Drew Wilson and Geoff White.

May they know God's healing power: Joan Biegal, Thelma DeLong, Helen Giddings, Nancy Haunty, John Kistner, Sylvia Lang, Sally LeBoeuf, DeDe Moore, Jeff Munsey, Lee Oles, Chris Perry, Carl Potter, Millie Salmon, and Dee Tugby.

Announcements

HELP! I am in desperate need of ladies to volunteer to assist at memorial receptions. See me at coffee hour on Sunday or call Evie Arneson 425-774-1568.

Fr. John will be away on April 18th for professional development. The Rev. Sue Reid has agreed to serve as guest preacher and celebrant.

Prayer Beads – Will meet Tuesday, Mar. 2nd in the Annex at 7:15 p.m. to 8:45 p.m. Prayer

beads is a form of contemplative or meditative prayer. Prayer Beads are available to try. Contact: Maryellen Young, 425-776-2461.

Bishop's Visit – Sunday, June 20th

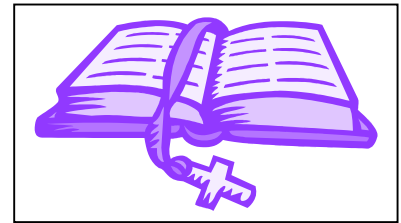
Vacation Bible School (VBS) - July 20, 21, 22, & 23

Parish Picnic – Sunday, July 26th at Edmonds City Park 9am to 1pm

Thalia Symphony Concert – April 9th 7:30pm; First Free Methodist Church. This is Eric Hanson's final season as conductor of Thalia Symphony. More info. www.thaliasymphony.org

Phyllis Tickle – Wednesday, April 21, 4-5:30 pm at St. Andrew's Church 111 NE 89th St. Seattle 98115. "Emergence Christianity: What is it? Why is it? Where is it going?" Tickets: \$15/\$10 for seniors, students and low income. For more information, contact thecenter@saintandrewsseattle.org or see St. Andrew's website www.saintandrewsseattle.org

The Lessons Appointed for Use on Sundays, Fasts, & Feasts:



April 1

Maunday Thursday

Exodus 12:1-14
Psalm 116:1, 10-17
1 Corinthians 11:23-26
John 13:1-17, 31b-35

April 2

Good Friday

Isaiah 52:13-53:12
Hebrews 10:16-25
John 18:1-19:42
Psalm 22

April 4

Easter Day

Acts 10:34-43
Psalm 118:1-2, 14-24
1 Corinthians 15:19-26
John 20:1-18

April 11

2nd Sunday of Easter

Acts 5:27-32
Psalm 118:14-29
Revelation 1:4-8
John 20:19-31
Jesus and Thomas

April 18

3rd Sunday of Easter

Acts 9:1-20
Psalm 30
Revelation 5:11-14
John 21:1-19
Jesus and Peter

April 25

4th Sunday of Easter

Acts 9:36-43
Psalm 23
Revelation 7:9-17
John 10:22-30
The Divine Shepherd

Dear Rev. Leech:

We want to extend our heartfelt thanks to you and your congregation for continuing to support the Concern For Neighbors Food Bank in Mountlake Terrace. These donations help us in providing food and assistance for those in need who come to our food bank.

We had donations dropped off throughout the holiday season. Our containers are no longer empty, which allows us to serve 210 to 230 families per week.

Thanks again from the Board of Directors and all the volunteers in helping us continue to serve the community.

*Sincerely,
Anne C. Peterson
President, Board of Directors
Concern For Neighbors Food Bank*

St. Alban's Episcopal Church
21405 82nd Place West
Edmonds, WA 98026

NON-PROFIT
U.S. POSTAGE
PAID
PERMIT NO. 1003
LYNNWOOD, WA

RETURN SERVICE REQUESTED

*If you do not want this newsletter, please mark it REFUSED and
Return it to the Postal Carrier unopened*

The Little Feast

**A springtime celebration of creation, creativity, and the Creator,
with the Church of the Beloved**

**Featuring: Tara Ward, Tom Sine, Christine Sine, Eric Hanson,
And other members of our communities**

• **Friday evening May 14th, 7-9pm at Rosewood Manor,
8104 220th St SW, Edmonds, WA 98026 (<http://belovedschurch.org/>)**

• **Saturday May 15th, 9.30am-3pm at St. Alban's Episcopal Church,
21405 82nd Place West, Edmonds, WA 98026 (<http://stalbansedmonds.org/>)**